



Guided Children's Hour of Adoration (THE Son's Light Overview)

Introduction

Exposition of the Eucharist - Kneeling and Song: Come Adore

Opening Prayer

Jesus is Here!

Repeat Line

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

Repeat Line

Bask in THE Son's Light

Be Filled with Jesus' Love and Strength

The Sun vs THE Son

Repeat Line

Imagine Circling Jesus

Gospel Reading: Matthew 17:2-8

Homily/Reflection

Repeat Line

Prostrate

Eucharistic Miracles Story: Krakow, Poland 1345 with Imagining

Repeat Line

Reflection

Walking down Aisle & Bowing Before the Blessed Sacrament during Song: Look to the Son

THE Son's Rays

Thanksgiving

Repeat Lines

Prostrate - Listening to Jesus

Litany of THE Son

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Repeat Line

Good-byes

Song: I Believe

Closing Prayer

Benediction and Divine Praises

Reposition of the Blessed Sacrament and Song: Holy God We Praise Thy Name

Based on previous plans' rubrics that have been published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops.

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Contact Information: melissa@guidedchildrensadoration.com



Guided Eucharistic Adoration for Children THE Son's Light Theme

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[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

_____ 0 minute mark
in plan timing.

Leader:

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

[Optional Handouts: Miracle Color Sheet, THE Son's Light Activity]

We are here to adore Jesus - to love Jesus!

As a reminder, Jesus, in the form of a Host which was consecrated at Mass by a priest, is placed inside the Monstrance in a clear window for us to see. Jesus is seen in the form of a white host, a white circle, in the middle of the Monstrance.

We are here for a special time of prayer before the Eucharistic Presence of Jesus.

Be sure to take time to really think about the fact that you are in the very Presence of God!! His Body, His Blood, His Soul, and His Divinity.

Everything we do reflects reverence for Jesus - our body posture, our attention to Jesus, etc...

Since we are here to spend time with our Jesus, we want to show Jesus we are listening to Him. We do that by keeping our voices off, no whispering, you bow your head, close your eyes, or look at Jesus in the Blessed Sacrament, still hands or fold them in prayer, only holding the worship aids when you need them, etc...

My voice will be your guide during adoration so I will stay behind you so that I don't come between you and Jesus. Do not worry about where I am -- just listen.

You will be hearing about two sons today - the sun, s-u-n, in the sky and THE Son, s-o-n, of God.

To bask in the sun, means to soak up the sun. (Demonstrate, eyes closed with face upwards to the sun.)

Revolve means to go around. (Demonstrate with a closed fist on one hand and the other hand's pointer finger above the fist and facing down circling the fist.)

[Request teacher/parental assistance prior to Exposition:]

[If appropriate: Also, I thought we would try that if parents felt you should help your younger ones with some of the questions or wonders we will come across, please feel free to quietly discuss it with them.]

Teachers/parents, if you see a student/child that needs redirecting, I ask that you help encourage and guide that child to show reverence before our Sacramental Lord with the items I just talked to them about.

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

_____ 3 minute mark
in plan timing.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breaths and feel the Lord's peace fill you.

[Leader should be seated behind the children.]

[Redirect during the Holy Hour as needed with reminders:]

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
in this great sacrament
we come into the presence of Jesus Christ your Son,
born of the Virgin Mary
and crucified for our salvation.
May we who declare our faith in this fountain of love and mercy

drink from it the water of everlasting life.
We ask this through Christ our Lord.

All: Amen.¹

Moment of silence. (30 seconds - 1 minute)

_____ 8 minute mark
in plan timing.

Leader:

Key for Pauses

.... indicates 1-2 seconds of silence
Small/brief pause: 5-10 seconds
pause: about 30 seconds
silence: 30-60 seconds

Place booklets down.

Jesus, we know you are here!

Looking at Jesus repeat after me:
Jesus, we know you are here!

(Pause long enough so the children don't repeat after you anymore.)

