



Guided Children's Hour of Adoration (Magic Trick vs. Miracle Overview)

Introduction

Exposition of the Eucharist - Kneeling and Song: Come Adore

Opening Prayer

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

Repeat Line

Study the Host

Imagine Holding Jesus' Hand

Gospel Reading: Matthew 26:26-29

Homily/Reflection

Prostrate - St. Peter Eymard Quote

The Mystery of Faith

Magic vs. Miracle

Explore Eucharistic Miracles

Repeat Line

Eucharistic Miracle Story: Sienna, Italy 1730

Reflection

Repeat Line

Walking down Aisle & Bowing Before the Blessed Sacrament during Song: You are My All In All

Reflect on Ways We Attend Mass

Repeat Prayer Lines

Sit in Wonder

Repeat Line

Bishop Vasquez Diocese of Austin, Texas Quote

Prostrate - Listening to Jesus

Repeat Line

www.guidedchildrensadoration.com

Copyright by Melissa Kirking May 2019

Ambassadors for Jesus

Repeat Line

Good-byes

Song: I Believe

Closing Prayer

Benediction and Divine Praises

Reposition of the Blessed Sacrament and Song: Holy God We Praise Thy Name

Based on previous plans' rubrics that have been published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops.

Excerpts from the English translation of Holy Communion & Worship of the Eucharist Outside Mass © 1974, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of The Roman Missal © 2010, ICEL. All rights reserved.

Scripture texts in this work are taken from the New American Bible, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, D.C. and are used by permission of the copyright owner. All Rights Reserved. No part of the New American Bible may be reproduced in any form without permission in writing from the copyright owner.

Copyright © Melissa Kirking, Round Rock, Texas

All plans, activities, information, etc. are free; however, they are only to be used for an individual parish, classroom, and personal use. They may not be published on any websites or other electronic media, or distributed in newsletters, bulletins, or any other form or sold for profit. Reproduction or retransmission of any materials, in whole or in part, in any manner, is not permitted. Plans are located on www.guidedchildrensadoration.com

Contact Information: melissa@guidedchildrensadoration.com



Guided Eucharistic Adoration for Children Magic Trick vs. Miracle Theme

Copyright: All plans, activities, information, etc. are free; however, they are only to be used for an individual parish, classroom, and personal use. They may not be published on any websites or other electronic media, or distributed in newsletters, bulletins, or any other form or sold for profit. Reproduction or retransmission of any materials, in whole or in part, in any manner, is not permitted. Plans are located on www.guidedchildrensadoration.com.

[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

_____ 0 minute mark
in plan timing.

Leader:

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

[Optional Handouts: Ambassador Ribbons, Sienna Eucharistic Miracle Color Sheet, Sienna Eucharistic Miracle Comic Strip, Sienna Eucharistic Miracle Observation Activity]

We are here to adore Jesus - to love Jesus!

As a reminder, Jesus, in the form of a Host which was consecrated at Mass by a priest, is placed inside the Monstrance in a clear window for us to see. Jesus is seen in the form of a white host, a white circle, in the middle of the Monstrance.

We are here for a special time of prayer before the Eucharistic Presence of Jesus.

As you know, "Adoring the Body of Christ means believing that there, in that piece of Bread, Christ is really there."¹

Be sure to take time to really think about the fact that you are in the very Presence of God!! His Body, His Blood, His Soul, and His Divinity.

St. Francis once wrote, "I beg you to show the greatest possible reverence and honor for the most holy Body and Blood of our Lord Jesus Christ." (x 2 to be sure children hear the importance.)

This means everything we do reflects reverence for Jesus.

Since we are here to spend time with our Jesus, we want to show Jesus we are listening to Him. We do that by keeping our voices off, no whispering, you bow your head, close your eyes, or look at Jesus in the Blessed Sacrament, still hands or fold them in prayer, only holding the worship aids when you need them, etc...

