



Guided Children's Hour of Adoration (Love of God & Neighbor Theme Overview)

Introduction

Exposition of the Eucharist - Kneeling and Song: Come Adore

Opening Prayer

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

Repeat Line

Matthew 22:35-40

St. Isidore Story

Three Repeat Lines on Loving God with all Your Mind, Heart and Soul

Ways to Show God Our Love

Repeat Line

Prostrate - Loving Jesus

Repeat Prayer

Song: Jesus in the Morning

Gospel: Matthew 25:31-40

Homily

St. Isidore Story Continued

Our Neighbor Reflection

Repeat Line

Prostrate

St John Vianney

St. Mother Teresa: Spreading Love Reflection

St. Mother Teresa and Gospel of Matthew on Forgiveness

St. Mother Teresa Prayer

Filling your "Love Bag"

Good-byes and Offering to Jesus

Song: Make My Heart Your Dwelling Place

Closing Prayer

Benediction and Divine Praises

Reposition of Blessed Sacrament and Song: Holy God We Praise Thy Name

Based on previous plans' rubrix that have been published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops.

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Guided Eucharistic Adoration for Children Love of God & Neighbor

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[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

Leader:

_____ 0 minute mark
in plan timing.

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

Jesus has been waiting for **you** to come today, waiting for **you** to come to this very church and be here with Him! Oh how Jesus loves you!

As a reminder, Jesus, in the form of a Host which was consecrated at Mass by a priest, is placed inside the Monstrance in a clear window for us to see. Jesus is seen in the form of a white host, a white circle, in the middle of the Monstrance.

Be sure to take time to really think about the fact that you are in the very Presence of God!! His Body, His Blood, His Soul, and His Divinity, His kingship.

Since we are here to spend time with our Jesus, we want to show Jesus we are listening to Him. We show God that we are good listeners by:

- keeping our voices off with no whispering
- you can either bow your head, close your eyes, or look at Jesus in the Blessed Sacrament
- you need to still hands or fold them in prayer, and keep your hands to yourself.
- You also need stay in your pew or on your mat.

[Request teacher/parental assistance prior to Exposition:]

Teachers/Parents, as we all know, the children need redirecting at times. I ask that you help encourage and guide them to show reverence before our Sacramental Lord with the items I just talked to them about.

[Redirect during the Holy Hour as needed with reminders:]

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....]

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

Take a moment to quiet yourself and get your mind and heart ready to spend time with Jesus. Take a few deep breathes, be still, and feel the Lord's peace fill you.

Moment of silence. (30 seconds - 1 minute)

_____ 3 minute mark
in plan timing.

[Leader should be seated behind the children.]

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
 in this great sacrament
 we come into the presence of Jesus Christ your Son,
 born of the Virgin Mary
 and crucified for our salvation.
 May we who declare our faith in this fountain of love and mercy
 drink from it the water of everlasting life.
 We ask this through Christ our Lord.

All: Amen.¹

Moment of silence. (30 seconds - 1 minute)

Leader:

Key for Pauses

. . . . indicates 1-2 seconds of silence
 small pause: 5-10 seconds
 pause: about 30 seconds
 silence: 30-60 seconds

_____ 6 minute mark
 in plan timing.

¹ No 224 Holy Communion & Worship of the Eucharist Outside Mass

Look at the Blessed Host, the white circle, in the middle of the monstrance see Jesus He is the Eucharist He is the Blessed Sacrament (small pause: 5-10 seconds)

The Host, whom we also call Jesus, the Blessed Sacrament, and the Eucharist, does not look like a person . . . but our Faith . . . our trust in God . . . lets us **know** that the Host is Jesus. . . . Jesus just looks different . . . He is in a different form . . . in a form that is so plain and small . . . yet the Host is the same Jesus who shone like the sun on the mountain top . . . and who will greet us when we enter heaven. (small pause: 5-10 seconds)

Jesus, we know You are here we know that You **are** the Eucharist we know You are here with us in the same way as You are seated at the right hand of God, the Father in heaven. (pause: 5-10 seconds)

