



## **Guided Children's Hour of Adoration (Kerygma Theme Overview)**

Intro

Exposition of the Eucharist – Kneeling and Song: Come Adore

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

Repeat after Line: Jesus, You are Salvation

Jesus is Real

Jesus Love Surrounds

Love Jesus

Kerygma Message on Four Fingers with Pauses

Choose Jesus

Repeat after Line Jesus as the Bridge with Sign Language

What We Do When We Choose Jesus

Prostrate: Guide Me Jesus

Walking down Aisle & Bowing Before Blessed Sacrament during Song: I Will Follow

Gospel Reading: Mark 16:15-16 & Homily

Recalling the Kerygma with Four Fingers

Repeat after Line: Four Types

Examination of Conscience

Prostrate: Listening to Jesus

Closing Thoughts

Song: You are My All In All

Benediction and Divine Praises

Reposition of Blessed Sacrament and Song: Holy God We Praise Thy Name

Based on previous plans' rubrics that have been published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops.

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## Guided Eucharistic Adoration for Children Kerygma Theme

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[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

Leader:

\_\_\_\_\_ 0-minute mark  
in plan timing.

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

Before we start our Adoration today, I would like to share two things.

First, I want you to hear the word "Kerygma." That is an interesting word, isn't it, . . . a word we may have never heard before.

What was that word I just said? (**Pause for children's response.**) Kerygma.

"The kerygma is the joyful announcement that Jesus Christ is a living Person to be ~~encountered~~ (meet and have a friendship with), who through His Resurrection has defeated sin and death." <sup>1</sup> so we can have eternal life. (**Substitute the words in the parentheses for the crossed-out word to make the sentence more child friendly.**)

<sup>1</sup> [https://www.usccb.org/resources/21-Archbishop%20Christophe%20Pierre%20Address%20at%20General%20Assembly%20\(06.16.21\)\\_o.pdf](https://www.usccb.org/resources/21-Archbishop%20Christophe%20Pierre%20Address%20at%20General%20Assembly%20(06.16.21)_o.pdf)

The Kerygma is like taking the message from all the pages in the four Gospel books in The Bible – and that is a lot! - and wrapped it all up in a short, easy way to understand. This is how the disciples shared about Jesus and His saving grace before the Gospels were ever written.

The second things I would like to share is sign language for the word bridge.



First:



Then:

Practice that with me now.

Now, just our reminders.

Since we are here to spend time with our Jesus, we want to show Jesus we are listening to Him. We show God that we are good listeners by:

- keeping our voices off with no whispering
- you can either bow your head, close your eyes, or look at Jesus in the Blessed Sacrament
- you need to still hands or fold them in prayer, and keep your hands to yourself.
- You also need stay in your pew or on your mat.

**[Request parental assistance prior to Exposition:]**

Parents, our goal is to help our children know the value of spending time in Eucharistic Adoration, teach them how they can use their time before the Blessed Sacrament, and to still themselves so that they can listen to Jesus. We want our children to see Jesus as their Divine Friend, as Saint Pope John Paull II used to say - their friend that they can turn to no matter what.

As we all know, our sweeties need redirecting at times. Since I know that you have the same goals, I ask that you help encourage and guide your sweet children to show reverence before our Sacramental Lord with the items I just talked to them about.

**[If appropriate:** Also, parents are welcome and encouraged to help your younger ones with some of the questions or wonders we will come across. Please feel free to quietly discuss it with them.]

The first twenty to thirty minutes of Adoration will have extra appeal to younger children, but will still be beneficial to all age groups. A song will be sung at this point as a transition for the

youngest children that will be saying their good-byes to Jesus in the Eucharist.

**[Redirect during the Holy Hour as needed with reminders:]**

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breathes and feel the Lord's peace fill you.

**Moment of silence. (30 seconds – 1 minute)**

**[Leader should now be seated behind the children, so their attention stays focused on Jesus.]**

\_\_\_\_\_ 3-minute mark  
in plan timing.

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore (booklet)

**[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]**

**Priest/Deacon:**

**[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]**

Opening Prayer:

Let us pray.

**After a brief pause for silent prayer, the presiding minister continues:**

Lord our God,  
in this great sacrament  
we come into the presence of Jesus Christ your Son,  
born of the Virgin Mary  
and crucified for our salvation.  
May we who declare our faith in this fountain of love and mercy  
drink from it the water of everlasting life.  
We ask this through Christ our Lord.

