



Guided Children's Hour of Adoration (The Names of Jesus Overview)

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Act of Faith

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Guided Eucharistic Adoration for Children The Names of Jesus

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[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

Leader:

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

Tonight you'll be hearing about, reflecting on, and praying to the many names of Jesus. Listen carefully for them tonight- some will just be said and some will be pointed out to you.

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breathes and feel the Lord's peace fill you.

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore (hymnal)

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses

the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
in this great sacrament
we come into the presence of Jesus Christ your Son,
born of the Virgin Mary
and crucified for our salvation.
May we who declare our faith in this fountain of love and mercy
drink from it the water of everlasting life.
We ask this through Christ our Lord.

All: Amen. ¹

Leader:

In your heart, greet Jesus, the Bread of Life, in the Blessed Host on the altar. . . (A moment of silence) . . . St. Francis of Assisi said, "What wonderful majesty! . . . O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation"

"...In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood." ²

See Jesus now, the Most High Son of God present before you this very instant in the form of bread . . . (pause) . . . Feel Jesus' awesome Presence in our midst. (A moment of silence)

Please sit.

¹ No 224 Holy Communion & Worship of the Eucharist Outside Mass

² St. Francis of Assisi

We believe that Jesus is really present here in the Eucharist. We want to express this belief so together we let's say the Act of Faith. (booklet)

O my God, I firmly believe that You are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

Now we will say the Eucharistic Prayer taught by the Angel of Peace in Fatima. (booklet)

O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.

Pope Benedict said during the 2005 World Youth Day, "Dear young people, the happiness you are seeking, the happiness you have a right to enjoy has a name and a face: It is Jesus of Nazareth, hidden in the Eucharist. Only He gives the fullness of life to humanity! With Mary, say your own 'yes' to God, for He wishes to give Himself to you." Right now, say yes to Jesus . . . tell Him that you want Him in every aspect of your life. (A moment of silence.)

Jesus has many names. Some of these names are endearments. Some are descriptions of Him. They describe His roles, they describe what He does for us, what He means to us. These names tell us who Jesus is. I will now say aloud some of Jesus' name. Visualize each name as I say it, repeating them quietly to yourself. Close your eyes if it helps.

(Pause between names.)

Prince of Peace

Lamb of God

Head of the Church

Wonderful, Counselor, Mighty God

The Life

I Am

Son of God

Son of the Blessed Mother

Holy One

Root of David

Good Shepherd

Messiah

Light of the World

The Truth
 Prince of Life
 King of Kings
 Our Protection

Repeat the following Psalm after me:

"Magnify the Lord with me; / let us exalt His name together." Psalm 34:4

(Pause long enough so the children don't repeat after you anymore.)

Jesus told Martha, "I am the resurrection and the life; whoever believes in me, even if he dies, will live." (John 11:25) The Promiser of eternity for those who believe in Him is waiting before us. Spend a few minutes in quiet with your Savior. *(A moment of silence.)*

We will now say part of a prayer by Pope Clement X I (11th) (booklet)

Lord, I believe in You: increase my faith.
 I trust in You: strengthen my trust.
 I love You: let me love You more and more.
 I am sorry for my sins: deepen my sorrow.

I worship You as my first beginning,
 I long for You as my last end,
 I praise You as my constant helper,
 And call on You as my loving protector.

Amen.

(A moment or two of silence)

In a minute, we are going to prostrate before Jesus, but a thought before we do. When talking about Jesus' birth, the Gospel of John, says "The true light, which enlightens everyone, was coming into the world." John 1:9 While you prostrate, feel the True Light shine upon you. . . . Let the True Light penetrate your very being and fill you with enlightenment of His great love for you.

Prostrate - *A couple of minutes of silence.*

Step the children through prostration. Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

(A couple minutes of silence.)

Please sit.

Repeat: O Jesus, I love You! . . . O Jesus, I Adore Thee! . . . O Jesus, I love You!

(Pause long enough so the children don't repeat after you anymore.)

In the Acts of the Apostles, Jesus is described as "the one appointed by God as judge of the living and the dead." (Acts 10:42) Jesus is the Judge of our behavior, our deeds, and our thoughts now while we are living and when we see Him when we die. Since we know we will be judged before we enter Heaven's gate, we try our best on earth, but at times we do fail. In the First Letter of John, we hear that Jesus too is our Advocate with His Father willing to forgive our mistakes when we ask. Let us ask Our Source of Eternal Salvation (Heb. 5:9) for forgiveness of our sins. Take time to quietly name each of your sins to Jesus. Examine your heart . . . Examine your mind . . . Examine your actions . . . (A couple moments of silence). Ask now for forgiveness and the strength to not do those actions again. (A couple moments of silence.)