My voice will be your guide during adoration so I will stay behind you so that I don't come between you and Jesus. Do not worry about where I am -- just listen.

[Request teacher/parental assistance prior to Exposition:]

[If appropriate: Also, I thought we would try that if parents felt you should help your younger ones with some of the questions or wonders we will come across, please feel free to quietly discuss it with them.]

Teachers/parents, if you see a student/child that needs redirecting, I ask that you help encourage and guide that child to show reverence before our Sacramental Lord with the items I just talked to them about.

¹ Pope Benedict XVI

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

_____ 3 minute mark
in plan timing.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breaths and feel the Lord's peace fill you.

[Leader should be seated behind the children.]

[Redirect during the Holy Hour as needed with reminders:]

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
in this great sacrament
we come into the presence of Jesus Christ your Son,
born of the Virgin Mary
and crucified for our salvation.

May we who declare our faith in this fountain of love and mercy
 drink from it the water of everlasting life.
 We ask this through Christ our Lord.

All: Amen.²

Moment of silence. (30 seconds - 1 minute)

_____ 8 minute mark
 in plan timing.

Leader:

Key for Pauses

.... indicates 1-2 seconds of silence
 Small/brief pause: 5-10 seconds
 pause: about 30 seconds
 silence: 30-60 seconds

Place booklets down.

Look at the Blessed Sacrament . . . the Host in the monstrance . . . the miracle of Jesus' Presence here on earth . . . Jesus you became so small . . . a small white circle of bread so we can come and see You . . . If you were here in Your heavenly glory, we might not be able to get close to You because of the crowds of people . . . O Jesus, we marvel at this great miracle that we try our best to understand . . . but even though we can't fully understand how You can be bread, we have faith that You are because You said it was truth. (small pause: 5-10 seconds)

Jesus, we know You are here . . . we know that You are the Eucharist . . . we know You are here with us in the same way as You are seated at the right hand of God, the Father in heaven. (small pause: 5-10 seconds)

Jesus, You are more precious than gold . . . Jesus, You are more precious than sparkly jewels . . . Jesus, You are more valuable than all the money in the world! (small pause: 5-10 seconds)

Using your imagination, picture Jesus all glorious in white sitting on His throne next to God, His Father, in Heaven. (small pause: 5-10 seconds)

² No 224 Holy Communion & Worship of the Eucharist Outside Mass

Whisper words of love or blow Jesus in the Eucharist a kiss. (small pause: 5-10 seconds)
 Now turn your eyes to heaven and do the same. (small pause: 5-10 seconds)

Let us close our eyes now and feel His precious love, which more valuable than rays of light, stream forth from Jesus ³ to bring joy to our souls and cover us with His magnificent radiance. (silence: 30-60 seconds)

Open your eyes now and look at Jesus in the Host in the monstrance before us. Repeat after me:

Amazing Lord! / You are really here! / I am thrilled to sit and be with You!

(Pause long enough so the children don't repeat after you anymore.)

Please sit.

Look at Jesus. Look at the Host. Study Him . . . See His shape . . . His size . . . see the color of the Host, our God. (silence: 30-60 seconds) Nod your head if you see Jesus nod your head if you love Jesus. (small pause: 5-10 seconds)

Now place your palm up on the pew next to you. Using your imagination, closing your eyes if you wish, image holding Jesus' hand and what that means to you . . . how does holding Jesus' hand feel? (silence: 30-60 seconds) Now wrap your arms around yourself and give yourself a huge hug . . . Imagine that this hug is from Jesus to you . . . a hug full of peaceful, joyful love. (small pause: 5-10 seconds)

Please stand for a Gospel Reading.

Priest/ Deacon:

_____ 14 minute mark
 in plan timing.

The Lord be with you.

Response: And also with you.

‡ A Reading from the Holy Gospel according to Matthew ⁴

Response: Glory to You O Lord

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body."

