



Guided Children's Hour of Adoration (Growing Closer to Jesus with the Rosary Theme Overview)

Introduction

Exposition of the Eucharist – Kneeling and Song: Come Adore

Opening Prayer

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

We See Jesus

Holy, Holy, Holy Repeat Prayer

Looking at Jesus with Love

Repeat After Prayer

Saints are our Role Models

The Story of St. Dominic de Guzman and the Rosary

Visio Divina

Begging Jesus to Love Him More

Rosary is a Crown of Roses

Silence is Important

Modified Rosary: Glorious Mysteries

Mother Teresa Holding Rosary Beads is Holding Our Lady's Hand

Come Close to Jesus and Song: You are My All In All

Gospel Readings: John 20:19-23

Homily

Spiritual Communion

Learning from Our Lady

Asking for World Peace

Prostrate – 4-5 Minutes of Silence

Repeat Prayer

O Sacrament Most Holy Repeat Prayer

Song: You Are

Closing Prayer

Benediction and Divine Praises

Reposition of Blessed Sacrament and Song: Holy God We Praise Thy Name

Excerpts from the English translation of Holy Communion & Worship of the Eucharist Outside Mass © 1974, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of The Roman Missal © 2010, ICEL. All rights reserved.

Scripture texts in this work are taken from the New American Bible, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, D.C. and are used by permission of the copyright owner. All Rights Reserved. No part of the New American Bible may be reproduced in any form without permission in writing from the copyright owner.

Copyright © Melissa Kirking, Round Rock, Texas

All plans, activities, information, etc. are free; however, they are only to be used for an individual parish, classroom, and personal use. They may not be published on any websites or other electronic media, or distributed in newsletters, bulletins, or any other form or sold for profit. Reproduction or retransmission of any materials, in whole or in part, in any manner, is not permitted. Plans are located on www.guidedchildrensadoration.com.

Contact Information: melissa@guidedchildrensadoration.com



Guided Eucharistic Adoration for Children Growing Closer to Jesus with the Rosary Theme

Copyright: All plans, activities, information, etc. are free; however they are only to be used for an individual parish, classroom, and personal use. They may not be published on any websites or other electronic media, or distributed in newsletters, bulletins, or any other form or sold for profit. Reproduction or retransmission of any materials, in whole or in part, in any manner, is not permitted. Plans are located on www.guidedchildrensadoration.com.

[As we wait for the children to enter and get settled, play reflective music in the background to encourage silence and reflection.]

_____ 0-minute mark
in plan timing.

Leader:

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right-side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

This is so exciting!

Where will Jesus, the Eucharist, be today?

Jesus, in the form of the Eucharist, also known as the Blessed Sacrament, which was consecrated at Mass by a priest, is placed inside the Monstrance in this clear window for us to see. Jesus is seen in the form of a white host, a white circle, in the middle of the Monstrance.

[Point to the open/clear window in the monstrance.]

Why are we here?

We are here for a special time of prayer before the Eucharistic Presence of Jesus . . . to love him . . . to receive His love too . . . to talk to Him . . . and to listen to Him.

October is the month of the Rosary, so it is a perfect month for us to grow closer to Jesus with praying and thinking about some decades of the Rosary. Pope Emeritus Benedict tells us, “When reciting the Rosary, the important and meaningful moments of salvation history are relived. The various steps of Christ's mission are traced. With Mary the heart is oriented toward the mystery of Jesus. Christ is put at the centre of our life, of our time, of our city, through the contemplation and meditation of his holy mysteries of joy, light, sorrow and glory.”

1

Be sure to take time to really think about the fact that you are in the very Presence of God!! His Body, His Blood, His Soul, and His Divinity.

Just as a reminder, everything we do reflects reverence for Jesus.

Since we are here to spend time with our Jesus, we want to show Jesus we are really paying attention to Him, not others or other things. Show Him that you are listening to Him! Some ways you can do that are by keeping our voices off, bowing your head, closing your eyes, or looking at Jesus in the Blessed Sacrament like you look at a friend when you are talking with them. You could also still your hands or fold them in prayer, only holding the worship aids when you need them.

