



Works of Mercy Activity

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Show an example of a paper chain with four or five links. As you talk about some of the actions or works of mercy, attach additional paper link to show the chain getting longer.

From the Guided Adoration:

Mother Teresa said, "Good works are links that form a chain of love."

Each action or work of mercy becomes a link in your life's love chain. Each time you bring canned goods to St Vincent de Paul or share your candy with your sibling, you add a link to your chain. Each time you go to a funeral, visit a cemetery or pray for the dead, you add a link to your chain. Each time you give someone the benefit of the doubt or pray for someone, you add a link to your chain.

Some additional words of wisdom from Mother Teresa are: "Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing." And "If you can't feed a hundred people, then feed just one." Each of these actions become a link in your chain.

There are endless possibilities of good works to create your chain of love! So at the end of your life at judgement day, will you have a short chain of love because you focused mostly on yourself and your wants? Or will you have a really long chain of love from looking at people with eyes full of mercy and doing merciful work for others?

On our life's journey towards heaven, "May the words of the Apostle accompany us: He who does acts of mercy, let him do them with cheerfulness (cf. Rom 12:8)." ¹

Give each child the following two sheets to begin their life long chain of love.

¹ Papal Bull of Mercy
www.guidedchildrensadoration.com

"Good works are links that form a chain of love."

Mother Teresa

There are endless possibilities of good works to create your own chain of love! Here are a few:



Bring canned goods to St Vincent de Paul.
(Feed the Hungry)



Share your food or candy with a sibling or friend.
(Feed the Hungry)



Do not waste the water you have. Turn off the facet when brushing teeth.
(Give Drink to the Thirsty)



Sharing outgrown clothes with another family or donate to Goodwill.
(Clothe the Naked)



Help someone having trouble to get their shoes on.
(Clothe the Naked)



Pray for prisoners.
(Visit the Imprisoned)



Buy and donate school supplies for homeless children.
(Shelter the Homeless)



Visit someone in the hospital, nursing home, or is sick at home.
(Visit the Sick)





Visit a cemetery and put flowers on a grave.
(Bury the Dead)



Be a good example to someone making a bad choice.
(Admonish the Sinner)



Put an end to gossip by saying something positive or walking away.
(Instruct the ignorant)



Share your faith with someone new.
(Counsel the Doubtful)



Smile at someone.
(Comfort the Sorrowful)



Give someone the benefit of the doubt.
(Bear wrongs patiently)



Pray for someone who has wronged you and pray for the courage to forgive.
(Forgive Injuries)



Prayer the St. Gertrude Prayer.
(Pray for the Living and the Dead)