³ Mirae Caritatis (on the Holy Eucharist) Encyclical of Pope Leo XIII promulgated on May 28, 1902 (based on "His wondrous love which, like rays of light, stream forth from Jesus Christ")

⁴ Matthew 26:26-29

Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you,

for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father."

The Gospel of the Lord.

Response: Praise to you, Lord Jesus Christ

Please be seated.

Brief 2-3 minute Homily from presider. Or continue to following.

Leader:

Prostrate - **A couple of minutes of silence.**

_____ 20 minute mark
in plan timing.

Please kneel.

St Peter Julian Eymard spoke about the Eucharist and said, "He is living there (meaning the Host). He wants us to speak to Him, and He will speak to us. Anybody may speak to our Lord. Is He not there for everybody?"⁵

We are going to silently prostrate now and speak to Jesus in our hearts about anything that you would like.

Step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing. . . . Speak to Jesus with your heart.

(Repeat as needed.)

⁵ "The Real Presence" by St Peter Julian Eymard

(Try for 2 or 3 minutes of silence.)

_____ 21 minute mark
in plan timing.

Please sit.

In Mass, we see the priest hold up the Eucharist and say, "The Mystery of Faith." Jesus, that is You!!

Take a moment to ask Jesus to help you feel excited **every** time you hear the words, "The Mystery of Faith" at Mass. (silence: 30-60 seconds)

Raise your hand quietly or nod your head if you have ever seen a magic trick. Maybe a coin pulled out of your ear or a rabbit out of a hat or even something big like a person made to disappear or a person sawed in half. [If desired: Parents it is ok to whisper with your child about any magic trick they may have seen.] Think about how excited you were to see that trick. (small pause: 5-10 seconds) Magic tricks are quite amazing to see. (small pause: 5-10 seconds)

Now we all know a magic trick is not real. It is still exciting to see, but it is an illusion . . . a trick to your mind . . . Something your mind puzzles on . . . tries to figure out . . . We have no idea how the magician did it. Possibly if you studied hard or became a magician yourself, you could learn how it was done. Yet, even if we don't understand it ourselves, it can be explained.

On the other hand, a **miracle** is something that **cannot** be explained. The rules of nature and science say that the miracle could **not** have happened, yet you can see that it did. It is real!

A miracle happens by God's power. In the Bible, we hear miracle stories of Jesus healing the sick, making the blind see and even bringing people back to life after they died. Miracles still happen today.

God has done so many special Eucharistic Miracles over the years such as floating hosts, fish saving Hosts dropped in the river, Jesus' face appearing in the Host and so many more. Sometimes, Jesus uses an Eucharistic Miracle to help our faith grow even stronger or as a sign of love for His people. Sometimes, the miracles are to help people believe that Jesus IS the Eucharist. And at other times, to remind people who don't pay attention to the Eucharist any longer that they should. These people do not have faith glasses on or their faith glasses have gotten weak or lost. Jesus is telling people, "Just in

case you aren't sure, YES, It is true! The Host is My real Body, real Blood, Soul and Divinity."

Look at Jesus in the Host in front of us. Make sure you have your faith glasses on or if needed, put them on now. . . . Repeat after me:

Jesus, what a miracle / You changing bread into You, / but still looking like bread!

(Pause long enough so the children don't repeat after you anymore.)

God has control over nature which is why the Host can be Jesus' body **even if** it doesn't look like a person's body. Anything is possible for God, right? (small pause: 5-10 seconds) (Encourage the children to say yes or nod their heads.)

_____ 26 minute mark
in plan timing.

We will now listen to the Eucharistic Miracle that happened in Sienna, Italy.⁶

Almost three hundred years ago, people were treating religious celebrations as a reason to have a party and to get a day off of work or school and not so much about the religious part of the celebration. For example, on the Feast of the Assumption of Mary, people didn't really think about Mary being taken up body and soul into heaven after she died. Instead, they thought about the parades, foods, and being with friends.