My voice will be your guide during adoration so I will stay behind you so that I don't come between you and Jesus. Do not worry about where I am . . . just listen.

[Request parent or teacher assistance prior to Exposition:]

¹ RECITATION OF THE HOLY ROSARY *ADDRESS OF HIS HOLINESS BENEDICT XVI* Basilica of Saint Mary Major Saturday, 3 May 2008

Just a quick note, teachers/parents, if you see a student/child that needs redirecting, I ask that you help encourage and guide that child to show reverence before our Sacramental Lord with the items I just talked to them about.

[If appropriate: If parents feel you can help your younger ones with some of the questions or wonders we will come across, please feel free to quietly discuss it or help your child with them.]

About halfway through, we will sing a song which can be used as a transition for the youngest children that will be saying their good-byes to Jesus in the Eucharist.

[Redirect during the Holy Hour as needed with reminders:]

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breaths and feel the Lord's peace fill you.

[Leader should be seated behind the children.]

_____ 3-minute mark
in plan timing.

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore (hymnal)

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
 in this great sacrament
 we come into the presence of Jesus Christ your Son,
 born of the Virgin Mary
 and crucified for our salvation.
 May we who declare our faith in this fountain of love and mercy
 drink from it the water of everlasting life.
 We ask this through Christ our Lord.

All: Amen. ²

Moment of silence. (30 seconds)

_____ 5-minute mark
 in plan timing.

Key for Pauses

. . . . indicates 1-2 seconds of silence

Small/brief pause: 5-10 seconds

pause: about 30 seconds

silence: 30-60 seconds

Leader:

Take a moment to look very, very closely at the Blessed Sacrament . . . Jesus . . . with faith made strong by the Holy Spirit . . . we know that the white circle in the middle of the beautiful gold monstrance on the altar is God! (small pause: 5-10 seconds) . . . Amazing! . . . Exciting! . . . We are seeing God . . . the Maker of all things . . . we are seeing the Son of Mary! (small pause: 5-10 seconds)

Jesus, we know You are here! . . . Jesus, we kneel here . . . right in front of you . . . full of joy and gladness! . . . Wow, Jesus! We see Your Body, Blood, Soul, and Divinity! (small pause: 5-10 seconds)

² No 224 Holy Communion & Worship of the Eucharist Outside Mass

Looking at Jesus, repeat after me:

Jesus, / I see / Your Body, / Your Blood, / Your Soul, / and Your Divinity!

(Pause long enough so the children don't repeat after you anymore.)

Just like at Mass, we look at you and say, "Holy, holy, holy, Lord God of Hosts, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest." (small pause: 5-10 seconds)

Now repeat that after me in praise of Jesus. Make sure your eyes are looking at Jesus!

"Holy, holy, holy, / Lord God of Hosts, / heaven and earth / are full of your glory. / Hosanna in the highest. / Blessed is he / who comes in the name of the Lord. / Hosanna in the highest."

(Pause long enough so the children don't repeat after you anymore.)

At this moment, just like at Mass, Jesus, **You choose** to appear as something so common . . . so ordinary . . . so plain . . . You look like round flat bread. (small pause: 5-10 seconds) We don't fully understand **how** You can be bread, but because **You** said it was **true**, we trust You and we believe!

Please sit.

Moms love their children so very much . . . they look at their children with love and do things for their children with love. The Virgin Mary . . . the Blessed Mother . . . the Mother of God looked at her child . . . Jesus so many times with love and did so many things with love as He was growing up and as He revealed God's will to the people . . . as He died on the cross and He rose from the dead.

Let us look at Jesus with all of our love – the one the Blessed Mother raised and love so completely. (pause: 10-20 seconds)

Open your eyes now and look at Jesus in the Host in the monstrance before us. Repeat after me: "O Most Holy Trinity, / I adore Thee! / My God! My God! / I love You in the Most Blessed Sacrament!"³

(Pause long enough so the children don't repeat after you anymore.)

