



Jesus, I trust You.
x 10

Jesus, it is good to be here.
x 10

Jesus, You are my King.
x 10

Have mercy on me, O God.
x 10

Jesus, help me to be more and more like you.

Pray an Our Father.

Tell Jesus at least 5 things you are thankful for.

Look at Jesus quietly for 2 minutes.

Jesus, I am sorry for hurting you.

Jesus, I love You.
x 10

Jesus, I adore You.
x 10

Jesus, thank you for dying on the cross so I can go to heaven.

Jesus, I see You in the Eucharist.
x 10

As you say each prayer in the Lenten stained-glass panels, color that section in. Be sure to think about the words you are saying and look up at Jesus in the Eucharist often. Color the crown of thorns and nails while you use your own words to talk to Jesus.