Let us close our eyes now. . . . with your mind see Jesus in His human body standing right in front of you . . . picture Jesus smiling at you . . . you can see He is so very happy that you are here with him . . . take a moment to just look at Jesus and feel happy that He is with us. (pause: about 30 seconds)

Open your eyes now and look at Jesus in the Host in the monstrance before us. Repeat after me: O Lord, / You are truly the Eucharist. / "O Most Holy Trinity, / I adore Thee! / My God! My God! / I love You in the Most Blessed Sacrament!" ²

(Pause long enough so the children don't repeat after you anymore.)

Please sit.

_____ 9 minute mark
in plan timing.

Leader:

In the Gospel of Matthew, ³ A man asks Jesus the question: "Teacher, which commandment in the law is the greatest?" Jesus answered, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments."

Saint Isidore is a great example of someone who followed what Jesus proclaimed in the Gospel.

Saint Isidore was born in Spain almost a thousand years ago into a very poor family. He

² Fatima Prayer taught by Our Lady of Fatima

³ Matthew 22:35-40

worked most of his life walking behind an ox pulling a plow to farm fields for a nobleman.

All day as Isidore worked hard on the farm, he spoke with God. No one is exactly sure what he would say to God, but perhaps Isidore would say things like: Wow God, what a beautiful sky You made. . . . Lord, thank you for the birds singing today. . . . I'm sorry Lord that I didn't listen very well to my wife talking to me last night. . . . Or God, You are amazing and I love you. . . . Or even "Our Father, who art in heaven hallow be Thy name . . ."

Isidore always went to daily Mass early in the morning and spent time praying before the Holy Eucharist just like we are doing now. Even though Isidore had many, many hours of work to do each day, he made time for these important things that helped him know and love God more and more.

Another worker on the farm complained to the nobleman that Isidore showed up late to work every day because he attended morning Mass. Perhaps the complaining worker felt that Isidore worked less than everyone else. When the nobleman talked to Isidore about being late each day, Isidore did not make an excuse for himself. Instead, Isidore explained, even though he arrived later than some of the other workers, he worked very hard to make up the work missed during his prayer time. He asked the nobleman to compare his work against the other plowmen to see if he got as much work done as they did. Isidore also told the nobleman that if he didn't get as much work done, he would pay the nobleman back for whatever work he did not do.

The next day the nobleman noticed Isidore did indeed come later than the other workers. As the nobleman approached Isidore to scold him, he noticed that at the very moment Isidore started to plow, two more plowmen started working next to him. These two unknown plowmen used snow-white oxen that the nobleman did not recognize as his own. It would seem that angels helped Isidore plow the field so that even though he attended morning Mass and prayed before the Blessed Host, his portion of the work done was tripled! That means with the angels' help, when Isidore plowed one row of crops, three rows ended up plowed. When the nobleman asked about the other plowmen he had seen, Isidore replied in surprise: "Sir, I work alone and know of none save God to whom I look for strength."

God blessed Isidore for putting Him first. Isidore showed God that he loved Him with all his heart, all his soul, and with all his mind. God blesses **us** as well when we put Him first and love Him above all things. We might not always see the blessing, like Isidore didn't see the angels helping him. But we have faith and believe God is with us and helps us even when we can't see it happening. (small pause: 5-10 seconds)

Right now . . . this very moment, we are showing God we love Him by coming to this Adoration. . . by sitting and looking and loving Jesus. (small pause: 5-10 seconds)

Look at Jesus . . . the Host . . . the Blessed Sacrament. Put your hand on your heart. . . . Repeat after me: "Eucharistic Jesus, / With all my heart I love You!"

(Pause long enough so the children don't repeat after you anymore plus 3-5 seconds more.)

Now close your eyes. . . . Think about your soul in your body. . . . You could even wrap your arms around yourself like a hug to cover your soul and repeat, "Eucharistic Jesus, / With all my soul I love You!"

