



STUDY THE PAINTINGS. LOOK CLOSELY AT THE DETAILS.

Prayerfully consider:

What emotions does the Blessed Mother feel as she holds Jesus, both her Son and her God, in her arms in each of these images?

Close your eyes if you wish. Imagine that you are the one holding Jesus in each of these images. How does that effect you?

The Blessed Mother knew Who she held, but surely, she did not know Jesus' full plan of salvation. Meditate on the trust she had in Jesus during both her times of delight and her gut-wrenching sorrow.

Talk to Jesus: Can the Blessed Mother's faith be a motivation in your own personal times of delight and gut-wrenching sorrow?

Listen: Is Jesus telling you anything?