



## Guided Children's Hour of Adoration (The Real Presence with More Eucharistic Miracle Stories Theme Overview)

Introduction

Exposition of the Eucharist - Kneeling and Song: Come Adore

Opening Prayer

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

Repeat Line

Gospel Reading: John 6:48-55

Homily/Reflection

The Mystery of Faith Reflection

Eucharistic Miracle Story: Regensburg, Germany

Reflect & Apologize for Sins

Repeat Line

Quote

Prostrate - St. Peter Eymard Quote

Repeat after Me

Song: I Believe

Litany of Most Blessed Sacrament

Awe of Eucharist & the Mass

Repeat Line

Awe of Jesus

Repeat Line

Prostrate - Listening to Jesus

Repeat Line

Eucharistic Miracle Story: Avignon, France

Repeat Line

Communion Reflection

Repeat Line

(if time) Prayer to Jesus in the Blessed Sacrament

Good-byes with Bishop Vasquez Diocese of Austin, TX Quote

Song: Joyful, Joyful, We Adore Thee

Closing Prayer

Benediction and Divine Praises

Reposition of Blessed Sacrament and Song: Holy God We Praise Thy Name

Based on previous plans' rubric that have been published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops.

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## Guided Eucharistic Adoration for Children The Real Presence with More Eucharistic Miracle Stories Theme

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[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

\_\_\_\_\_ 0 minute mark  
in plan timing.

**Leader:**

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

**We are here to adore Jesus - to love Jesus!**

**As a reminder, Jesus, in the form of a Host which was consecrated at Mass by a priest, is**

placed inside the Monstrance in a clear window for us to see. Jesus is seen in the form of a white host, a white circle, in the middle of the Monstrance.

We are here for a special time of prayer before the Eucharistic Presence of Jesus.

As you know, "Adoring the Body of Christ means believing that there, in that piece of Bread, Christ is really there."<sup>1</sup>

Be sure to take time to really think about the fact that you are in the very Presence of God!! His Body, His Blood, His Soul, and His Divinity.

St. Francis once wrote, "I beg you to show the greatest possible reverence and honor for the most holy Body and Blood of our Lord Jesus Christ." (x 2 to be sure children hear the importance.)

This means everything we do reflects reverence for Jesus.

Since we are here to spend time with our Jesus, we want to show Jesus we are listening to Him. We do that by keeping our voices off, no whispering, you bow your head, close your eyes, or look at Jesus in the Blessed Sacrament, still hands or fold them in prayer, only holding the worship aids when you need them, etc...

My voice will be your guide during adoration so I will stay behind you so that I don't come between you and Jesus. Do not worry about where I am -- just listen.

[Request teacher/parental assistance prior to Exposition:]

Teachers/parents, if you see a student/child that needs redirecting, I ask that you help encourage and guide that child to show reverence before our Sacramental Lord with the items I just talked to them about.

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

\_\_\_\_\_ 3 minute mark  
in plan timing.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breathes and feel the Lord's peace fill you.

[Leader should be seated behind the children.]

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<sup>1</sup> Pope Benedict XVI

[Redirect during the Holy Hour as needed with reminders:]

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,  
 in this great sacrament  
 we come into the presence of Jesus Christ your Son,  
 born of the Virgin Mary  
 and crucified for our salvation.  
 May we who declare our faith in this fountain of love and mercy  
 drink from it the water of everlasting life.  
 We ask this through Christ our Lord.

All: Amen. <sup>2</sup>

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<sup>2</sup> No 224 Holy Communion & Worship of the Eucharist Outside Mass

Moment of silence. (30 seconds - 1 minute)

\_\_\_\_\_ 8 minute mark  
in plan timing.

Leader:

### Key for Pauses

. . . . indicates 1-2 seconds of silence  
Small/brief pause: 5-10 seconds  
pause: about 30 seconds  
silence: 30-60 seconds

Look with astonishment and respect and reverence at the "Eucharistic face" of Christ"<sup>3</sup>.  
. . . the Blessed Host in the monstrance . . . the miracle of Jesus' Presence here on earth  
. . . a miracle that continues to the end of time. (small pause: 5-10 seconds)

The Host looks so ordinary . . . so not amazing, yet our faith lets us know the truth. The Host **IS** amazing! The Host **IS** Jesus . . . our God and our King! (small pause: 5-10 seconds)

Know "that the Holy Eucharist is Jesus Christ past, present, and future".<sup>4</sup> (small pause: 5-10 seconds)

Know that the Holy Eucharist "unites heaven and earth."<sup>5</sup> (small pause: 5-10 seconds)

You, my Jesus are really here before us, not just a symbol or reminder, but fully here in Your humanness and in Your Godship. (small pause: 5-10 seconds)

"O our good Jesus . . . how happy and pleased we are to come to see You . . . to spend this hour with You . . . and tell You our love! . . . How kind of You to have invited us! . . . How lovable You are to love such poor creatures as we are! . . . Oh! yes, we really want to love You!"<sup>6</sup> (small pause: 5-10 seconds)

Let us close our eyes now and just be with Jesus. Imagine and feel His loving arms around you.