³ Fatima Prayer taught by Our Lady of Fatima

The saints are our role models. If we learn about them and follow their example, we can become better followers of Jesus.

[Simplify by leaving out the words in the blue parentheses. The words in the blue parentheses are a good addition for older children.]

Let us consider St. Dominic de Guzman, the founder of the Dominicans as a role model for you and me. We can learn from him to trust in God even when our prayers don't seem to be being answered. We can learn from him to keep praying and praying and praying!

St. Dominic was in France working hard to stop Albigensian [Al – bi – gen –sens] heresy which was really causing problems for the Catholic Church. “The Albigensians [Al – bi – gen –sens] taught some *awful* things. (They thought a person's body was bad! They thought that killing sick people and old people was okay! They thought that marriage was bad! They even thought that having babies was bad!)

They also rejected [. . . did not believe . . .] many things that we know are true. They didn't believe in the Most Holy Trinity: Father, Son and Holy Spirit. They didn't believe in the Incarnation (when Jesus, (the Second Person of the Most Holy Trinity,) became a baby in Mary's womb.) They didn't believe that Jesus was truly a man or that Mary was truly the Mother of God. They said that the Crucifixion, Death and Resurrection of Jesus was fake. (and they rejected anything to do with the Cross!)

You are probably wondering how in the world could people listening to the Albigensians [Al – bi – gen –sens] believe the things that they taught? Well, the Albigensians lived very strict lives with very little comfort. They "looked holy." Many people noticed this and mistakingly thought that the Albigensians must really be holy. Because of this, people assumed what the Albigensians taught must be true.

. . . Well, Dominic thought it was pretty awful. He wanted people to understand that what the Albigensians [Al – bi – gen –sens] taught was wrong. It was a heresy! He knew that he needed to help people understand the error in this way of thinking. So Dominic traveled to France to preach against this heresy. However, even though Dominic was a very gifted preacher, hardly anyone listened. They rejected what Dominic said about the way that Jesus wanted them to live. He tried and tried but his efforts gained very few people changing their hearts and minds.

Dominic became discouraged. He had never come up against such resistance and stubbornness!

(So in the year 1208,) Dominic decided to go deep into a forest (near Toulouse, France) to pray. He went there to beg God for help. Dominic asked God to provide him with what exactly was needed in order to overcome the terrible Albigensian [Al – bi - gen -sens] Heresy.

Dominic spent three whole days praying and fasting in the forest. After three days, Dominic looked up into the sky and saw three mighty Angels along with a ball of fire! As he watched in amazement, the Angels disappeared and then our beautiful Blessed Mother appeared! Our Lady told Dominic that he must preach her Psalter [salt – er] in order to succeed in his struggle to overcome the Albigensians [Al – bi - gen -sens].

Our Lady's Psalter is the Holy Rosary!

The Blessed Mother told Dominic which Mysteries should be preached. The particular stories or Mysteries of Jesus that she told Dominic would correct the errors of the Albigensians by focusing on the Incarnation, Death and glorious Resurrection of her Son! . . .

Jesus sent Mother Mary to tell Dominic the solution! Dominic was able to bring tons of people back to following the true teachings of Jesus through the Rosary!”⁴

We are now going to do a Visio Divina. We will pass out a picture of a painting of the Blessed Mother presenting the Rosary to Saint Dominic. Study the Painting. Look closely at the details and imagine yourself in the scene. Feel the emotions of being with the Blessed Mother. Then take time to prayerfully consider some of the listed ideas and talk to Jesus. End with some quiet listening to Jesus in case He has something to tell you.

(Try for 3-4 minutes of silence.)

_____ 20-minute mark
in plan timing.

We might not have the Blessed Mother appear to **us**, but she and Jesus **always** listen to us and help us . . . even if we don't understand how at the moment.

St. Dominic begged God . . . meaning he prayed over and over asking for the same thing. Let us take a moment to beg Jesus too. Let us beg Jesus now that we can love Him more and more. Let us beg Him that our deep love for Him in the Eucharist helps others to believe and love Him more.

