

The First Station: Pilate Condemns Jesus to Die

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider that Jesus, after having been scourged
and crowned with thorns, was unjustly condemned
by Pilate to die on the cross. (Kneel)

R: My adorable Jesus, it was not Pilate; no, it was my
sins that condemned You to die. I beseech You, by
the merits of this sorrowful journey, to assist my
soul on its journey to eternity. I love You, beloved
Jesus; I love You more than I love myself. With all my
heart, I repent of ever having offended You. Never let
me offend You again. Grant that I may love You
always; and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

The Second Station: Jesus Accepts His Cross

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider Jesus as He walked this road with the
cross on His shoulders, thinking of us, and offering to
His Father in our behalf, the death He was about to
suffer. (Kneel)

R: My most beloved Jesus, I embrace all the
sufferings You have destined for me until death. I
beg You, by all You suffered in carrying Your cross, to
help me carry mine with Your perfect peace and
resignation. I love You, Jesus, my love; I repent of
ever having offended You. Never let me offend You
again. Grant that I may love You always; and then do
with me as You will.

(Our Father, Hail Mary, Glory be.)

The Third Station: Jesus Falls the First Time

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider the first fall of Jesus. Loss of blood from
the scourging and crowing with thorns had so
weakened Him that He could hardly walk; and yet He
had to carry that great load upon His shoulders. As
the soldiers struck Him cruelly, He fell several times
under the heavy cross. (Kneel)

R: My beloved Jesus, it was not the weight of the
cross but the weight of my sins which made You
suffer so much. By the merits of this first fall, save
me from falling into mortal sin. I love You, O my
Jesus, with all my heart; I am sorry that I have
offended You. Never let me offend You again. Grant
that I may love You always; and then do with me as
You will.

(Our Father, Hail Mary, Glory be.)

The Fourth Station: Jesus Meets His Afflicted Mother

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider how the Son met his Mother on His way
to Calvary. Jesus and Mary gazed at each other and
their looks became as so many arrows to wound
those hearts which loved each other so tenderly.
(Kneel)

R: My most loving Jesus, by the pain You suffered in
this meeting grant me the grace of being truly
devoted to Your most holy Mother. And You, my
Queen, who was overwhelmed with sorrow, obtain for
me by Your prayers a tender and a lasting
remembrance of the passion of Your divine Son. I love
You, Jesus, my Love, above all things. I repent of ever
having offended You. Never let me offend You again.
Grant that I may love You always; and then do with
me as You will.

(Our Father, Hail Mary, Glory be.)

Station 4



Jesus Meets His Afflicted Mother

Station 2



Jesus Accepts His Cross

Station 3



Jesus Falls the First Time

Station 1



Pilate Condemns Jesus to Die

**The Fifth Station:
Simon Helps Jesus Carry the Cross**

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed the world. (Rise)

V: Consider how weak and weary Jesus was. At each step, He was at the point of expiring. Fearing that He would die on the way when they wished Him to die the infamous death of the cross, they forced Simon of Cyrene to help carry the cross after Our Lord. (Kneel)

R: My beloved Jesus I will not refuse the cross as Simon did: I accept it and embrace it. I accept in particular the death that is destined for me with all the pains that may accompany it. I unite it to Your death and I offer it to You. You have died for love of me; I will die for love of You and to please You. Help me by Your grace. I love You, Jesus, my Love; I repent of ever having offended You. Never let me offend You again. Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

**The Sixth Station:
Veronica Offers Her Veil to Jesus**

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed the world. (Rise)

V: Consider the compassion of the holy woman, Veronica. Seeing Jesus in such distress, His face bathed in sweat and blood, she presented Him with her veil. Jesus wiped His face, and left upon the cloth the image of his sacred countenance. (Kneel)

R: My beloved Jesus, Your face was beautiful before You began this journey; but, now, it no longer appears beautiful and is disfigured with wounds and blood. Alas, my soul also was once beautiful when it received Your grace in Baptism; but I have since disfigured it with my sins. You alone, my Redeemer, can restore it to its former beauty. Do this by the merits of Your passion. I repent of ever having offended You. Never let me offend You again. Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

**The Seventh Station:
Jesus Falls the Second Time**

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed the world. (Rise)

V: Consider how the second fall of Jesus under His cross renews the pain in all the wounds of the head and members of our afflicted Lord. (Kneel)

R: My most gentle Jesus, how many times You have forgiven me; and how many times I have fallen again and begun again to offend You! By the merits of this second fall, give me the grace to persevere in Your love until death. Grant, that in all my temptations, I may always have recourse to You. I love You, Jesus, my Love with all my heart; I am sorry that I have offended You. Never let me offend You again. Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

**The Eighth Station:
Jesus Speaks to the Women**

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed the world. (Rise)

V: Consider how the women wept with compassion seeing Jesus so distressed and dripping with blood as he walked along. Jesus said to them, "Weep not so much for me, but rather for Your children." (Kneel)

R: My Jesus, laden with sorrows, I weep for the sins which I have committed against You because of the punishment I deserve for them; and, still more, because of the displeasure they have caused You who have loved me with an infinite love. It is Your love, more than the fear of hell, which makes me weep for my sins. My Jesus, I love You more than myself; I am sorry that I have offended You. Never let me offend You again. Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

Station 8



Jesus Speaks to the Women

Station 6



Veronica Offers Her Veil to Jesus

Station 7



Jesus Falls the Second Time

Station 5



Simon Helps Jesus Carry the Cross

The Ninth Station: Jesus Falls the Third Time

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider how Jesus Christ fell for the third time.
He was extremely weak and the cruelty of His
executioners was excessive; they tried to hasten
His steps though He hardly had strength to move.
(Kneel)

R: My outraged Jesus, by the weakness You suffered
in going to Calvary, give me enough strength to
overcome all human respect and all my evil passions
which have led me to despise Your friendship. I love
You, Jesus my Love, with all my heart; I am sorry for
ever having offended You. Never let me offend You
again. Grant that I may love You always; and then do
with me as You will.