<sup>3</sup> St John Paul II

<sup>4</sup> "The Real Presence" by St Peter Julian Eymard

<sup>5</sup> St John Paul II

<sup>6</sup> "The Real Presence" by St Peter Julian Eymard ("Thee" replaced with "You", singular form converted to plural, . . . timing spaces added)

(A minute of silence.)

Open your eyes now and look at Jesus in the Host in the monstrance before us. Repeat after me: Amazing Lord! / You are really here! / I am thrilled to sit and be with You!

(Pause long enough so the children don't repeat after you anymore.)

Please stand for a Gospel Reading.

Priest/ Deacon:

\_\_\_\_\_ 12 minute mark  
in plan timing.

The Lord be with you.

Response: And with your Spirit.

‡ A Reading from the Holy Gospel according to John <sup>7</sup>

Response: Glory to You O Lord

Amen, amen, I say to you, whoever believes has eternal life.

I am the bread of life.

Your ancestors ate the manna in the desert, but they died;

this is the bread that comes down from heaven so that one may eat it and not die.

I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Jews quarreled among themselves, saying, "How can this man give us [his] flesh to eat?"

Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you.

Whoever eats\* my flesh and drinks my blood has eternal life, and I will raise him on the last day.

For my flesh is true food, and my blood is true drink.

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<sup>7</sup> John 6:48-58



Whoever eats my flesh and drinks my blood remains in me and I in him.

Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me.

This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever."

The Gospel of the Lord.

Response: Praise to you, Lord Jesus Christ

Please be seated.

**Brief 2-3 minute Homily from presider. Or continue to following reflection.**

**Leader:**

\_\_\_\_\_ 16.5 minute mark  
in plan timing.

We hear, in Mass, the priest proclaim, "The Mystery of Faith" after consecration, when the bread becomes the Body of Jesus. Look now at the Eucharist, The Mystery of Faith which seems to be bread, but is not bread, even though it tastes like bread and looks like bread, It is the Body of Christ. <sup>8</sup> (small pause: 5-10 seconds)

Jesus uses Eucharistic Miracles to show that His Body and Blood are truly in this sacrament. <sup>9</sup> He uses these Miracles to help our faith grow stronger, to show love for those who believe, and to remind those who doubt He is really present in the Eucharist.

There are many, many Eucharistic Miracle stories. We will now listen to one of those stories.

In Germany, a priest celebrating Mass started the consecration where the bread and wine change into the Body and Blood of Jesus. However, this particular priest doubted if Jesus was really present in the Eucharist. Perhaps, he thought that the bread and wine might just represent Jesus.

Due to his disbelief, the priest paused before he held the chalice of Jesus Blood up. Due to this pause of doubt, a wondrous event occurred. The body of Jesus on the large altar crucifix came alive. One of Jesus' arms came free from the cross, stretched

<sup>8</sup> Based on a quote from St Cyril of Alexandria, emphasis added

<sup>9</sup> Summa Theologiae, Third Part (Tertia Pars), Question 76. The way in which Christ is in this sacrament

towards the priest, and removed the chalice from the priest's hands. Jesus held the chalice up for the people to adore.

The priest immediately understood that Jesus, as man and as God, is absolutely present in the Consecrated Wine and Bread. His doubts disappeared. The priest knelt and sincerely apologized for his doubt. Jesus returned the chalice to him as a way to show the priest forgiveness. There is no sin too big that Jesus won't forgive if you truly repent.

This crucifix remains to this day in the church for people to see. <sup>10</sup>

**(Pause: about 30 seconds)**

\_\_\_\_\_ 19.5 minute mark  
in plan timing.

Take a moment to think about your actions, words and thoughts for the last several weeks or even longer if need be. Is there anything you need to apologize to Jesus for? **(small pause: 5-10 seconds)** Ask Him to point out to you anything you do not remember or didn't know hurt Him. **(pause: about 30 seconds)** Take a moment now and tell Jesus you are sorry. Remember no sin is too big that Jesus won't forgive if you truly repent.