You can repeat our begging to God after me:

⁴ <https://www.catholickids101.com/saint-dominic-ck101-page>

Please Jesus . . . / please . . . / help me to love you more and more . . . / please Jesus . . . / help me to love you with big love . . . / huge love . . . / Oh Jesus . . . / help me to love you deeper and deeper . . . / Jesus help me be an example / that helps others love You more . . . / help me to shine / with love for you! / Oh, please Jesus, please! . . . / help me to love you more and more.

(Pause long enough so the children don't repeat after you anymore.)

Continue on your own for another minute.

(1 Minute of silence.)

The word Rosary means “Crown of Roses.” Everytime people say the Rosary devoutly they place a crown of...roses upon the heads of Jesus and Mary. Let us now each place a crown of roses upon Mary and Jesus’ heads by praying the Rosary focusing on the Glorious Mystery which are traditional said on Wednesdays.

We are going to pray a condensed Rosary by praying two Hail Marys of each decade. I will announce each of the five mysteries so you can bring to mind that particular moment of Jesus and Mary.

St. Pope John Paul II reminds us that “it is fitting to pause and focus one's attention for a suitable period of time on the mystery concerned, before moving into vocal prayer.” So I will give a pause after I announce the decade too.

The Sign of the Cross
Our Father

The First Glorious Mystery is the Resurrection of Jesus. With this mystery, we ponder . . . prayerful think about Jesus who rose from the dead after he had been crucified. Dead no more, Jesus had opened the gates of heaven for us all!

(small pause: 5-10 seconds)

2 Hail Marys

The Second Glorious Mystery is the Ascension of Jesus. With this mystery, we ponder . . . prayerful think about how forty days after Jesus rose from the dead that in front of his apostles, He went back up to heaven. But we remember that just like He promised, He is with us on

earth in the Blessed Sacrament right before us now.

(small pause: 5-10 seconds)

2 Hail Marys

The Third Glorious Mystery is the Descent of the Holy Spirit at Pentecost. With this mystery, we ponder . . . prayerful think about the Holy Spirit coming down upon the disciples and Mary in form of tongues of fire. We remember that the Holy Spirit is the one who guides us and teaches us.

(small pause: 5-10 seconds)

2 Hail Marys

The Fourth Glorious Mystery is the Assumption of Mary into Heaven. With this mystery, we ponder . . . prayerful think about Jesus and His mother reuniting in heaven. We remember that not only her soul was brought to heaven, but also her body.

(small pause: 5-10 seconds)

2 Hail Marys

The Fifth Glorious Mystery is the Coronation of Mary as Queen of Heaven and Earth. With this mystery, we ponder . . . prayerful think about God, the Father, the Son, and the Holy Spirit crowning Mary the Queen of Heaven. What a beautiful honor! What a beautiful mother to us . . . the queen of our hearts.

(small pause: 5-10 seconds)

2 Hail Marys

Glory Be

O my Jesus

Sign of the Cross

(small pause: 5-10 seconds)

Let's consider Mother Teresa who always carried a rosary in her hand. When asked why she carried it, when she couldn't possibly be praying it, she replied that she was holding Mary's

hand.⁵

“As the Missionaries of Charity pass through the dirty streets and back alleys in every corner of the world, they pray the Rosary.

They pray with Our Lady in search of lost souls.

...

It’s been said that to hold the Rosary beads within one’s hand, is to hold Our Lady’s hand, as a child trustingly grasps a mother’s hand...”

By holding the Blessed Mother’s hand, we are trusting in her who gave birth to the Savior of all mankind,

By holding the Blessed Mother’s hand, we are trusting in her example of what it means to totally and completely trust God,

And we are trusting that she will lead us to her Son.