(If time) Act of Contrition (booklet)

My God, I am sorry for my sins with all of my heart. In choosing to do wrong and failing to do good, I have sinned against You, whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

Song: Servant Song (hymnal)

Keeping your eyes upon Jesus in the monstrance, we are going to have silence mixed with me saying lines of scripture or Psalms. Listen to Jesus talking to you in the silence of your hearts. (Pause between lines.)

"From the rising of the sun to its setting let the name of the Lord be praised."

Psalm 113

"I am the light of the world." John 8:12

"Behold, the Lamb of God" John 1:36

"Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." John 6:35

"He is the true God and eternal life." 1 John 5:20

(If time) "Who is this king of glory?" Psalm 24:10

Let us ask our Jesus, our Hope, (1 Tim. 1:1) for our needs in a Petition Prayer. During this prayer there are moments of silence. During this silence, reflect and pray to Jesus: name names, needs, and intentions in your heart. Say Petitions Prayer: (booklet)

Lord Jesus, please help my family, friends, and loved ones with our needs and intentions that are in order with the will of the Father. (Silence)

Dear Jesus, please help all the sick, suffering, and dying, especially those that will die this day and those who have died. (Silence)

Please remember all those who are in need of God's love and mercy the most this day and at this very hour. (Silence)

Lord God, please help Our Holy Father to lead our church in the fullness of the truth of our faith. (Silence)

Send Your Holy Spirit upon all the clergy and religious of our church. (Silence)

We pray that our church may remain One, Holy, Catholic, and Apostolic. (Silence)

Please stand.

Priest/ Deacon:

‡ A Reading from the Holy Gospel according to John

Response: Glory to You, O Lord

"I am the true vine, and my Father is the vine grower. He takes away every branch in me that does not bear fruit, and everyone that does he prunes so that it bears more fruit. You are already pruned because of the word that I spoke to you. Remain in me, as I remain in you. Just as a branch cannot bear fruit on its own unless it remains on the vine, so neither can you unless you remain in me. I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing. Anyone who does not remain in me will be thrown out like a branch and wither; people will gather them and throw them into a fire and they will be burned. If you remain in me and my words remain in you, ask for whatever you want and it will be done for you. By this is my Father glorified, that you bear much fruit and become my disciples. As the Father loves me, so I also love you. Remain in my love. If you keep my commandments, you will remain in my love, just as I have kept my Father's commandments and remain in his love." John 15:1-10

The Gospel of the Lord.

Response: Praise to You, Lord Jesus Christ

Please sit.

Brief Homily from president. Or continue with the following reflection.

Leader:

Take a moment of silence to think about the Gospel reading. Talk to Jesus, the True Vine, about what you need to do to remain in Him. **(A couple minutes of silence.)**

In Hebrews, Jesus is called Leader and Perfecter of our Faith (Heb. 12:2)

Jesus perfected our faith, He formed our faith, this faith brings us to heaven, helps us to live more fully with Christ. At times, it may seem our faith asks a lot, but our faith helps us to stand strong and live with Christ and please Christ, our goal in life, in good times as well as difficult times. He has authored our faith so we can enter heaven's gate. Ask Jesus to help you understand your faith in a deeper way and to stand strong in that faith when you are tempted to sway from its truth.

Think about the blessings and graces Jesus, the Faithful and True (Rev. 19: 11), has given you. Silently name those blessings and thank Him for each of those. **(A couple minutes of silence.)**

In another section of the Gospel of John (John 10:14), we hear Jesus say: "I am the good shepherd, and I know mine and mine know me." Jesus knows us better than we know ourselves. He knows our faults, how we can improve, he knows our talents, our gifts. . . **(pause)**

It's important to know Jesus. We know Him through our time at Mass, our time here in Adoration, our prayers with Him, and reading Scripture. The more we know Jesus, the more Jesus, The True Light (John 1:9), will enlighten us. The better we walk the path that leads us to Jesus, The Gate (John 10:9), at the end of our life, the more pleased we will be when Jesus, The Judge (Acts 10:42), judges us. Think about an action you can do to get to know Jesus better this week. Make sure to take the time to accomplish it. **(Silence)**

"Jesus said to him, "I am the way and the truth and the life. No one comes to the Father except through me."" John 14:6

Prostrate - Try for 4 or 5 minutes of silence.