**(A minute of silence.)**

As a reminder, Confession is a wonderful sacrament that helps you become clean for Jesus.

Trinity, / I adore Thee! / My God! My God! / I love You in the Most Blessed Sacrament!"  
<sup>11</sup>

**(Pause long enough so the children don't repeat after you anymore.)**

"The Catholic Church has countless treasures. One thinks of magnificent Cathedrals, beautiful works of art that the Church preserves for those who could never afford them, and great literary and musical masterpieces. Even greater than these is the rich array of relics, sacramentals, and liturgies. A greater treasure than all of these by far, however, is the souls redeemed by Jesus, especially the saints, the poor, the sick, and the "little ones" who are especially dear to his heart. But the Church has an infinitely greater treasure yet - the Eucharist. The Eucharist is the greatest treasure of the Church because, quite simply, the Eucharist is Jesus himself!" <sup>12</sup> **(small pause: 5-10 seconds)**

<sup>10</sup> Eucharistic Miracle: Regensburg, Germany 1257

<sup>11</sup> Fatima Prayer taught by Our Lady of Fatima

<sup>12</sup> Fr Scott McCaig General Superior <http://companionscross.org/articles-blogs/articles/o-sacrament-most-holy>

Take a moment, close your eyes if you wish and feel not just with your mind, but also with your heart, the truth that "quite simply, the Eucharist is Jesus himself!"<sup>13</sup>

(A minute of silence.)

\_\_\_\_\_ 24 minute mark  
in plan timing.

Prostrate - A couple of minutes of silence.

Please kneel.

St Peter Julian Eymard spoke about the Eucharist and said, "He is living there. He wants us to speak to Him, and He will speak to us. Anybody may speak to our Lord. Is He not there for everybody?"<sup>14</sup> We are going to silently prostrate now and speak to Jesus in our hearts about anything that you would like.

Step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing. . . . Speak to Jesus with your heart.

(Repeat as needed.)

(Try for 2 or 3 minutes of silence.)

Please sit.

Look at Jesus and repeat after me:

Lord, help me recognize You in the Eucharist! /

Lord, help me recognize my need for You. /

Lord, help me recognize Your plan for me.

(Pause long enough so the children don't repeat after you anymore.)

Song: I Believe (booklet)

\_\_\_\_\_ 32 minute mark  
in plan timing.

(Place booklets down.)

<sup>13</sup> Fr Scott McCaig General Superior <http://companionscross.org/articles-blogs/articles/o-sacrament-most-holy>

<sup>14</sup> "The Real Presence" by St Peter Julian Eymard

Look at Jesus and repeat after me:

"Most Holy Soul of Jesus, / make me holy.  
Body of Jesus, / save me. " <sup>15</sup>

(Pause long enough so the children don't repeat after you anymore.)

Keeping your eyes upon Jesus in the monstrance and **not** using your booklet, let us pray part of "Litany of the Most Blessed Sacrament" <sup>16</sup> (small pause: 5-10 seconds between lines)

I will say a line and you will respond with "have mercy on us."

Please practice that with me now:

"have mercy on us."

O Living Bread, Who from Heaven came down to earth,  
Response: have mercy on us.

Hidden God and Savior,  
Response: have mercy on us.

O Most holy of all sacrifices,  
Response: have mercy on us.

O marvelous miracle above all others,  
Response: have mercy on us.

O most holy Commemoration of the Passion of Christ,  
Response: have mercy on us.

O extraordinary memorial of Divine love,  
Response: have mercy on us.

Awesome and life-giving Sacrament,  
Response: have mercy on us.

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<sup>15</sup> Peter Julian Eymard

<sup>16</sup> Partial Litany, slightly modified

Food of Angels,  
Response: have mercy on us.

Hidden manna,  
Response: have mercy on us.

(Pause long enough so the children don't respond anymore.)

Let us look again at the "Eucharistic face" of Christ<sup>17</sup> in Monstrance upon the altar. This is the very same Jesus, we adore in Mass. . . .

Right now we are looking at Jesus and feeling awe that He is with us. . . . We should feel the same awe at Mass as the priest lifts the Host up after consecration, . . . when that piece of bread is transformed into the Body, Blood, Soul and Divinity of Jesus. . . .

When we hear the bells ring at Mass, they remind us to raise our eyes in amazement of our God and what He has gifted us with. The bells point out to you this holy moment of Jesus coming down from heaven to become bread and wine for us. . . . Each time you hear the bells in Mass, look at Jesus in the Eucharist and whisper in your hearts: I love You, my Jesus.