(Pause long enough so the children don't repeat after you anymore plus 3-5 seconds more.)

Open your eyes. . . . Look at Jesus again. . . . think of your mind . . . and repeat, "Eucharistic Jesus, / With all my mind I love You!"

(Pause long enough so the children don't repeat after you anymore plus 3-5 seconds more.)

Let us think for a moment about what we can do after we leave Adoration today and tomorrow and the day after that to show God that we love Him with all our heart, all our soul, and all our mind. . . . Perhaps you can choose to tell Jesus you love Him every time you put your shoes on and take them off. . . . Perhaps you can choose to tell God He is awesome every morning when you wake up.

You could even write a note or draw a picture to put on your bathroom mirror to remind you to tell this to Jesus. . . . or perhaps you can choose that every bedtime, you can thank Jesus for something that happened that day.

Take a minute to think of what **you** will do. (pause: 30 seconds - 1 minute)

Now let's take a moment and choose what you want to do to show you Jesus you love Him and put Him first. It can be one of the ideas we just mentioned or your own idea. Close your eyes and picture you doing this action to show God your love. (small pause: 5-10 seconds)

Let us ask Jesus to help us remember to do this action of love after we leave Adoration.

Repeat after me: "Jesus, / please help me remember / to do my action of love."

(Pause long enough so the children don't repeat after you anymore plus 3-5 seconds more.)

_____ 16 minute mark
in plan timing.

Prostrate: Let us take some time to love Jesus with all our hearts, all our souls and all our minds. Come to prostration now and let Jesus know over and over that you love Him.

Step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Try not to move a muscle or make even a tiny sound . . . Close your eyes. . . . Slow your breathing. . . Tell Jesus of your love. . . O Jesus, I love You . . . Jesus, I love You so much . . . so very much Jesus . . . I do love You.

(Repeat as needed.)

(Try for 2 or 3 minutes of silence.)

Please sit.

Looking at Jesus in the Blessed Sacrament, repeat after me to tell Jesus these beautiful words of love from St. Gemma Galgani to Jesus:

"I shall love You, / I shall love You always; / when day breaks, / when evening turns into night, / at every hour, at every moment; / I shall love You always, always, always."

_____ 19 minute mark
in plan timing.

Song: Jesus in the Morning

(Place booklets down.)

Please stand for a Gospel Reading.

Priest/ Deacon:

‡ A Reading from the Holy Gospel according to Matthew

Response: Glory to You O Lord

"When the Son of Man comes in his glory, and all the angels with him, he will sit

upon his glorious throne, and all the nations will be assembled before him. And he will separate them one from another, as a shepherd separates the sheep from the goats. He will place the sheep on his right and the goats on his left. Then the king will say to those on his right, 'Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' Then the righteous will answer him and say, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.' (Matthew 25:31-40)

The Gospel of the Lord.

Response: Praise to you, Lord Jesus Christ

Please sit.

Brief 2-3 minute Homily from presider (Homily can be based on suggestions/quotes below.) Or continue to following reflection.

St. Francis de Sales

"The soul cannot live without love. We can never love our neighbor too much."

"You learn to speak by speaking, to study by studying, to run by running, to work by working, and just so, you learn to love by loving. All those who think to learn in any other way deceive themselves."

"Love of neighbor . . . consists in the very fact that, in God and with God, I love even the person whom I do not like or even know. . . . I learn to look on this other person not simply with my eyes and my feelings, but from the perspective of Jesus Christ. His friend is my friend." ⁴

"Showing love to others is not something that we do to shine a light on who or what we are, but to show better who God is, and what he freely gives to us." ⁵

⁴ "Deus caritas est" - Pope Benedict XVI (December 25th, 2005)

⁵ Pope Francis March 15, 2017

"Dear friends, if you learn to discover Jesus in the Eucharist, you will also know how to discover him in your brothers and sisters, particularly in the very poor." ⁶

_____ 26 minute mark
in plan timing.

Leader:

Let us remember what Jesus said was the second commandment from the first Gospel you heard today. "You shall love your neighbor as yourself." Saint Isidore followed this commandment from Jesus too. Isidore showed love to his neighbors, both people and animals.