During this time of prostration, spend time with Jesus, "The Way, the Truth, The Life".

Please sit.

Our time with Jesus today before the monstrance is coming to a close. Pray The Last Word (booklet)

Jesus, I must soon leave You, but I carry away with me the memory of Your love which is an inspiration to come and visit You again in the Most Blessed Sacrament very soon. Until my next visit, I leave my heart, in spirit, before Your Eucharistic Presence. Let its every beat tell You how much I love You and that I am longing to soon be in Your Presence again. Bless me before I go, dear Jesus. Bless my home and all my undertakings. Bless my family and friends and those I have promised to pray for.

Ask Jesus, the Prince of Peace, to stay in your heart as you go back to your busy life. . . (pause) . . . Pray to Our Wonderful, Counselor, Mighty God to be with you and guide/counsel you in all your decisions this week. . . (pause) . . . Tell the Son of God one more time how much you adore Him. (Silence)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: I Believe (booklet)

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following. ³]

Priest/Deacon:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
you have given us the true bread from heaven.
In the strength of this food
may we live always by your life
and rise in glory on the last day.

³ No 98 Holy Communion & Worship of the Eucharist Outside Mass

We ask this through Christ our Lord.

All: Amen. ⁴

Moment of silence.

Leader:

Father/Deacon will now do Benediction and Divine Praises. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. ⁵ During the blessing, servers may incense and ring the bells, according to local tradition.]

Priest/Deacon:
Benediction

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

⁴ No 226 Holy Communion & Worship of the Eucharist Outside Mass

⁵ No 99 Holy Communion & Worship of the Eucharist Outside Mass

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name (booklet)

Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

Reflect on: Jesus as the Bread of Life (John 6:35; 6:48)

"Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." As bread nourishes our body, Jesus nourishes our souls. Take time with Jesus so He can nourish your soul.

(A moment of silence.)

Reflect on: Jesus as the Good Shepherd (John 10:11)

"I am the good shepherd. A good shepherd lays down his life for the sheep." Sheep know their Shepherd's voice. They can pick their Shepherd's voice out among other voices. We are the sheep, Jesus our Shepherd. Listen for His voice now . . . hear what He is telling you.

(A moment of silence.)

Reflect on: Jesus a St. Pope John Paul II Quote:

"He is a God Who is near, a God Who waits for us, a God Who has chosen to remain with us. When one has faith in this Real Presence, how easy it is to be close to Him, adoring the Love of loves, how easy it is to understand the expressions of love with which, throughout the centuries, Christians have surrounded the Eucharist" (Eucharistic Congress, Peru, 1988)

(A moment of silence.)

Reflect on: Jesus as the Word (John 1:1)

"In the beginning was the Word, and the Word was with God, and the Word was God." Jesus was in the beginning of time, He was with God and is God. A mystery that we believe in, that we have taken on faith. Take time to ponder this mystery.

(A moment of silence.)

Keeping your eyes upon Jesus in the monstrance, we will have some more silence mixed with me saying lines of scripture or Psalms. **(Pause between lines.)**

"I love you, Lord, my strength, Lord, my rock, my fortress, my deliverer" Psalm 18:3

"O Lord, our Lord, how awesome is your name through all the earth." Psalm 8:2

"I am the good shepherd. A good shepherd lays down his life for his sheep." John 10:11

"Who is this king of glory?" Psalm 24:10

"And behold, I am with you always, until the end of the age." Matthew 28:20

(If time) *"But if anyone does sin, we have an Advocate with the Father, Jesus Christ the righteous one."* 1 John 2:1

Thanksgiving Prayer (booklet): **(Repeat in sections.)**

Lord Jesus I adore You! Thank You for Your awesome love which keeps You on earth with us, night and day, in the Holy Eucharist! Thank You for the gift of life! Thank You for my family, friends and loved ones, for the countless graces and blessings that You have showered upon me and every person in the entire world! Thank You for Your ongoing merciful and tender loving care!

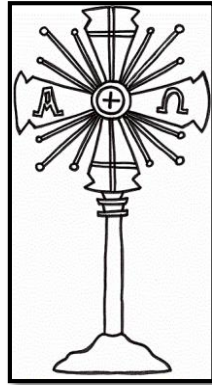
(A moment of silence.)