Our excitement and desire to gaze at Him should never get old. . . . We should be unable to tear our eyes away from Him. . . .

But we allow it to happen, . . . we stop paying attention. . . . But what would we do if we saw Him as we would in heaven? As the angels and saints do? . . . He would be magnificent . . . glorious . . . shining like the sun . . . dazzling white . . . reaching His hand out to us in love . . . extending a blessing . . .

It might even be hard for our human eyes to keep looking at Him. . . . We might have to shield our eyes like on a very sunny day. . . .

If we look with our hearts and our eyes of faith, our eyes see bread and wine, but our heart sees Jesus! . . . If we were to always see with eyes full of faith, we would seek Him out all the time and want to return to Him over and over, . . . unable to contain our excitement to see Him again at Mass and Adoration. . . .

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<sup>17</sup> St John Paul II

We would **know** the treasure now . . . . and at Mass . . . . and in every tabernacle of every Catholic church in all the world. We would know that "the Eucharist is truly a glimpse of heaven appearing on earth." <sup>18</sup>

(Silence: 30-60 seconds)

Look at Jesus and repeat after me: "Lord, I will never doubt in You!" (small pause: 5-10 seconds) x 2 or 3 "Help my heart to see You better than my human eyes." x 1

(Pause long enough so the children don't repeat after you anymore.)

\_\_\_\_\_ 39 minute mark  
in plan timing.

Take a moment now and just look at Jesus with wonder, awe, and amazement. . . . Feel the thrill of sitting in the very Presence of God!

(Silence: 30-60 seconds)

Looking at Jesus, repeat after me: "Lord, I most firmly believe / the Eucharist is You!"

(Pause long enough so the children don't repeat after you anymore.)

Prostrate - Try for 4 or 5 minutes of silence. Last time we prostrated, we talked to God. This time we will listen to Him. In a good conversation with a friend, you take turns talking and listening. This talking and listening to Jesus is prayer, a holy conversation with Jesus. We need to learn how to quiet ourselves so we can hear God speak in whispers to our heart.

Still your body. . . . Close your eyes. . . . Slow your breathing. . . Listen to God.

(Try for 4 or 5 minutes of silence.)

\_\_\_\_\_ 44 minute mark  
in plan timing.

Please sit.

It is important to let Jesus know we love him so look at Jesus and repeat after me: O Jesus, I love You! (small pause: 5-10 seconds) x 2 or 3

(Pause long enough so the children don't repeat after you anymore.)

Listen now to another Eucharistic Miracle story. <sup>19</sup>

<sup>18</sup> St John Paul II

<sup>19</sup> Eucharistic Miracle: Avignon, France 1433

In Avignon, France, there is a church named the Church of the Holy Cross which is cared for by a group of priests called the Gray Penitents of the Franciscan Order. Starting in the year 1230, about 790 years ago, the Blessed Sacrament was perpetually adored which means that Jesus in the Blessed Sacrament was exposed in the Monstrance every day of the week and every hour of the day for people to come pray before Him. That is 24 hours a day, 168 hours every week and 8,736 hours each year! After 200 years of perpetual adoration, a Eucharistic miracle occurred.

There is a river that passes through the town of Avignon. Every few years this river overflowed and flooded the houses, farms, and the rest of the surrounding area. In the year 1433 <sup>20</sup>, about 590 years ago, the town had many days of hard rain and the river over flowed again. However, this time a horrible flood occurred, much, much worse than previous years.

In previous floods, the church would have had a layer of water on the floor, but not too deep. However, due to all the rain and flooding, the priests, felt sure that their church must have water over even the altar where the Blessed Sacrament was exposed. Two of the priest, including the priest in charge, rowed by boat through the flood to try to save the Blessed Sacrament.

When the priest rowed up to the church, the flood waters reached half way up the tall church door. You can imagine the worry the priests felt for Jesus in the Blessed Sacrament. As they opened up the church door, imagine **now** their shock to see almost six feet of water on either side of the main aisle leading up to the altar. The water was parted down the middle of the church like Moses and the Red Sea. The altar, monstrance, and the Eucharist were **completely** dry!

News of the miracle spread quickly through the town. Hundreds of people braved the flooding to witness the miracle of water as tall as a grown man parted to keep the Holy Eucharist dry. The people sang songs of thanksgiving and praise. God protected Jesus and showed favor on a community that had been loving Him for 200 years.