This was the same with Mass, people went to Mass on Sundays out of habit or just to see friends not because they loved God or wanted to be made stronger and holier by the Eucharist. Mass was just the thing to do.

This story begins on the day prior to the Feast of the Assumption of Mary in 1730. All the priests of the town were in one of the many churches in town making celebration plans. That meant that the chapel in the Church of St. Francis did not have the watchful eyes of a priest protecting it. Thieves broke into the chapel and picked the lock on the tabernacle.

Children, point to where the tabernacle is here in our chapel. (small pause for children to point) Compare it to the Monstrance on the altar It is different than the monstrance on the altar, right. If you look closely, you can see the key hanging from the door of the tabernacle. The key is only out because deacon/father exposed Jesus for us and will place Him back in the tabernacle in a little while. The lock is there to keep Jesus safe so that not just anybody can take Jesus out.

⁶ 1730

Back to the story, the thieves stole the golden ciborium, the container, holding 351 consecrated hosts, the bread that was already fully Jesus.

The priest of St Francis did not discover the theft until the next morning during Mass when he opened the tabernacle to distribute the Hosts during Communion. Can you image the priest's surprise and worry when he realized that Jesus was missing? (small pause: 5-10 seconds)

I'm sure we have all misplaced something important to us, a favorite blanket or stuffed animal or for us adults, our keys. I'm sure we all felt the worry of looking and wondering where our important item was. This wasn't just an item though, **it was Jesus missing!** (small pause: 5-10 seconds)

A little while later in the day, a parishioner found the lid to the ciborium in the street outside the church. This made the priests worried that someone had sacrilegied Jesus, which means to do bad things to the Eucharist to disrespect Jesus.

The parishioners and priest were so sorrowful and worried that the party part of the feast was canceled. The archbishop ordered public prayers of reparation, which are prayers to apologize to Jesus. At the same time, the police hunted for the thieves.

For three days, just like the three days from Good Friday to Easter Sunday, the people prayed to make things right with God and that the Hosts would be found.

On the third day, a parishioner in a different church ⁷ noticed something white sticking up from the box that collected money for the poor. The parishioner hurried to tell the church priest who in turn hurried to tell the archbishop. As soon as the archbishop's representative arrived, he and several priests opened the collection box and found all 351 consecrated hosts. But, since the box wasn't opened very often, the hosts were covered in cobwebs and dirt.

The priests cleaned the Hosts as best as they could. The archbishop then led a solemn procession, which is a little bit like a serious, holy parade, back to the Church of St. Francis where the town people adored all 351 Hosts in the same way we are loving the one Host in front of us today.

Look at Jesus and say:
Jesus, I adore You!

⁷ Church of St. Mary of Provenzano

(Pause long enough so the children don't repeat after you anymore.)

The hosts were saved and not eaten probably because they had been so dirty. But you cannot just throw Jesus away. The Hosts were placed in a safe spot so that nature could break them down. The priests eventually realized that the Host were miraculous because they did not become hard, turn a yucky color, or mold in the way in which nature would normally do with an uneaten host.⁸

Quite the opposite happened, the hosts showed no sign of breakdown, decay, or mold. The Hosts stayed as fresh as the day they were baked and even smelled very nice. **Today** the hosts still remain as fresh as the day they were made, almost 300 hundred years ago. It is one of the longest on-going miracles in the world. This miracle created a new heart for the people of Sienna which produced a deep love, respect, and honor for Jesus in the Eucharist.

Please stand and look at Jesus. (small pause)

Oh, Jesus, you have the divine power to do miracles which are so much more impressive than magic tricks! Your amazing Eucharistic miracles are like a flashing arrow saying, "It is true! It is true! I said I am the Bread of Life! I am the Living Bread come down from Heaven."

Lift up both of your hands now palms up to joyfully show where Jesus is physically present here in the chapel with us today.