For example, one snowy day, as Isidore walked to the grinding mill, he passed a flock of pigeons scratching for food on the hard surface of the frosty ground. Now remember Isidore was very poor. So, anything he had was not extras. It was part of what he needed to live. However, knowing that the birds would not be able to find food, Isidore poured half of his sack of precious corn upon the ground for the birds. People laughed at him for sharing his food with animals instead of keeping it for himself. They thought he was crazy. However, when Isidore reached the mill, his corn bag was full again and when the corn was ground, it made twice as much flour as it should have!

Isidore did not show kindness in hopes of getting a reward. This is important. He showed kindness because it was the right thing to do. He showed kindness because Jesus asks us to love our neighbor.

"Whoever loves God cannot but love those whom God loves, that is, all human beings, excluding no one." ⁷

When we love our neighbor as ourselves, we treat them the way we want others to treat us. . . . If we don't want people to talk ugly to us, we don't talk ugly to our neighbor. . . . If we don't want people grabbing things out of our hands, we don't grab things from our neighbor's hand. . . . If we want people to compliment us when we do something well, we should compliment our neighbor. . . . If we want others to share with us, we should share with our neighbor. (small pause: 5-10 seconds)

Who is your neighbor? . . . Is it just the person that lives in the house next to you? . . . Or on the same street as you? . . . Our neighbors are anyone who God loves. And who does God love? . . . Everyone . . . very quietly look at all the people around you . . . they are some of your neighbors. (small pause: 5-10 seconds)

Think about a kindness you can do at home this week. . . . How can you show love to your

⁶ Saint Pope John Paul II

⁷ Saint John Paul II Homily Nov. 3, 1991

family? . . . Perhaps you listen right away to your parents instead of arguing . . . or do a chore for a family member before they can do it . . . or smile when you really feel like pouting . . . or perhaps give a hug or kiss to your mom, dad, sister, or brother when they least expect it. Close your eyes and picture yourself doing this kindness. (small pause: 5-10 seconds)

Now think about a kindness you can do for a neighbor outside of your family. . . Perhaps help someone clean up at school . . . or you can say a quick prayer when you see a sad stranger . . . or pick up something someone drops in church. . . Ask God to show you often what other actions of love you can do for a neighbor. (small pause: 5-10 seconds)

Look at Jesus . . . the Host . . . the Blessed Sacrament. Put your hand on your heart. . . . Now repeat after me, "Eucharistic Jesus, / Help me to love my neighbor." (small pause: 5-10 seconds) "Eucharistic Jesus, / Help me to know when my neighbor / needs a show of kindness." (small pause: 5-10 seconds) "Eucharistic Jesus, / Help me to remember to always love my neighbor / as much as I love myself."

(Pause long enough so the children don't repeat after you anymore plus 3-5 seconds more.)

_____ 30 minute mark
in plan timing.

Prostrate - Try for 4 or 5 minutes of silence. During this time, you can talk to Jesus about your worries, ask for intentions, thank Jesus for things, listen to Him or just be with Jesus.

Still your body. . . . Try not to move a muscle or make even a tiny sound . . . Close your eyes. . . . Slow your breathing. . . Listen to God.

(Try for 4 or 5 minutes of silence.)

_____ 35 minute mark
in plan timing.

We have all been in situations where someone in our group is making fun of another person or saying mean things about someone. St. John Vianney gives us some guidance on what we can do. He said, "If something uncharitable (meaning unkind) is said in your presence, either speak in favor of the absent (meaning say something nice about that person), or withdraw (meaning leave), or, if possible, stop the conversation."

Take a prayerful moment to think about a time you were in this kind of situation. Ask Jesus to show you how you could have handled it better.