All: Amen. <sup>2</sup>

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<sup>2</sup> No 224 Holy Communion & Worship of the Eucharist Outside Mass

Moment of silence. (30 seconds)

Leader:

——— 7-minute mark  
in plan timing.

**Key for Pauses**

.... indicates 1-2 seconds of silence  
small pause: 5-10 seconds  
pause: about 30 seconds  
silence: 30-60 seconds

Look at Jesus . . . look at God . . . in the middle of the monstrance . . . He **IS** the white host . . . .  
The host is truly, **truly** Jesus' real Body, His real Blood, His Soul and His Divinity. (small  
pause: 5-10 seconds) Amazing! . . . Jesus **IS** the white host that at Mass the priest, with the  
power of the Holy Spirit, turned from plain, nothing bread into completely, fully Jesus. (small  
pause: 5-10 seconds)

Jesus, we see You now with our very own eyes!

Take a moment now to just look at Jesus. (pause: about 30 seconds)

Jesus, You are the fulfilment of all of God's promises . . . You died for our sins . . . You  
were then buried . . . and we rejoice that then, You rose on the third day, Easter, . . . and You  
appeared to Peter and the apostles. (small pause: 5-10 seconds)

Let us again look at Jesus. Now repeat this prayer after me letting Jesus know we understand  
what He has done for us.

Jesus, You are Salvation./

You give us life./

You save us from our sin./

You have so much love, / mercy, and forgiveness for us.

We love You!

(Pause long enough so the children don't repeat after you anymore.)

Jesus, you are Real! Two thousand years ago, you walked side by side with Your followers. They  
saw You. They listened to You. They learned from You.

Now, every single day, You are at our side. . . . We can see You at Mass and Adoration . . . We  
can listen to You . . . . We can learn from You.

You enlighten us, You guide us, You show us what is good, You give us strength to follow You,  
and You free us from sin. <sup>3</sup> (pause: about 30 seconds)

<sup>3</sup> Pope Francis, The Joy of the Gospel (Evangelii Gaudium), 164-165 based on: 'Jesus Christ loves you; he gave his life to save you; and now he is living at your side every day to enlighten, strengthen and free you.'

Take a minute to just kneel in this very same room as Jesus and know that His Love saves you . . . surrounds you and fills you. <sup>4</sup> (pause: about 30-60 seconds)

Now silently in your mind or in a quiet whisper, say words of love to Jesus. Blowing kisses to Jesus or using sign language is another way to show Him your love. (pause: about 30 seconds)

Please sit.

\_\_\_\_\_ 12-minute mark  
in plan timing.

Before we started today, we said that the Kerygma is the joyful announcement that Jesus saves people from their sins. It is like hearing and then eventually telling others, “Have you heard this exciting news?! This is amazing! Guess what this man Who is also God is going to do for us!” It is exciting stuff!

The whole Gospel message, the Kerygma, can be said in four simple sentences:

God creates.  
Sin enters.  
Jesus saves.  
We respond.

Repeat the Kerygma after me. As you do, count the four points off on your fingers.

The first finger up - God creates.  
The second finger up - Sin enters.  
The third finger up - Jesus saves.  
The fourth finger up - We respond.

(small pause: 5-10 seconds)

We will now ponder those four simple sentences with more detail to increase our understanding

The first sentence of the Kerygma is God creates.

As we know, at the beginning of the world, God created everything. And He did it with Love. Humans, you and I, are God’s masterpiece, His greatest creation. God made us in His likeness and image!

In the very beginning, people lived in paradise, meaning they lived in heaven with God. They had eternal life from the start. How amazing is that!

Close your eyes. Take a moment to ponder and imagine living in heaven now. What does it look like? . . . Who do you see?

(pause: about 30 seconds)

You never feel hurt like when you skin your knees . . . you never feel sad. All you feel is happiness, joy, and love! Imagine for a moment what it would be like to only feel happiness, joy, and love.

<sup>4</sup> Pope Francis, The Joy of the Gospel (Evangelii Gaudium), 164-165 based on: ‘Jesus Christ loves you; he gave his life to save you; and now he is living at your side every day to enlighten, strengthen and free you.’

(pause: about 30 seconds)

What a beautiful place to be!

Open your eyes.

Now we come to point two.