Looking at Jesus repeat after me:

Jesus, You can do anything / because You are God!
 Jesus, I believe the Eucharist is Your Real Body. /
 Jesus, I believe the Eucharist is Your True Blood. /
 Jesus, I believe the Eucharist is Your Soul. /
 Jesus, I believe the Eucharist is Your Divinity. /
 Jesus, I believe without a doubt, / that I am looking at You!

(Pause long enough so the children don't repeat after you anymore.)

——— 32 minute mark
in plan timing.

[If in a small group setting, you may choose to do the following: During the following song, please quietly walk down the center aisle like at communion time . . . row by row with great

⁸ "continuing miracle of preservation"

respect and love for Jesus. Keep your eyes looking at Him because, of course, you can't wait to get close to Him. When you reach the front, take a moment to kneel before Jesus with your head bowed in respect Jesus. Then stand, bow to Jesus, make the Sign of the Cross, and return to your seat or if you need to take a little one out, you can head that way. It is okay for several children to stand at the front at the same time. Parents, please remember that if you are allowing any of your other children to stay with us in the chapel, you need to remain in the narthex or right outside the chapel in case you are needed.]

Song: You are My All In All (booklet)

_____ 37 minute mark
in plan timing.

(Place booklets down.)

Remember at the time of the Miracle of Sienna, people went to Mass out of habit and not to pay attention to Jesus. Take a moment to think about how you act during Mass. (small pause: 5-10 seconds) Do you go to Mass out of habit or because your parents make you go? (pause: 5-10 seconds) What can **you change** to make going to Mass more about going because you love Jesus? (pause: about 30 seconds) Could you imagine that as you enter the church, you are entering the Upper Room where Jesus met with His disciples 2000 years ago and wonder what Jesus will teach you today in Mass? (pause: 5-10 seconds) Could you look in awe as the Host is placed in your hands or parent's hands at Communion time? Could you be better about singing or saying the responses? (pause: 5-10 seconds)

Now take a moment to ask yourself, "Do I pay attention when the priest elevates or lifts up the Host when the bread becomes Jesus' living, glorified body? (pause: about 30 seconds) When you hear the bells, can you let the sound remind you to "Look! Look! Here Jesus is! God is before you!" (pause: about 30 seconds)

Please either keep your eyes upon Jesus in the monstrance or close your eyes. Let us pray repeating after me.

(small pause: 5-10 seconds between lines)

Jesus, You are the Living Bread / Who comes down from Heaven / to make me strong in my faith.

Jesus, You are the Host / filling my soul with Your graces.

Jesus, You are the Hidden God and our Savior / who quietly waits for me in the Host.

Jesus, You are the most marvelous miracle above all others, / looking like bread.

Jesus, Your Presence in the Eucharist / reminds me of your Divine love.

Jesus, You are the awesome Sacrament / that opens Heaven's gates for us to join
You there.

Jesus, You are like the manna the Israelites had when they left Egypt, / but so
much better.

Jesus, You are the Sacred Host / loved and adored by countless angels.

(Pause long enough so the children don't respond anymore.)

Take a moment now and just look at Jesus with wonder, awe, honor, and amazement. . . .
Feel the thrill of sitting in the very Presence of God!

(Silence: 30-60 seconds)

Look at Jesus and repeat after me:

Jesus, I will never doubt in You! (small pause: 5-10 seconds) x 2 or 3

Help my heart to see You better than my human eyes. x 1

Jesus, I most firmly believe / the Eucharist is You! x 1

(Pause long enough so the children don't repeat after you anymore.)

_____ 42 minute mark
in plan timing.

Bishop Vasquez, said, "When we spend time with the Lord Jesus, it opens us up to listening and being more attentive to the Lord so that when he does speak to us daily through our routine, whether it is at work or at school or in the fast pace of life, we begin to hear the Lord more clearly. The beauty of Eucharistic adoration is that when we exit the chapel . . . and conclude our special time with the Lord Jesus, we come to realize more fully that he is with us at all times."⁹

Prostrate:

Please kneel.