Jesus, we adore You . . . Jesus, we praise You . . . we know You are God . . . Jesus, we know
You are the Savior and that You are worthy of all our praise and of all our love. (small
pause: 5-10 seconds)

Children, look at the Blessed Sacrament . . . the Host in the monstrance . . . Jesus, you
are THE Son, S - o - n, . . . the center of our lives . . . just like the sun in the sky is the
center of our Solar System. (small pause: 5-10 seconds)

WE get sunbeams of light from the sun above the earth . . . Jesus, your SON-beams, s-o-
n, are astonishing blessings . . . your mighty Love . . . fabulous graces. (small pause: 5-10
seconds)

Looking at Jesus repeat after me:

¹ No 224 Holy Communion & Worship of the Eucharist Outside Mass

Jesus, / You are the center of my life! / As I sit in SON-beams / help me soak up
Your Love, / Your strength, / and Your healing power.

(Pause long enough so the children don't repeat after you anymore.)

Let us do that now for a moment . . . bask in THE Son's Light . . . just be in Jesus'
Presence soak up His Love, blessings, graces . . . His strength and His healing
power. (silence: 30 seconds)

Wiggle your toes, feel Jesus' love fill you from the tips of your toes . . . now touch your
head . . . and His mighty Love fills you to the top of your head. (pause: 15 - 30 seconds)

Wiggle your toes again and touch your head . . . feel Jesus' extraordinary strength fill you
so you always have help making good choices. (pause: 15 - 30 seconds)

And one more time, wiggle your toes and touch your head . . . feel Jesus' healing power
soothe any hurt or sadness you may feel. (silence: 30-60 seconds)

Looking at Jesus, spend a few moments, telling Him quietly in your heart or in a soft
whisper or even with kisses how much you love Him. (silence: 30 seconds)

Let us join our love together as you repeat after me:

O, Jesus, I adore You / O, Jesus, I love You in the most Blessed Sacrament.

(Pause long enough so the children don't repeat after you anymore.)

Please sit.

_____ 12 minute mark
in plan timing.

The sun, s - u - n, above us in the sky keeps our bodies alive. It keeps the earth from
getting too, too hot or too, too cold. The sun gives the earth the amount of night and day
it needs and the amount of winter and summer it needs to allow plants, animals, and
people to grow. The sun above us in the sky helps make the food we eat to make our
bodies strong.

Whisper to Jesus the answer to this question . . . Who made the sun in the sky? (pause to
hear children's answer) Yes! God, our creator did! Whisper your thanks to God for making
the sun in the sky that keeps us alive. (pause to hear children's answer)

Jesus, THE Son, S - o - n, of God, does many of the same things as the sun in the sky, but
in a much better way!

Jesus gives us the things we need to grow strong, not only for our body, but also for our souls. Jesus is the food of everlasting life! When we eat the Blessed Sacrament, He helps make our soul strong and makes us more like Him. Just sitting in front of Him helps our souls to be filled with His mighty Love, His extraordinary strength, and His healing power.

Our earth revolves . . . circles around the sun in the sky . . . it is the center of our Solar System . . . there is a force or a pull . . . called gravity that keeps our Earth and all the other planets moving around the sun.

We should circle around THE Son of God . . . we should ask the Holy Spirit to be the pull, the force, that keeps us close to Jesus . . . Jesus, THE Son, should be the center of our lives.

Without the sun above us in the sky there would be no life on earth . . . without Jesus, THE Son, S - o - n, there would be no breath taking, everlasting life in Heaven.

Take a moment with your eyes closed to wonder what life in heaven would be like. (if desired: Parents feel free to whisper this wonder with your children.)

(silence: 30-60 seconds)

Like I showed you at the start of today, make a closed fist on one hand and with the other hand's pointer finger above your closed fist and facing down, revolve/circling the fist. (small pause: 5-10 seconds)

Continue to revolve your finger around your fist and looking at Jesus. Repeat after me:
Like the planets circle the Sun, / Jesus, I circle you, / THE Son of God.

(Pause long enough so the children don't repeat after you anymore.)

Close your eyes for a minute. Picture yourself circling THE Son. If you start to drift away from Him, feel the Holy Spirit whisper to you . . . allow the pull of the Holy Spirit to keep you near Jesus. As you circle THE Son, He is always looking at you with so much Love. Be sure to always look at Him too. (if desired: Parents, feel free to help your child picture this.)