Adam and Eve, God's masterpiece, chose to disobey God, to do something God asked them not to do. (small pause: 5-10 seconds) And that was a big deal, a huge deal! . . . This was the first sin in God's beautiful love filled creation.

Sin is when we offend God, we hurt God with our thoughts, words, or actions.

This first sin separated us from God in heaven. . . . Adam and Eve and all their children, and their children's children all the way down to us lost being born right into eternal life.

So, this is sentence number two of the Kerygma: Sin enters. (small pause: 5-10 seconds)

Sin was like a never ending, mile wide, great raging river <sup>5</sup> flowing through creation. . . . Heaven with eternal life was on one side of this raging river and now people stood stuck on the other side. There was now no possible way to cross this raging river . . . this separation . . . this death, to reach heaven. . . . It was too far to jump. . . . The river was too wild to swim across. . . . People had no material strong enough or skill great enough to reach across this river.

Let us pause a moment. If you wish, close your eyes again. Picture this great raging river in your mind. It has fast flowing water, rapids, and waves. It is so wide you can hardly see the other side.

(pause: about 30 seconds)

Feel for a moment the longing . . . the need to get to the other side of this river, but having no way to do so. And how does that make you feel?

(pause: about 30 seconds)

Open your eyes.

But there is no need to feel sad, worried, or scared that you don't know how to cross the raging river! . . . This is where part three of the Kerygma comes in: Jesus saves.

The Good News is God loves! . . . He loves us, His greatest creation, with love larger than we can imagine! . . . He loves way bigger than we can ever love. . . . God did not want us stuck on the other side of this river. He wanted to give us The Way to get back what we lost . . . The Way back to eternal life . . . The Way back to Him.

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<sup>5</sup> St. Catherine of Siena, Dialogue, (New York: Paulist Press, 1980), 58-59 refers to sin as a great raging river.



This Way . . . this solution, **is** God's only begotten Son, Jesus! . . . God, the Father, sent His Son into His creation in the form of a human. Jesus was fully human AND He was fully God!

After Jesus grew from a baby into a man, He preached to the people, He performed miracles, He cured the sick, He even forgave sins. . . . Jesus revealed that He was the Son of God with the same powers as God.

(small pause: 5-10 seconds)

Jesus preached that "the kingdom of heaven is at hand" meaning that heaven is now able to be reached because of Him. . . . And how is heaven reached? . . . Wonder about that for a moment!

(small pause: 10-20 seconds)

Heaven is reached by Jesus doing the **opposite** of Adam and Eve's disobedience. . . . Jesus **obeys** His Father absolutely by allowing Himself to suffer and die on the Cross. . . . Jesus knew His death was coming and He doesn't stop it. . . . He died for your sins, for my sins, for all people's sin. . . . He chooses to love us more than we could love Him. (small pause: 5-10 seconds)

Again, close your eyes. Take a moment now to picture Jesus on His Cross. Think about how He willingly died for us. Then tell Him a prayer of thanksgiving that He died for you.

(pause: about 30 -60 seconds)

Open your eyes if you wish.

But the story doesn't end there, does it?! . . . No! . . . Part three of the Kerygma, Jesus saves, continues! . . . God shows us His mighty power! His awesomeness! Death cannot keep God . . . Jesus is resurrected from the dead, comes back to life!

(small pause: 5-10 seconds)

People saw Jesus with their own eyes after He came back from the dead – Peter, John, Mary, and the rest of the disciples. . . . They ate with Him. They talked with Him! They saw Him and rejoiced! . . . Then they watched Him ascend, go back up to heaven to wait for both them and us to join Him.

Let us pause to look at Jesus in the Eucharist again. Can you see Him! . . . This is the Body, the Blood, the Soul, and the Divinity of Jesus! This is the same body that died for our sins. This is what Love looks like!

(pause: about 30 -60 seconds)

Because Jesus defeated . . . conquered . . . overcame death, it means that we can have eternal life with Him **if** we follow Him Who is The Way. . . . He saves us! . . . Jesus is **The Bridge** <sup>6</sup>

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<sup>6</sup> St. Catherine of Siena, Dialogue, (New York: Paulist Press, 1980), 58-59 refers to Jesus as The Bridge

that goes over that wide, raging river of sin and death. . . . Jesus, this great, beautiful Bridge, created and shining with Love, allows people . . . allows us . . . to go to heaven.