Moment of silence. (30 seconds - 1 minute)

Saint Mother Teresa said, "Spread love everywhere you go: first of all in your own house. Give love to your children, to your wife or husband, to your mother and father, to your sister or brother, to a next door neighbor... Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile, kindness in your warm greeting."⁸

I am going to repeat that last line slowly. Think about what Mother Teresa is saying and how these kindnesses show not only your love of neighbor, but also your love for God. You can even close your eyes and picture yourself doing these kindnesses.

"kindness in your face, (small pause: 5-10 seconds) kindness in your eyes, (small pause: 5-10 seconds) kindness in your smile, (small pause: 5-10 seconds) kindness in your warm greeting."

At times in our lives people hurt us, those we love and those we struggle to love. Saint Mother Teresa said, "If we really want to love, we must learn how to forgive."

In the Gospel of Matthew, Peter approached Jesus and asked Him, "Lord, if my brother sins against me, how often must I forgive him? As many as seven times?" Jesus answered, "I say to you, not seven times but seventy-seven times."⁹ Think if there is someone you need to forgive. (pause: about 30 seconds) If you are having a hard time forgive that person, take a moment to ask Jesus to help you forgive. (pause: about 30 seconds)

Prayer by Blessed Mother Teresa (booklet)

O God, we believe you are here. We adore you and love you with our whole heart and soul because you are most worthy of all our love. We desire to love you as the blessed do in heaven. Flood our souls with your spirit and life. Penetrate and possess our whole being utterly, that our lives may only be a radiance of yours. Shine through us, and be so in us, that every soul we come in contact with may feel your presence in our soul. Let them look up and see no longer us, but only Jesus!

(Place booklets down.)

At times, it can be difficult to show love and kindness. We can feel like we used up all the kindness we had in us for that day or we can get cranky. But let us consider the example of Saint Mother Teresa who constantly refreshed her ability to love her neighbor by spending time with our Eucharistic Lord in Adoration. If you think of Mother Teresa carrying her "love for neighbor" around in a bag, her visits with Jesus in

⁸ "to your mother and father, to your sister or brother" added

⁹ Matthew 18:31-22

Adoration would cause her "bag of love" to fill to the brim since God is the source or place where love comes from. The more time you spend with God, the more you can love God and your neighbor. Love grows from love. Love is holy because it comes from God and joins us to God.¹⁰

Take a prayerful moment and think about God filling your "bag of love" while you are here in Adoration.

(A moment of silence: 30-60 seconds.)

_____ 48 minute mark in plan timing. If needed, insert extra material here.

We are about to start our closing. We will start our goodbye song and receive our blessing soon. Take a couple quiet moments to tell Jesus anything you might still have on your heart. . . a thanksgiving . . . a prayer intention or petition . . . a praise.

(Try for 2 minutes of silence.)

One last time offer our Eucharistic Lord your mind full of love for Him **(small pause: 5-10 seconds)** your heart completely in love with Him **(small pause: 5-10 seconds)** and your soul overflowing with love.

(A moment of silence: 30 seconds.)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: Make My Heart Your Dwelling Place

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following.¹¹]

Priest/Deacon:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
you have given us the true bread from heaven.

**** Important**
_____ 50 minute mark in plan timing. This time is firm. You must start kneeling by 48-50 minutes past the start of the Adoration to close on time.

¹⁰ Idea based on "Deus caritas est" - Pope Benedict XVI (December 25th, 2005)

¹¹ No 98 Holy Communion & Worship of the Eucharist Outside Mass

In the strength of this food
may we live always by your life
and rise in glory on the last day.

We ask this through Christ our Lord.

All: Amen. ¹²

Moment of silence: (30 seconds - 1 minute)

Leader:

Father/Deacon will now do Benediction and Divine Praises. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. ¹³ During the blessing, servers may incense and ring the bells, according to local tradition.]

Priest/Deacon:
Benediction

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

¹² No 226 Holy Communion & Worship of the Eucharist Outside Mass

¹³ No 99 Holy Communion & Worship of the Eucharist Outside Mass

Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name. (booklet) (You might not need or want to do all the verses.)

Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

Saint Francis of Assisi prayed, "Lord, grant that I might not so much seek to be loved as to love." Take a moment to reflect on what this means to care more about loving others then getting love yourself. (pause: about 30 seconds) Now take a moment to ask God how you can live that out and to help you live that out. (pause: about 30 seconds)

Keeping your eyes upon Jesus in the monstrance, we are going to have silence mixed with me saying lines of scripture. Listen to Jesus talking to you in the words and in the silence of your hearts. (Pause 15-30 seconds between lines.)

*But I say to you, love your enemies, and pray for those who persecute you*¹⁴

*Be merciful, just as [also] your Father is merciful.*¹⁵

*"Do to others whatever you would have them do to you. This is the law and the prophets."*¹⁶

*Welcome one another, then, as Christ welcomed you, for the glory of God.*¹⁷

*Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up.*¹⁸

*Above all, let your love for one another be intense, because love covers a multitude of sins.*¹⁹

*Love does no evil to the neighbor; hence, love is the fulfillment of the law.*²⁰

¹⁴ Matthew 5:44

¹⁵ Luke 6:36

¹⁶ Matthew 7:12

¹⁷ Romans 15:7

¹⁸ Galatians 6:9

¹⁹ 1 Peter 4:8

²⁰ Romans 13:10

Take no revenge and cherish no grudge against your own people. You shall love your neighbor as yourself. I am the Lord. ²¹

Looking a Jesus, repeat after me:

"Holy, Holy, Holy, Lord God of hosts." Isaiah 6:3

(Pause long enough so the children don't repeat after you anymore.)

St Frances de Sales said, "The soul cannot live without love. We can never love our neighbor too much."

We believe that our Jesus is really present, hidden in the Eucharist. Together let us say the Act of Faith. *(Repeat in sections.)*

O my God, I firmly believe that You are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

(Pause long enough so the children don't repeat after you anymore.)

Together let us say the Act of Love. *(Repeat in sections.)*

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

(Pause long enough so the children don't repeat after you anymore.)

²¹ Leviticus 19:18

Act of Hope

O my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

(A moment of silence.)

Petitions Prayer

Lord Jesus, please help my family, friends, and loved ones with our needs and intentions, that are in order with the will of the Father. (silence)

Dear Jesus, please help all the sick, suffering, and dying, especially those that will die this day and those who have died. (silence)

Please remember all those who are in need of God's love and mercy the most this day and at this very hour. (silence)

Lord God, please help Our Holy Father, Pope Benedict XVI, to lead our church in the fullness of the truth of our faith. (silence)

Send Your Holy Spirit upon all the clergy and religious of our church. (silence)

We pray that our church may remain One, Holy, Catholic, and Apostolic. (silence)

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

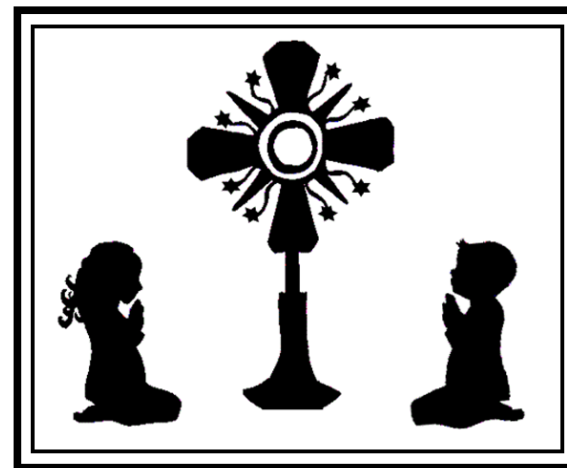
Repose Song: Holy God We Praise Thy Name

Holy God we praise Thy name; Lord of all we bow before
Thee;

All on earth Thy scepter claim; All in heaven above adore
Thee.