We are going to silently prostrate now.

⁹ Oct 2010 Bishop's Interview: Spending Time with the Lord in Adoration, Catholic Spirit, Diocese of Austin

Step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing. . . Sweep your mind clear . . . sweep the thoughts of school away . . . sweep the thoughts of what you will do this evening away . . . Just listen to Jesus . . .

(Repeat as needed.)

(Try for 4 or 5 minutes of silence.)

_____ 46 minute mark
in plan timing.

Please sit.

Looking at Jesus, repeat after me:

"Holy, Holy, Holy, Lord God of hosts." Isaiah 6:3 **x 3**

(Pause long enough so the children don't repeat after you anymore.)

Let us ponder and pray about being an Ambassador for Jesus. **(Small pause: 5-10 seconds)** This would be more than just being a friend or follower of Jesus . . . an Ambassador for Jesus helps other people come to know Jesus or know Him better . . . Jesus' Ambassador would protect the truth that the Eucharist IS Jesus, not just a reminder of Him . . .

Some ways you could be Jesus' Ambassador are by organizing or inviting others to come visit Jesus in the Eucharist or come to Mass . . . talking about your love for Jesus . . . sharing about the graces that Jesus pours into your soul when you spend time with Him . . . offering to pray for friends . . . How else can you be an Ambassador for Jesus?

(Silence: 30-60 seconds)

As an Ambassador for Jesus, think about sharing the Eucharistic Miracle story you heard today with others. **(Small pause: 5-10 seconds)** Picture yourself sharing this amazing, true event . . . a recorded part of history . . . Who will you tell? . . . How many people will you tell?

(Silence: 30 seconds)

Sometimes being Jesus' Ambassador might be hard because you might be embarrassed to

share about Him or to say that you will pray for someone or you might want to give in to peer pressure to act a different way. Turn to Jesus and the Holy Spirit during these times for strength to be a good Ambassador.

Looking a Jesus, repeat after me:

O Sacrament most Holy, /
 O Sacrament Divine, /
 All praise and all thanksgiving, /
 Be every moment Thine.

(Pause long enough so the children don't repeat after you anymore.)

Take one last quiet moment with Jesus before we begin our closing.

(A moment of silence: 30-60 seconds.)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: I Believe (booklet)

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following. ¹⁰]

Priest/Deacon:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
 You have given us the true bread from heaven.
 In the strength of this food
 may we live always by Your life
 and rise in glory on the last day.

We ask this through Christ our Lord.

**** Important**
 _____ 50 minute mark in
 plan timing.
 This time is firm.
 You must start
 kneeling by 48-50
 minutes past the
 start of the
 Adoration to close
 on time.

¹⁰ No 98 Holy Communion & Worship of the Eucharist Outside Mass

All: Amen. ¹¹

Moment of silence (30 seconds - 1 minute)

Leader:

Father/Deacon will now do Benediction, our special blessing from Jesus like in our second story. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. ¹² During the blessing, servers may incense and ring the bells, according to local tradition.]

Priest/Deacon:
Benediction

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy

¹¹ No 226 Holy Communion & Worship of the Eucharist Outside Mass

¹² No 99 Holy Communion & Worship of the Eucharist Outside Mass

Name (booklet) [Sing enough verses to repose Jesus and then end the song.]

Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

You, my God, are truly here, hidden in the Eucharist, just as when the Blessed Mother held You in her arms as a baby You, my God, are truly here just as You were with the apostles . . . just as much here as when You offered Your Body and Blood at the Last Supper . . . just as much here as when You died on the cross You, my God, are truly here just as when you rose from the dead. (small pause: 5-10 seconds)

St. Gregory VII, ordered him to pronounce the following oath:

"I believe in my heart and openly profess that the bread and wine which are placed upon the altar are, by the mystery of the sacred prayer and the words of the Redeemer, substantially changed into the true and life-giving flesh and blood of Jesus Christ Our Lord, and that after the Consecration, there is present the true Body of Christ which was born of the Virgin and, offered up for the salvation of the world, hung on the Cross and now sits at the right hand of the Father, and that there is present the true Blood of Christ which flowed from His side. They are present not only by means of a sign and of the efficacy of the Sacrament, but also in the very reality and truth of their nature and substance."

St. Teresa of Avila: "How could I, a poor sinner, who has so often offended you, dare to approach you, O Lord, if I beheld you in all Your Majesty? Under the appearance of bread, however, it is easy to approach you, for if a King disguises himself, it seems as if we do not have to talk to him with so much circumspection and ceremony. If you were not hidden, O Lord, who would dare to approach you with such coldness, so unworthily, and with so many imperfections?"

(A couple minutes of silence.)

His Body is hidden in the Eucharist. So too, His glory is hidden from our eyes.

Looking a Jesus, repeat after me:

You are my Wonderful God, / my Risen Lord, / the Eternal Son

(Pause long enough so the children don't repeat after you anymore.)

At communion, you receive Jesus to become like Him and part of Him. . . . He is food to nourish your faith and give you strength to live a God filled life. . . .

Jesus unites Himself with us when we receive communion. . . . We become a living tabernacle for about fifteen minutes.

Take a moment, close your eyes if you wish, to think about **being** a living tabernacle. . . . Think about how closely united you are with God during this time. . . . Think about how you should behave and how powerful your prayers are as you hold Him in your body. . . . If you do not receive communion yet, think about being right next to the living tabernacle of your mom or dad.

(A minute of silence.)

Think about a famous person you would like to see - actor, actress, sports star.... If you knew that person was going to be in a certain building and if you went they would give you lots of attention by talking to you one on one and listen to you, wouldn't you do everything you could to be there? God is in this chapel every day, shouldn't you do what you can to come see Him?

"Give thanks therefore to God the Father for having given you His Divine Son not only as Brother in the Incarnation, as Teacher of truth, and as Savior on the Cross, but especially as your Eucharist, your bread of life, your Heaven already begun."¹³

We believe that our Jesus is really present, hidden in the Eucharist. Together let us say

¹³ "The Real Presence" by St Peter Julian Eymard

the Act of Faith. (Repeat in sections.)

O my God, I firmly believe that You are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

(Pause long enough so the children don't repeat after you anymore.)

Let us say the Forgiveness Prayer in the booklet to help us change. I will say the first line, you will say the bold line. (Repeat in sections.)

For all the times we have turned away from You,

Father Forgive Us

For all the times we hurt others,

Father Forgive Us

Open our hearts to see Your light.

Jesus, Hear Us

Strengthen our love for God and others.

Jesus, Hear Us

Teach us to work and play as friends.

Holy Spirit, Help us

Give us courage to keep trying.

Holy Spirit, Help us

Give thanks to the Lord, for He is good.

His mercy endures forever!

(Pause long enough so the children don't respond anymore.)

Together let us say the Act of Love. (Repeat in sections.)

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

(Pause long enough so the children don't repeat after you anymore.)

Act of Hope

O my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

(A moment of silence.)



The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

Repose Song: Holy God We Praise Thy Name

Holy God we praise Thy name; Lord of all we bow before Thee;