One more time, close your eyes to imagine this Bridge that is Jesus that crosses the raging river of sin. . . . Consider the Love that allowed the Bridge to go over the river.

**(pause: about 30 seconds)**

Open your eyes.

Which leads us to part four of the Kerygma: We respond.

Each of us now choose if we will respond to Jesus' saving actions. Do we ignore what Jesus did? . . . Do we pretend that raging river, that sin is not real? . . . OR, Do we cross the Bridge? . . . Do we want eternal life with God?

If we say yes, that we do want complete and total happiness in the loving presence of God, we respond by putting our trust in Jesus and follow Him. . . . We choose Him, . . . The Bridge, . . . the ONLY Bridge, . . . that allows us to cross the river of sin to enter eternal life.

Tell Jesus now what you choose. Whisper your answer to Him.

**[Whisper:]** Jesus, I choose You!

**(pause: about 15 seconds)**

Now we will use that sign language movement for Bridge that we learned earlier.



First:

Then:

When you hear the word bridge, make the sign. Look at Jesus and repeat after me:

Jesus, You are The Way to Heaven./  
You are the Bridge / that allows us to reach Heaven./  
Thank you / for being willing to be this Bridge.

**(Pause long enough so the children don't repeat after you anymore.)**

Ponder . . . think prayerfully for a minute: Once we choose to follow Jesus . . . to cross the Jesus Bridge, what do we do? How do we act?

(pause: about 30-60 seconds)

When we choose to follow Jesus, it may not always be easy to do, but it can be simply put – we act like Jesus.

Since Jesus is The Way to Heaven, we follow The Way. We choose to be like Jesus.

Jesus loves . . . so we love.

Jesus showed care to all people . . . so we show care to all people.

Jesus dislikes sin . . . so we dislike sin.

Shake your head yes or no. Are we perfect? . . . (Pause for children's response.) No! Do we have to be perfect? . . . (Pause for children's response.) No!

Shake your head yes or no. Does Jesus have endless love, mercy, and forgiveness for us? . . . (Pause for children's response.) Yes! Absolutely!

Let us tuck ourselves into a humble position before our Jesus, our Savior.

\_\_\_\_\_ 24-minute mark  
in plan timing.

Prostrate - A couple of minutes of silence.

Please kneel.

Talk to tell Him. Tell Him: Jesus, I want to follow You. Guide me so I know how. Show me what to do. Teach me how to act.

Step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing.

(Repeat as needed)

(Try for 2 or 3 minutes of silence.)

\_\_\_\_\_ 30-minute mark  
in plan timing.

Please sit.

[If in a small group setting, you may choose to do the following: During the following song, you, may quietly walk down the center aisle like at communion time . . . row by row with great respect and love for Jesus. Keep your eyes looking at Him because, of course, you can't wait to get close to Him. When you reach the front, take a moment to kneel before Jesus. Look at Jesus, THE beautiful, loving, only Bridge to Heaven. Then stand, bow to Jesus, and then return to your seat or if you need to take a little one out, you can head that way. It is okay for several children to stand at the front at the same time. Parents, please remember that if you are

allowing any of your other children to stay with us in the chapel, you need to remain in the narthex or right outside the chapel in case you are needed.]

Sing: I Will Follow (booklet)

(Place booklets down.)

\_\_\_\_\_ 35-minute mark  
in plan timing.

Please stand.

**Priest/ Deacon:**

‡ A Reading from the Holy Gospel according to Mark:  
Response: Glory to You, O Lord

“He said to them, “Go into the whole world and proclaim the gospel to every creature.

Whoever believes and is baptized will be saved.”<sup>7</sup>

The Gospel of the Lord.

Response: Praise to You, Lord Jesus Christ

Please sit.

**Brief Homily (2-3 minutes) from presider possibly from the ideas below. Or continue with the following reflection.**

Just like the apostles, it is our turn to proclaim the exciting news of the Gospel, the Kerygma.

“The very last words Jesus spoke to his disciples before he ascended into heaven were the commission to evangelize all people: “Go into the whole world and proclaim the gospel to every creature” (Mark 16:15) . . . . Evangelizing is therefore a responsibility not only of bishops, priests, and religious, but of every individual Christian.