(Our Father, Hail Mary, Glory be.)

The Tenth Station: Jesus Is Stripped of His Garments

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider how Jesus was violently stripped of His
clothes by His executioners. The inner garments
adhered to his lacerated flesh and the soldiers tore
them off so roughly that the skin came with them.
Have pity for your Savior so cruelly treated and tell
Him: (Kneel)

R: My innocent Jesus, by the torment You suffered
in being stripped of Your garments, help me to strip
myself of all attachment for the things of earth that
I may place all my love in You who are so worthy of my
love. I love You, O Jesus, with all my heart; I am sorry
for ever having offended You. Never let me offend
You again. Grant that I may love You always; and
then do with me as You will.

(Our Father, Hail Mary, Glory be.)

The Eleventh Station: Jesus Is Nailed to the Cross

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider Jesus, thrown down upon the cross, He
stretched out His arms and offered to His eternal
Father the sacrifice of His life for our salvation. They
nailed His hands and feet, and then, raising the
cross, left Him to die in anguish. (Kneel)

R: My despised Jesus, nail my heart to the cross
that it may always remain there to love You and
never leave You again. I love You more than myself; I
am sorry for ever having offended You. Never let me
offend You again. Grant that I may love You always;
and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

The Twelfth Station: Jesus Dies Upon the Cross

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: : Consider how Your Jesus, after three hours of
agony on the cross, is finally overwhelmed with
suffering and, abandoning Himself to the weight of
His body, bows His head and dies. (Kneel)

R: My dying Jesus, I devoutly kiss the cross on which
You would die for love of me. I deserve, because of my
sins, to die a terrible death; but Your death is my
hope. By the merits of Your death, give me the grace
to die embracing Your feet and burning with love of
You. I yield my soul into Your hands. I love You with
my whole heart. I am sorry that I have offended You.
Never let me offend You again. Grant that I may love
You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

Station 12



Jesus Dies upon the Cross

Station 10



Jesus Is Stripped of His Garments

Station 11



Jesus Is Nailed to the Cross

Station 9



Jesus Falls the Third Time

The Thirteenth Station: Jesus Is Taken Down from the Cross

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider how, after Our Lord had died, He was
taken down from the cross by two of His disciples,
Joseph and Nicodemus, and placed in the arms of His
afflicted Mother. She received Him with unutterable
tenderness and pressed Him close to her bosom.
(Kneel)

R: O Mother of Sorrows, for the love of Your Son,
accept me as Your servant and pray to Him for me,
And You, my Redeemer, since you have died for me,
allow me to love You, for I desire only You and nothing
more. / I love You, Jesus my Love, / and I am sorry
that I have offended You. Never let me offend You
again. Grant that I may love You always; and then do
with me as You will.

(Our Father, Hail Mary, Glory be.)

The Fourteenth Station: Jesus Is Placed in the Tomb

V: We adore You, O Christ, and we praise You.
(Genuflect)

R: Because, by Your holy cross, You have redeemed
the world. (Rise)

V: Consider how the disciples carried the body of
Jesus to its burial, while His holy Mother went with
them and arranged it in the sepulcher with her own
hands. They then closed the tomb and all departed.
(Kneel)

R: Oh, my buried Jesus, I kiss the stone that closes
You in. But You gloriously did rise again on the third
day. I beg You by Your resurrection that I may be
raised gloriously on the last day, to be united with
You in heaven, to praise You and love You forever. I
love You, Jesus, and I repent of ever having offended
You. Never let me offend You again. Grant that I may
love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be.)

Opening Prayer:

My Lord, Jesus Christ,
You have made this journey to die for me with
unspeakable love;
and I have so many times ungratefully
abandoned You. | But now I love You with all my
heart;
and, because I love You, I am sincerely sorry for
ever having offended You.
Pardon me, my God, and permit me to
accompany You on this journey.
You go to die for love of me;
I want, my beloved Redeemer, to die for love of
You.
My Jesus, I will live and die always united to
You.

Closing Prayer: Prayer to Jesus Christ Crucified

My good and dear Jesus,
I kneel before You,
asking You most earnestly
to engrave upon my heart
a deep and lively faith, hope, and charity,
with true repentance for my sins,
and a firm resolve to make amends.
As I reflect upon Your five wounds,
and dwell upon them
with deep compassion and grief,
I recall, good Jesus,
the words the Prophet David spoke
long ago concerning Yourself:
“They pierced My hands and My feet;
they have numbered all My bones.”

Station 14



Jesus Is Placed in the Tomb

Station 13



Jesus Is Taken Down from the Cross

The Stations of the Cross

as composed by
Saint Alphonsus
Liguori