(silence: 30 seconds)

_____ 17 minute mark
in plan timing.

Please stand for a Gospel Reading.

Priest/ Deacon:

The Lord be with you.

Response: And with your Spirit.

✠ A Reading from the Holy Gospel according to Matthew ²

Response: Glory to You O Lord

After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone.

The Gospel of the Lord.

Response: Praise to you, Lord Jesus Christ

Please be seated.

Brief 2-3 minute Homily from presider. Or continue to the following.

Please stand.

_____ 22 minute mark
in plan timing.

Show Jesus how you can point to your heart. **(pause to allow children to point at their heart)**

Every time we say "I", point at your heart. Looking at Jesus repeat after me:

Jesus, You can do anything / because You are God!

Jesus, I believe the Eucharist is Your Real Body. /

(Encourage children to point to their hearts each time they say "I.")

² Matthew 17:2-8

Jesus, I believe the Eucharist is Your True Blood. /
 Jesus, I believe the Eucharist is Your Soul. /
 Jesus, I believe the Eucharist is Your Divinity. /
 Jesus, I believe without a doubt, / that I am looking at You!

(Pause long enough so the children don't repeat after you anymore.)

Leader:

Prostrate - A couple of minutes of silence.

Please kneel.

We are going to silently prostrate now and speak to Jesus in our hearts about anything that you would like.

Step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing. . . Speak to Jesus with your heart. (if desired: Parents, feel free to help your child whisper their prayers to Jesus.)

(Repeat as needed.)

(Try for 2 or 3 minutes of silence.)

Please sit.

_____ 26 minute mark
in plan timing.

Anything is possible for God, right? (small pause: 5-10 seconds) (Encourage the children to say yes or nod their heads.) He can do miracles, right?

Listen now to a true Eucharistic Miracle that happened near Krakow, Poland. ³

Many, many years ago, some robber broke into a small village church near Krakow. The robbers thought they found a magnificent treasure inside the church, a golden monstrance. Quickly grabbing the monstrance, which contained several consecrated Hosts like we see now in our monstrance, the robbers ran off.

³ 1345

Later, when the robbers slowed down to closely look at their treasure, they realized the monstrance was only gold in color, but not made of real gold. Surely, the robbers were disappointed. The robbers decided they no longer wanted the monstrance and tossed it with the consecrated Hosts into tall grass in the soggy marsh land outside the village.

Can you imagine poor Jesus, being tossed into the grass, landing in the mud and being hidden from view? Do that right now . . . and feel the sadness of Jesus being treated badly and ignored. (silence: 30-60 seconds)

The church's priests worried that they would be unable to find the monstrance and Hosts. Of course, to have the monstrance back would be nice, but they so badly wanted to find the Hosts so Jesus would not be mistreated. They knew the true treasure was really the Blessed Hosts, not the golden colored monstrance.

When the dark of night came, some villagers saw bright flashes of light unlike anything they had ever seen before coming from the marsh land. Electricity had not been invented yet and a candle or a fire was unable to produce such a light. The mysterious, flickering may have even looked like a sunbeam coming from the ground in the dark marsh.

The villagers hurried to tell the Bishop of Krakow about the mysterious light. The bishop asked that everyone fast and pray for three days. The mysterious light was seen for those three nights the people fasted.

On the third day, the bishop led a line of people into the marshland to find the location of the light. To the bishop's and villagers' amazement, they found the monstrance with the Hosts unbroken. The Sacred Hosts . . . Jesus . . . was sending off the miraculous flashes of light. Without the amazing light, the villagers' most precious treasure, our most precious treasure, Jesus, might not have been found.

Look at Jesus and repeat after me:

Jesus, I adore You! / You are THE most amazing treasure! / Your Body is more precious than gold! / You are more important to me than anything e!

(Pause long enough so the children don't repeat after you anymore.)

Close your eyes and picture the Blessed Hosts sending off the flickering light like a sunbeam from beneath the grass in the soggy marsh land.