Evangelization is, very simply, proclaiming the good news of Jesus to those around us. This proclamation is to be both in word and in deed. If we share the good news of Christ’s love in words only, not demonstrably living what we preach, people will rightly suspect us of hypocrisy, and we may even give Christianity a bad name. On the other hand, if we share the good news in deeds only, people will not learn of the One who is the source of the joy and divine love we carry within us.”<sup>8</sup>

<sup>7</sup> Mark 16: 15-16

<sup>8</sup> <https://www.unleashthegospel.org/the-letter/> The Letter: UNLEASH THE GOSPEL, PASTORAL LETTER FROM The Most Reverend Allen H. Vigneron, Archbishop of Detroit June 3, 2017

The proclamation is never old news – it is not the past – it is still a current day event!

**Leader:**

\_\_\_\_\_ 41-minute mark  
in plan timing.

Looking at Jesus, let us tell Him we know His message from the Gospel. We will count off the whole Gospel message, the Kerygma, with our fingers again.

The first finger up - God creates.

The second finger up - Sin enters.

The third finger up - Jesus saves.

The fourth finger up - We respond.

**(Pause long enough so the children don't repeat after you anymore.)**

Still looking at Jesus, repeat after me:

God, thank you for creating us /

God, we are sorry for all sin /

Jesus, thank you for saving us /

God, please help us / to respond in love to You / by saying Yes to your way of life.

**(Pause long enough so the children don't repeat after you anymore.)**

We all sin. It is our human nature after Adam and Eve's first sin. Sometimes we offend God by our actions, thoughts, and words.

**(small pause between each question: 5-10 seconds)**

Have I said mean things or hurt someone's feelings?

Am I jealous of anyone or wish bad things on someone?

Do I listen to my parents and teachers?

Do I help out when needed?

Have I been saying my prayers?

Do I trust in God at all times?

Do I give God enough attention?

Do I live my life the way Jesus wants me to?

When we name our sins, we remember how huge Jesus' love is. Know without a doubt that Jesus will always forgive us when we are truly sorry.

If needed, ask Jesus for forgiveness now, and then if you are old enough ask your parents to help you find a time to go to Reconciliation.

**(pause: about 20-30 seconds)**

As followers of Jesus, we need to pause so He can speak to us. Please kneel to prostrate before Jesus. Listen to Him so you can follow His directions.

\_\_\_\_\_ 45-minute mark  
in plan timing.

Prostrate -- Try for 3 - 5 minutes of silence.

If needed, step the children through prostration. Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body . . . Close your eyes . . . Slow your breathing . . . Try and keep your mind still and silent . . . no questions to God . . . no thinking about your day . . . Just listen to God in your heart.

(Repeat as needed)

(Try for 3 - 5 minutes of silence.)

Please sit.

Now let's take a couple of minutes to talk to Jesus about anything that you would like. It can be a thanksgiving. It can be a praise. It can be a petition or intercession. Jesus is always ready to lovingly listen to you.

Moment of silence. (30 seconds – 1 minute)

Shortly, we will be coming to a close. Take a moment quiet moment with Jesus to say good-bye before we start our closing prayers.

Moment of silence. (30 seconds)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: You are My All In All (booklet)

(Place booklets down.)

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following. <sup>9</sup>]

**Priest/Deacon:**

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,  
you have given us the true bread from heaven.  
In the strength of this food

**\*\* Important**

\_\_\_\_\_ 50-minute mark in plan  
timing. This time is  
firm. You must start  
kneeling by 50-52  
minutes past the start of  
the Adoration to close  
on time.

<sup>9</sup> No 98 Holy Communion & Worship of the Eucharist Outside Mass

may we live always by your life  
and rise in glory on the last day.

We ask this through Christ our Lord.

**All:** Amen. <sup>10</sup>

**Moment of silence. (30 seconds)**

**Leader:**

We will now have Benediction which is a wonderful blessing **directly** from Jesus. Father will wear a special veil which keeps his hands from touching the monstrance. Father will then make the Sign of the Cross over us with the Blessed Sacrament, Jesus, in the monstrance. Since Father's hands aren't touching the monstrance, we know this blessing comes right from Jesus. Make sure you make the Sign of the Cross as you receive Jesus' special blessing.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. <sup>11</sup> During the blessing, servers may incense and ring the bells, according to local tradition.]

**Priest/Deacon:**  
**Benediction**

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste spouse.  
Blessed be God in His angels and in His Saints.