Infinite Thy vast domain, Everlasting is Thy reign! x2

Hark, the loud celestial hymn; Angel choirs above are rising;
Cherubim and Seraphim, In unceasing chorus praising,
Fill the heavens with sweet accord: Holy, holy, holy, Lord! x2



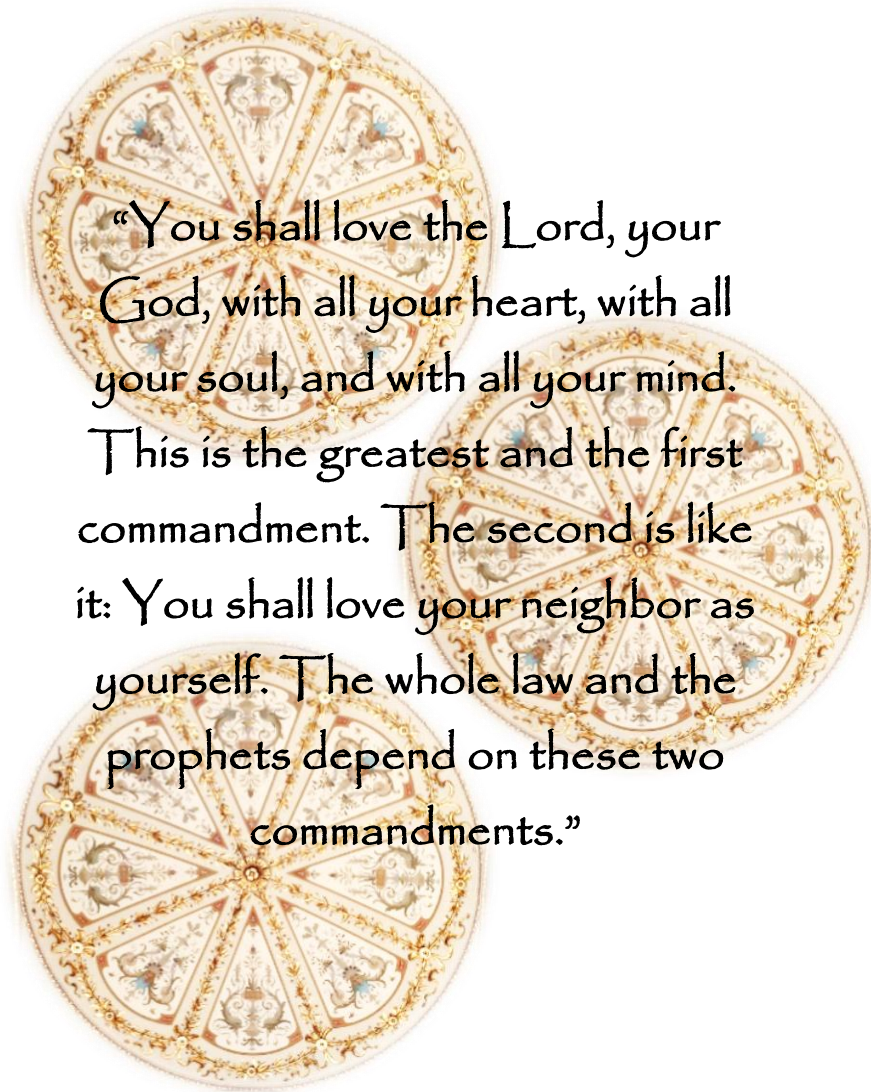
Guided Children's Adoration



Exposition Song: Come Adore



Song: Jesus in the Morning



“You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments.”

Prayer by Mother Teresa

O God, we believe you are here. We adore you and love you with our whole heart and soul because you are most worthy of all our love. We desire to love you as the blessed do in heaven. Flood our souls with your spirit and life. Penetrate and possess our whole being utterly, that our lives may only be a radiance of yours. Shine through us, and be so in us, that every soul we come in contact with may feel your presence in our soul. Let them look up and see no longer us, but only Jesus!



Song: Make My Heart Your Dwelling Place

References

Books:

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Music:

(All listed songs hold copyrights and are subject to copyright laws. Please consult your own parish's rights to use the suggested songs.)

Come Adore: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

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