(Small pause: 5-10 seconds)

This is what we are doing right now - loving Jesus.

(Small pause: 5-10 seconds)

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<sup>20</sup> November 30, 1433

Looking at Jesus, repeat after me:

"Holy, Holy, Holy, Lord God of hosts." Isaiah 6:3

(Pause long enough so the children don't repeat after you anymore.)

At communion, you receive Jesus to become like Him and part of Him. . . . He is food to nourish your faith and give you strength to live a God filled life. . . .

Jesus unites Himself with us when we receive communion. . . . We become a living tabernacle for about fifteen minutes.

Take a moment, . . . . close your eyes if you wish, . . . . to think about **being** a living tabernacle. . . . Think about how closely united you are with God during this time. . . . Think about how you should behave and how powerful your prayers are as you hold Him in your body. . . . If you do not receive communion yet, think about being right next to the living tabernacle of your mom or dad.

(A minute of silence.)

Looking at Jesus, repeat after me:

O Sacrament most Holy, /  
O Sacrament Divine, /  
All praise and all thanksgiving, /  
Be every moment Thine.

(Pause long enough so the children don't repeat after you anymore.)

(if time) Say together the Prayer to Jesus in the Blessed Sacrament (booklet)

Hail to You, Lord Jesus Christ, present in the Blessed Sacrament. We hail You, our Savior and Redeemer of the world. You are the King of heaven and earth, our joy and the eternal spring of Grace. Before You returned to the Father in the Ascension, You promised never to leave us orphaned. How wondrously You fulfilled this promise in the gift of the Eucharist, by which Sacrament You are with us until the end of time. Bread of Heaven, we praise You and ask Your continued mercy upon our nation and upon ourselves as well. May glory be given to the Holy Sacrament, the true Body and Blood of Christ, both now and forever. Amen.

Our bishop, Bishop Vasquez, said, "When we spend time with the Lord Jesus, it opens us up to listening and being more attentive to the Lord so that when he does speak to us



daily through our routine, whether it is at work or at school or in the fast pace of life, we begin to hear the Lord more clearly. The beauty of Eucharistic adoration is that when we exit the chapel . . . and conclude our special time with the Lord Jesus, we come to realize more fully that he is with us at all times.”<sup>21</sup>

Take one last quiet moment with Jesus before we begin our closing.

(A moment of silence: 30-60 seconds.)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: Joyful, Joyful, We Adore Thee (hymnal)

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following.<sup>22</sup>]

**Priest/Deacon:**

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,  
you have given us the true bread from heaven.  
In the strength of this food  
may we live always by your life  
and rise in glory on the last day.

We ask this through Christ our Lord.

**All:** Amen.<sup>23</sup>

Moment of silence: 30-60 seconds.

**Leader:**

Father/Deacon will now do Benediction, our special blessing from Jesus like in our second

<sup>21</sup> Oct 2010 Bishop's Interview: Spending Time with the Lord in Adoration, Catholic Spirit, Diocese of Austin

<sup>22</sup> No 98 Holy Communion & Worship of the Eucharist Outside Mass

<sup>23</sup> No 226 Holy Communion & Worship of the Eucharist Outside Mass

**\*\* Important**  
\_\_\_\_\_ 50 minute mark in plan timing.  
This time is firm.  
You must start kneeling by 48-50 minutes past the start of the Adoration to close on time.

story. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. <sup>24</sup> During the blessing, servers may incense and ring the bells, according to local tradition.]

Priest/Deacon:  
Benediction

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name (booklet) [Sing enough verses to repose Jesus and then end the song.]

<sup>24</sup> No 99 Holy Communion & Worship of the Eucharist Outside Mass

## Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

Looking a Jesus, repeat after me:

You are my Wonderful God, / my Risen Lord, / the Eternal Son

(Pause long enough so the children don't repeat after you anymore.)

Think about a famous person you would like to see - actor, actress, sports star.... If you knew that person was going to be in a certain building and if you went they would give you lots of attention by talking to you one on one and listen to you, wouldn't you do everything you could to be there? God is in this chapel every day, shouldn't you do what you can to come see Him?

"Give thanks therefore to God the Father for having given you His Divine Son not only as Brother in the Incarnation, as Teacher of truth, and as Savior on the Cross, but especially as your Eucharist, your bread of life, your Heaven already begun."<sup>25</sup>

We believe that our Jesus is really present, hidden in the Eucharist. Together let us say the Act of Faith. (Repeat in sections.)