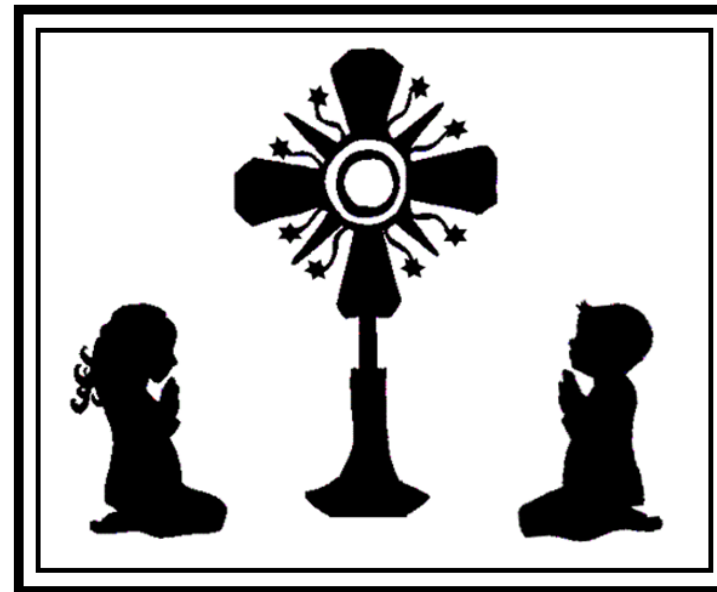
All on earth Thy scepter claim; All in heaven above adore Thee.

Infinite Thy vast domain, Everlasting is Thy reign! x2

Hark, the loud celestial hymn; Angel choirs above are raising;

Cherubim and Seraphim, In unceasing chorus praising,

Fill the heavens with sweet accord: Holy, holy, holy, Lord! x2



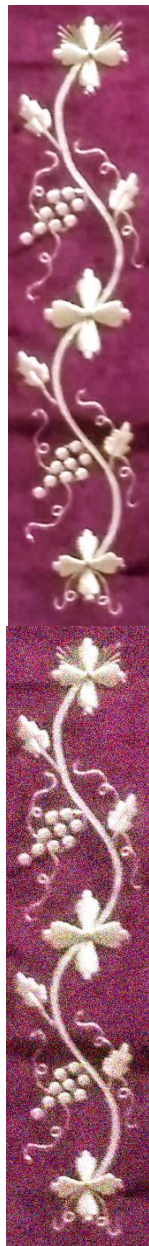
Guided Children's Adoration

Exposition Song: Come Adore

Gather: Comprehensive #888

Song: You are My All In All

by Nichole Nordeman



Song: I Believe

by Karl Kohlhase, 2008 www.k4communications.com

Your blood, Your body,
Your soul, and Your divinity,
Jesus, truly present
In this most Blessed Sacrament

I believe, I believe, I believe it's true
I believe, I believe, I believe it's You

I believe, I adore You,
I hope, and I love You,
Jesus, truly present
In this most Blessed Sacrament



References

Books:

Excerpts from the English translation of the *Catechism of the Catholic Church* for use in the United States of America Copyright © 1994, United States Catholic Conference, Inc. -- Libreria Editrice Vaticana. Used with Permission.

Bishop's Interview: Spending Time with the Lord in Adoration, Catholic Spirit Magazine, Diocese of Austin, October 2010 Edition.

Excerpts from the English translation of *Holy Communion & Worship of the Eucharist Outside Mass* © 1974, ICEL. All rights reserved.

Scripture texts in this work are taken from the *New American Bible, revised edition* © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, D.C. and are used by permission of the copyright owner. All Rights Reserved. No part of the New American Bible may be reproduced in any form without permission in writing from the copyright owner.

Music:

(All listed songs hold copyrights and are subject to copyright laws. Please consult your own parish's rights to use the suggested songs.)

Come Adore: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

Holy God, We Praise Thy Name: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #524.

I Believe: Words and Music for Eucharistic Adoration by Karl Kohlhasse, 2008, www.k4communications.com. Song/words used with permission by Karl Kohlhasse. Permission is granted to copy the song's words for use of the worship aide/booklet for Adoration. (It can be heard on his website <http://www.k4communications.com/karl/recordings.html> under the album title, "Bread Of Life: Eucharistic Reflections")

You are My All In All: Nichole Nordeman. Girls of Grace Album