(silence: 30-60 seconds)

Now open your eyes to just look at our greatest treasure, Jesus, the Blessed Host.

(silence: 30-60 seconds)

_____ 31 minute mark
in plan timing.

[If in a small group setting, you may choose to do the following: During the following song, please quietly walk down the center aisle like at communion time . . . row by row with great respect and love for Jesus. Keep your eyes looking at Him because, of course, you can't wait to get close to Him. When you reach the front, take a moment to kneel before Jesus with your head bowed in respect to Jesus. Then stand and very slowly and very reverently move side to side like you are rotating around THE Son while you look at Him with love, then bow to Jesus, make the Sign of the Cross, and return to your seat or if you need to take a little one out, you can head that way. It is okay for several children to stand at the front at the same time. Parents, please remember that if you are allowing any of your other children to stay with us in the chapel, you need to remain in the narthex or right outside the chapel in case you are needed.]

Song: Look to the Sun (booklet)

_____ 37 minute mark
in plan timing.

(Place booklets down.)

There are days we don't notice the sunshine . . . we hurry to get errands done with our parents . . . we bury our heads in video games . . . we watch lots and lots of TV . . . and pay little attention to the fact that the Sun is what keeps our world livable even on rainy days. (small pause: 5-10 seconds)

The same thing happens with THE Son of God . . . there are times we don't notice the grace and pay little attention to THE Son who gives us the chance to joyfully live with Him and our loved ones for eternity in heaven. Jesus gives us the graces to make it through our sad or rainy days and also our days in our lives. (small pause: 5-10 seconds)

The sun in the sky gives us more free and clean energy than we can ever possibly use. Jesus is similar, but of course better! He gave us freedom from our sins by His death on the cross . . . He gives us more graces that we could ever possibly need if we just pay attention to Him. (small pause: 5-10 seconds)

Look at THE Son of God . . . the amazing source of Love. Take some time now to thank THE Son of God for all the graces, love, and blessings that He gives us daily. If you want, count off at least ten on your fingers. (if desired: Parents, feel free to help your child count off their thanks to Jesus.)

(silence: 30-60 seconds)

We know with our faith that the Host in the monstrance before us is You, Jesus!

Look at Jesus and repeat after me:

Help my heart to see You better than my human eyes. x 1

Jesus, I most firmly believe / the Eucharist is You! x 1

(Pause long enough so the children don't repeat after you anymore.)

_____ 40 minute mark
in plan timing.

Prostrate:

Please kneel.

We are going to silently prostrate now.

Step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing. . . Sweep your mind clear . . . sweep the thoughts of school away . . . sweep the thoughts of what you will do this evening away . . . Just listen to Jesus . . . Sit in THE Son light.

(Repeat as needed.)

(Try for 4 or 5 minutes of silence.)

_____ 46 minute mark
in plan timing.

Please sit.

We will now say a Litany to THE Son, s-o-n.

Your response will be: Praise be THE Son of God.

Jesus, Whose face shone like the sun,

R. Praise be THE Son of God.

Jesus, Who is more important than the sun in the sky,

R. Praise be THE Son of God.

Jesus, Who lights my way to heaven,

R. Praise be THE Son of God.

Jesus, Who radiates more graces that I can ever use,

R. Praise be THE Son of God.

Jesus, Who gives me everlasting life,

R. Praise be THE Son of God.

Jesus, Who is the center of my life,

R. Praise be THE Son of God.

Jesus, Who is THE food to make my soul strong ,

R. Praise be THE Son of God.

Jesus, Who warms me with His Love,

R. Praise be THE Son of God.

Jesus, Who shines peace on me,

R. Praise be THE Son of God.

Jesus, Whose clothes became as white as light,

R. Praise be THE Son of God.

Jesus, Who lights up my life more brilliantly than the sun in the sky,

R. Praise be THE Son of God.

Jesus, Who is the brightness of eternal light,

R. Praise be THE Son of God.

Jesus, Who is splendid goodness,

R. Praise be THE Son of God.

Jesus, Who is the Light of the World,

R. Praise be THE Son of God.

Jesus, Who is the Son of Mary,

R. Praise be THE Son of God.

Jesus, Who is the Son of God,

R. Praise be THE Son of God.

Jesus, Who is God,

R. Praise be THE Son of God.

(Pause long enough so the children don't respond anymore.)