Song: I Believe by Karl Kohlhase, 2008, www.k4communications.com

Your blood, Your body,
Your soul, and Your divinity,
Jesus, truly present
In this most Blessed Sacrament

I believe, I believe, I believe it's true
I believe, I believe, I believe it's You

I believe, I adore You,
I hope, and I love You,
Jesus, truly present
In this most Blessed Sacrament



The Divine Praises

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

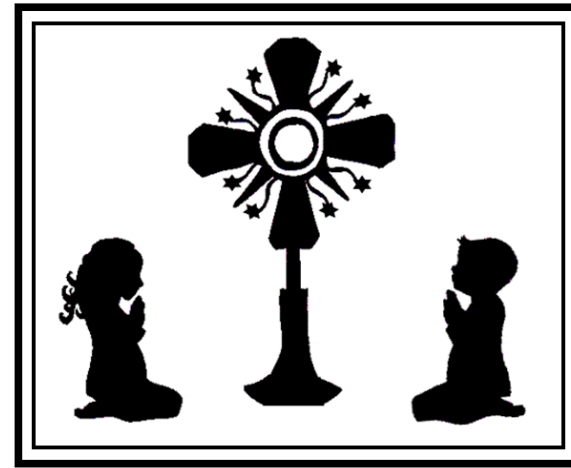
Repose: Holy God We Praise Thy Name

Holy God we praise Thy name; Lord of all we bow before Thee;
All on earth Thy scepter claim; All in heaven above adore Thee.
Infinite Thy vast domain, Everlasting is Thy reign! x 2

Hark, the loud celestial hymn; Angel choirs above are rising;
Cherubim and Seraphim, In unceasing chorus praising,
Fill the heavens with sweet accord: Holy, holy, holy, Lord! x 2

Holy Father, Holy Son, and Holy Spirit: three we name Thee,
Though in essence only one; Undivided God we claim Thee,
And adoring bend the knee while we own the mystery. x 2

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Exposition Song: Come Adore

Gather: Comprehensive #888

Act of Faith

O my God, I firmly believe that You are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.



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Eucharistic Prayer

O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.

Pope Clement X I Prayer

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I trust in You: strengthen my trust.
I love You: let me love You more and more.
I am sorry for my sins: deepen my sorrow.

I worship You as my first beginning,
I long for You as my last end,
I praise You as my constant helper,
And call on You as my loving protector.

Amen.

Act of Contrition

My God, I am sorry for my sins with all of my heart. In choosing to do wrong and failing to do good, I have sinned against You, whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

Song: Servant Song by Donna Marie McGargill, OSM



Petitions Prayer

Lord Jesus, please help my family, friends, and loved ones with our needs and intentions that are in order with the will of the Father. (Silence)

Dear Jesus, please help all the sick, suffering, and dying, especially those that will die this day and those who have died. (Silence)

Please remember all those who are in need of God's love and mercy the most this day and at this very hour. (Silence)

Lord God, please help Our Holy Father to lead our church in the fullness of the truth of our faith. (Silence)

Send Your Holy Spirit upon all the clergy and religious of our church. (Silence)

We pray that our church may remain One, Holy, Catholic, and Apostolic. (Silence)

Thanksgiving Prayer

Lord Jesus I adore You! Thank You for Your awesome love which keeps You on earth with us, night and day, in the Holy Eucharist! Thank You for the gift of life! Thank You for my family, friends and loved ones, for the countless graces and blessings that You have showered upon me and every person in the entire world! Thank You for Your ongoing merciful and tender loving care!

The Last Word

Jesus, I must soon leave You, but I carry away with me the memory of Your love which is an inspiration to come and visit You again in the Most Blessed Sacrament very soon. Until my next visit, I leave my heart, in spirit, before Your Eucharistic Presence. Let its every beat tell You how much I love You and that I am longing to soon be in Your Presence again. Bless me before I go, dear Jesus. Bless my home and all my undertakings. Bless my family and friends and those I have promised to pray for.

References

Books:

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Music:

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Come Adore: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

I Believe: Words and Music for Eucharistic Adoration by Karl Kohlhase, 2008, www.k4communications.com. Song/words used with permission by Karl Kohlhase. Permission is granted to copy the song's words for use of the worship aide/booklet for Adoration. (It can be heard on his website <http://www.k4communications.com/karl/recordings.html> under the album title, "Bread Of Life: Eucharistic Reflections")

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