**The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name**  
(booklet)

<sup>10</sup> No 226 Holy Communion & Worship of the Eucharist Outside Mass

<sup>11</sup> No 99 Holy Communion & Worship of the Eucharist Outside Mass

## Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

Prayerfully consider:

- Where do you meet Jesus and have a friendship with Jesus in your life?
- How can you build your friendship with Jesus so He can show you the Way to heaven?

Listen carefully to these words by pope Francis, “we do what we do because Jesus Christ loves you. This finds its most powerful expression in what Christ did: he gave his life to save you. This is not some distant event that is no longer relevant, for Jesus is living at your side every day—made present mysteriously through the sacraments and made personal through our ongoing dialogue in prayer.”<sup>12</sup>

**Moment of silence. (30 seconds)**

Let us now say a prayer by St. Ignatius of Loyola to help us be more like Jesus. Please repeat after me:

“O my God, / teach me to be generous, /  
 teach me to serve you as I should, /  
 to give without counting the cost, /  
 to fight without fear of being wounded, /  
 to work without seeking rest, /  
 to labor without expecting any reward, /  
 but the knowledge that I am doing your most holy will.” /

**Moment of silence. (30 seconds)**

Act of Hope **(Repeat in sections.)**

O my God, / relying on Your infinite goodness and promises, / I hope to obtain  
 pardon of my sins, / the help of Your grace, / and life everlasting, through the merits  
 of Jesus Christ, / my Lord and Redeemer. / Amen.

**(Pause long enough so the children don't repeat after you anymore.)**

<sup>12</sup> Pope Francis, *Evangelii Gaudium* (Vatican City: Libreria Editrice Vaticana, 2013), art. 164





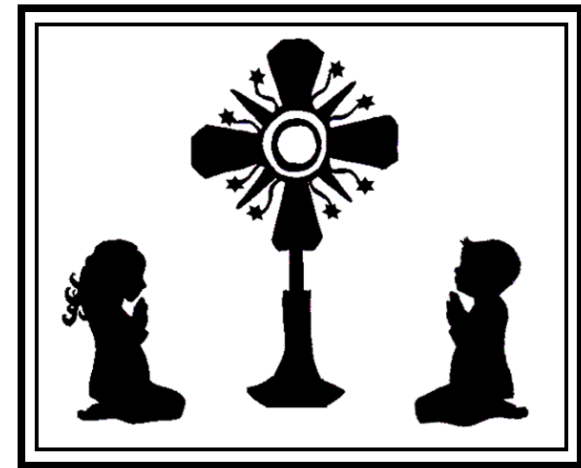
### **The Divine Praises**

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste spouse.  
Blessed be God in His angels and in His Saints.

### **Repose Song: Holy God We Praise Thy Name**

Holy God we praise Thy name; Lord of all we bow before Thee;  
All on earth Thy scepter claim; All in heaven above adore Thee.  
Infinite Thy vast domain, Everlasting is Thy reign! x2

Hark, the loud celestial hymn; Angel choirs above are rising;  
Cherubim and Seraphim, In unceasing chorus praising,  
Fill the heavens with sweet accord: Holy, holy, holy, Lord! x2



# **Guided Children's Adoration**



### **Exposition Song: Come Adore**

Gather: Comprehensive #888





### Song: I Will Follow

**Jesus, I want to follow You. Guide me so I know how. Show me what to do. Teach me how to act.**

## THE KERYGMA

1. God creates.

2. Sin enters.



3. Jesus saves.

4. We respond.

### Song: I Believe

by Karl Kohlhase, 2008 [www.k4communications.com](http://www.k4communications.com)

Your blood, Your body,  
Your soul, and Your divinity,  
Jesus, truly present  
In this most Blessed Sacrament

I believe, I believe, I believe it's true  
I believe, I believe, I believe it's You

I believe, I adore You,  
I hope, and I love You,  
Jesus, truly present  
In this most Blessed Sacrament



## References

### Books:

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### Music:

(All listed songs hold copyrights and are subject to copyright laws. Please consult your own parish's rights to use the suggested songs.)

*Come Adore: Gather: Comprehensive*, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

*Holy God, We Praise Thy Name: Gather: Comprehensive*, Chicago: GIA Publications, Inc. 1994. #524.

*I Will Follow: Album: And If Our God Is for Us...*, Chris Tomlin. 2010

*You are My All in All: Album: Girls of Grace*, Nichole Nordeman. 2002