Take one last quiet moment with Jesus before we begin our closing.

(A moment of silence: 30-60 seconds.)

Looking at Jesus, repeat after me:

O Sacrament most Holy, /

O Sacrament Divine, /

All praise and all thanksgiving, /

Be every moment Thine.

*** * Important**

50 minute mark in plan timing.

This time is firm.

You must start kneeling by 48-50 minutes past the start of the Adoration to close on time.

(Pause long enough so the children don't repeat after you anymore.)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: I Believe (booklet)

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following. ⁴]

Priest/Deacon:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
You have given us the true bread from heaven.
In the strength of this food
may we live always by Your life
and rise in glory on the last day.

We ask this through Christ our Lord.

All: Amen. ⁵

Moment of silence (30 seconds - 1 minute)

Leader:

Father/Deacon will now do Benediction, our special blessing from Jesus like in our second story. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. ⁶ During the blessing, servers may incense and ring the bells,

⁴ No 98 Holy Communion & Worship of the Eucharist Outside Mass

⁵ No 226 Holy Communion & Worship of the Eucharist Outside Mass

⁶ No 99 Holy Communion & Worship of the Eucharist Outside Mass

according to local tradition.]

Priest/Deacon:
Benediction

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name (booklet) [Sing enough verses to repose Jesus and then end the song.]

Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

Looking at Jesus, repeat after me:

"Holy, Holy, Holy, Lord God of hosts." Isaiah 6:3 x 3

(Pause long enough so the children don't repeat after you anymore.)

We are going to pray one decade of the rosary. When we say the rosary, we are praying the scripture - we are praying about Jesus' life. Let's say the words slowly and **think about** the words as we say them. I will lead the decade by saying the first part of the prayers and then you will say the second half.

We are going to focus on the 4th Luminous Mystery: The Transfiguration: Jesus took Peter, James, and John to a high mountain where He was transfigured before them. Jesus' "face shone like the sun, and his clothes became as white as the light." God's voice came from a cloud saying "This is my beloved Son. Listen to him." Mark 9: 6

Our Father, 10 Hail Marys, Glory Be

End with O My Jesus (a Fatima prayer).

We are going to enter into a silent period of prayer from our hearts. In this time, you can think about the decade of The Transfiguration we just prayed or listen to whatever Jesus has to tell you.

Repeat after me a Prayer of Thanksgiving:

O God, we thank you for this earth, our home; /
 For the wide sky and the blessed sun, /
 For the salt sea and the running water, /
 For the everlasting hills /
 And the never-resting winds, /

For trees and the common grass underfoot. /
 We thank you for our senses /
 By which we hear the songs of birds, /
 And see the splendor of the summer fields, /
 And taste of the autumn fruits, /
 And rejoice in the feel of the snow, /
 And smell the breath of the spring. /
 Grant us a heart wide open to all this beauty; /
 And save our souls from being so blind /
 That we pass unseeing /
 When even the common thorn bush /
 Is aflame with your glory, /
 O God our creator, /
 Who lives and reigns for ever and ever. /

His Body is hidden in the Eucharist. So too, His glory is hidden from our eyes.

Looking at Jesus, repeat after me:

You are my Wonderful God, / my Risen Lord, / the Eternal Son

(Pause long enough so the children don't repeat after you anymore.)

Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love
 You above all things, and I desire to receive You into my soul. Since I cannot at
 this moment receive You sacramentally, come at least spiritually into my heart. I
 embrace You as if You were already there and unite myself wholly to You. Never
 permit me to be separated from You. Amen.

We believe that our Jesus is really present, hidden in the Eucharist. Together let us say the Act of Faith. (Repeat in sections.)

O my God, I firmly believe that You are one God in three divine Persons, Father,

Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

(Pause long enough so the children don't repeat after you anymore.)