O my God, I firmly believe that You are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

(Pause long enough so the children don't repeat after you anymore.)

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<sup>25</sup> "The Real Presence" by St Peter Julian Eymard

Let us say the Forgiveness Prayer in the booklet to help us change. I will say the first line, you will say the bold line. **(Repeat in sections.)**

For all the times we have turned away from You,

**Father Forgive Us**

For all the times we hurt others,

**Father Forgive Us**

Open our hearts to see Your light.

**Jesus, Hear Us**

Strengthen our love for God and others.

**Jesus, Hear Us**

Teach us to work and play as friends.

**Holy Spirit, Help us**

Give us courage to keep trying.

**Holy Spirit, Help us**

Give thanks to the Lord, for He is good.

**His mercy endures forever!**

**(Pause long enough so the children don't respond anymore.)**

Together let us say the Act of Love. **(Repeat in sections.)**

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

**(Pause long enough so the children don't repeat after you anymore.)**

Act of Hope

O my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

**(A moment of silence.)**



### **The Divine Praises**

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

### **Repose Song: Holy God We Praise Thy Name**

Holy God we praise Thy name; Lord of all we bow before Thee;

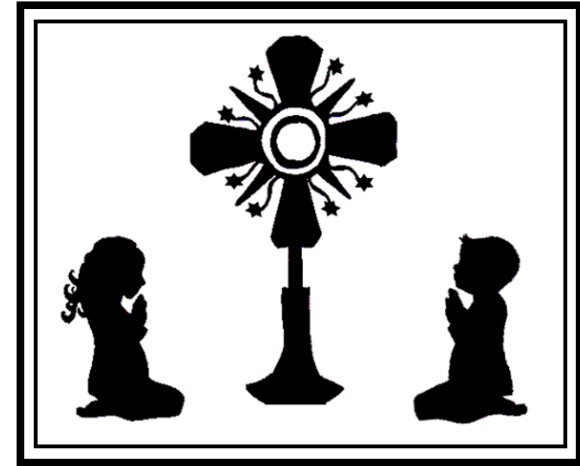
All on earth Thy scepter claim; All in heaven above adore Thee.

Infinite Thy vast domain, Everlasting is Thy reign! x2

Hark, the loud celestial hymn; Angel choirs above are rising;

Cherubim and Seraphim, In unceasing chorus praising,

Fill the heavens with sweet accord: Holy, holy, holy, Lord! x2



# **Guided Children's Adoration**

**Exposition Song: Come Adore**

*Gather: Comprehensive #888*

## **O LIVING BREAD**



**Song: I Believe**

by Karl Kohlhase, 2008 [www.k4communications.com](http://www.k4communications.com)

Your blood, Your body,  
Your soul, and Your divinity,  
Jesus, truly present  
In this most Blessed Sacrament

I believe, I believe, I believe it's true  
I believe, I believe, I believe it's You

I believe, I adore You,  
I hope, and I love You,  
Jesus, truly present  
In this most Blessed Sacrament



**Prayer to Jesus in the Blessed Sacrament**  
Hail to You, Lord Jesus Christ, present in the Blessed Sacrament. We hail You, our Savior and Redeemer of the world. You are the King of heaven and earth, our joy and the eternal spring of Grace. Before You returned to the Father in the Ascension, You promised never to leave us orphaned. How wondrously You fulfilled this promise in the gift of the Eucharist, by which Sacrament You are with us until the end of time. Bread of Heaven, we praise You and ask Your continued mercy upon our nation and upon ourselves as well. May glory be given to the Holy Sacrament, the true Body and Blood of Christ, both now and forever. Amen.

**Song: Joyful, Joyful, We Adore Thee**

## References

### Books:

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### Music:

(All listed songs hold copyrights and are subject to copyright laws. Please consult your own parish's rights to use the suggested songs.)

*Come Adore: Gather: Comprehensive*, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

*Holy God, We Praise Thy Name: Gather: Comprehensive*, Chicago: GIA Publications, Inc. 1994. #524.

*I Believe: Words and Music for Eucharistic Adoration* by Karl Kohlhasse, 2008, [www.k4communications.com](http://www.k4communications.com). Song/words used with permission by Karl Kohlhasse. Permission is granted to copy the song's words for use of the worship aide/booklet for Adoration. (It can be heard on his website <http://www.k4communications.com/karl/recordings.html> under the album title, "Bread Of Life: Eucharistic Reflections")

*Joyful, Joyful, We Adore Thee: Gather: Comprehensive*, Chicago: GIA Publications, Inc. 1994.