Let us say the Forgiveness Prayer in the booklet to help us change. I will say the first line, you will say the bold line. (Repeat in sections.)

For all the times we have turned away from You,

Father Forgive Us

For all the times we hurt others,

Father Forgive Us

Open our hearts to see Your light.

Jesus, Hear Us

Strengthen our love for God and others.

Jesus, Hear Us

Teach us to work and play as friends.

Holy Spirit, Help us

Give us courage to keep trying.

Holy Spirit, Help us

Give thanks to the Lord, for He is good.

His mercy endures forever!

(Pause long enough so the children don't respond anymore.)

Together let us say the Act of Love. (Repeat in sections.)

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

(Pause long enough so the children don't repeat after you anymore.)



The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

Repose Song: Holy God We Praise Thy Name

Holy God we praise Thy name; Lord of all we bow before Thee;

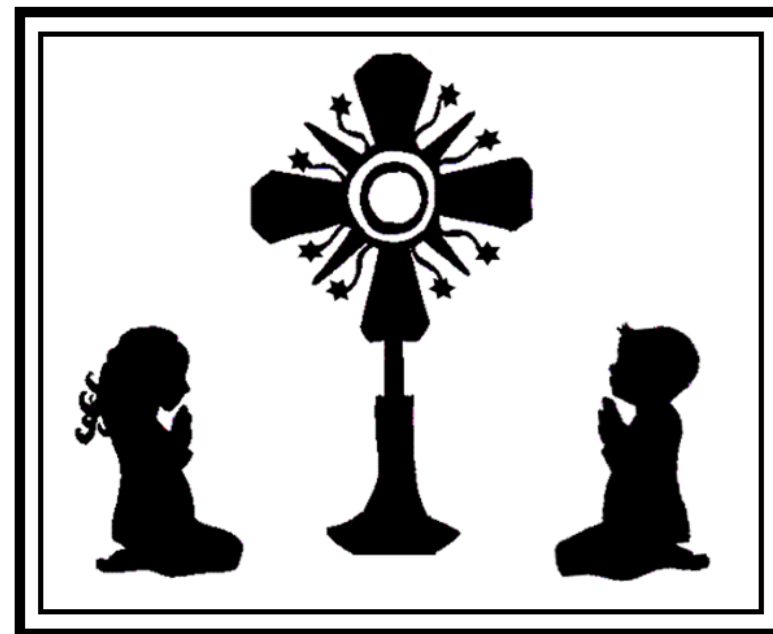
All on earth Thy scepter claim; All in heaven above adore Thee.

Infinite Thy vast domain, Everlasting is Thy reign! x2

Hark, the loud celestial hymn; Angel choirs above are raising;

Cherubim and Seraphim, In unceasing chorus praising,

Fill the heavens with sweet accord: Holy, holy, holy, Lord! x2



Guided Children's Adoration



Exposition Song: Come Adore

Gather: Comprehensive #888

Song: Look to the Son



Song: I Believe

by Karl Kohlhasse, 2008
www.k4communications.com

Your blood, Your body,
Your soul, and Your divinity,
Jesus, truly present
In this most Blessed Sacrament

I believe, I believe, I believe it's true
I believe, I believe, I believe it's You

I believe, I adore You,
I hope, and I love You,
Jesus, truly present
In this most Blessed Sacrament



**THE SON'S
SHINE**



References

Books:

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Bishop's Interview: Spending Time with the Lord in Adoration, Catholic Spirit Magazine, Diocese of Austin, October 2010 Edition.

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Music:

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Come Adore: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

Holy God, We Praise Thy Name: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #524.

I Believe: Words and Music for Eucharistic Adoration by Karl Kohlhasse, 2008, www.k4communications.com. Song/words used with permission by Karl Kohlhasse. Permission is granted to copy the song's words for use of the worship aide/booklet for Adoration. (It can be heard on his website <http://www.k4communications.com/karl/recordings.html> under the album title, "Bread Of Life: Eucharistic Reflections")

Look to the Son, Writers: Reuben Morgan, Marty Sampson, Scott Ligertwood, Joel Houston, Matt Crocke, 2016 Hillsong Music Publishing