... never forget that Our Lady stands nearer than we can know, to guide us, encourage us, and strengthen us.”⁶

_____ 20-minute mark
in plan timing.

[If in a small group setting, you may choose to do the following: We will have our transition song now. During the following song, you can quietly walk down the center aisle like at communion time . . . row by row with great respect and love for Jesus. Keep your eyes looking at Him because, of course, you can’t wait to get close to Him. As you approach Jesus, hold your rosary . . . just like Mother Teresa . . . hold it like you are holding Mary’s hand. Kneel or stand with the Blessed Mother . . . Jesus’ mother before her Son. You might even say words of praise with her to Jesus. Then stand, bow to Jesus, make the Sign of the Cross, and return to your seat or if you need to take a little one out, you can head that way. It is okay for several children to stand at the front at the same time. Parents, please remember that if you are allowing any of your other children to stay with us in the chapel, you need to remain in the narthex or right outside the chapel in case you are needed.]

Song: You are My All In All (booklet) x 2

_____ 28-minute mark
in plan timing.

Please stand for a Gospel Reading.

Priest/ Deacon:

The Lord be with you.

Response: And also with you.

⁵ Mother Teresa: In the Shadow of Our Lady by Joseph Langford

⁶ <https://www.facebook.com/jeffreybrunophotojournalist/posts/st-mother-teresa-on-the-rosary-as-the-missionaries-of-charity-pass-through-the-d/880487295941013>

‡ A Reading from the Holy Gospel according to John ⁷

Response: Glory to You O Lord

On the evening of that first day of the week, when the doors were locked, where the disciples* were, for fear of the Jews, Jesus came and stood in their midst and said to them, “Peace be with you.”

When he had said this, he showed them his hands and his side.* The disciples rejoiced when they saw the Lord.

[Jesus] said to them again, “Peace be with you. As the Father has sent me, so I send you.”

And when he had said this, he breathed on them and said to them, “Receive the holy Spirit.

Whose sins you forgive are forgiven them, and whose sins you retain are retained.”

The Gospel of the Lord.

Response: Praise to you, Lord Jesus Christ

Please be seated.

Brief 2–3-minute Homily from presider. Or continue to the following reflection.

_____ 32-minute mark
in plan timing.

Leader:

Look at Jesus and repeat after me a very simple **Act of Spiritual Communion** which extends the graces of your last in-person Communion which help you to be more loving like Jesus, the One that you ate at Mass . . . the One that we sit with this very moment.

Even if you haven’t received your First Communion, Jesus gives you graces when you say an Act of Spiritual Communion. So, repeat after me now.

Jesus, / I know you are the Eucharist. / I love You. / Come to my heart.
x 2 / Amen.

⁷ John 20:19-23

(Pause long enough so the children don't repeat after you anymore.)

There are some wonderful things that we can learn about the Rosary and put into practice in our lives.

St. Padre Pio shares with us to “Love the Madonna and pray the rosary, for her rosary is the weapon against the evils of the world today. All graces given by God pass through the Blessed Mother.”

Also, Our Lady of Fatima . . . the Blessed Mother herself . . . appeared to the three shepherd children and her message was clear, “Pray the Rosary every day in order to obtain peace for the world.”

We prayed our modified Rosary. In your heart or quietly aloud, let each of us now give the Rosary we prayed to Jesus and Mary to obtain peace everywhere in the world. You could even imagine placing that rosary in your hand and holding it up to Jesus and Mary in heaven.

(Silence: 30-60 seconds)

We are going to try for 4 or 5 minutes of quiet prayer now in our hearts.

——— 34-minute mark
in plan timing.

Prostrate - **Try for 4 or 5 minutes of silence.**

You can choose to prostrate (where you kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you) or just sit and close your eyes. If you wish, open your hand and imagine Jesus holding it . . . You can even imagine leaning your shoulder up against Jesus' side and snuggling up against Him.

Let us speak to Jesus in our hearts about anything that you would like.

Take some time to share your heart with Jesus. Tell Him about your day. Tell Him the things that make you happy. Thank Him for your blessings. Talk to Him about the things that make you worry. Tell Him how amazing and wonderful He is.

Step the children through prostration. Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing. . . . Speak to Jesus with your heart.

(Repeat as needed.)

(Try for 4 or 5 minutes of silence.)

Now let us listen to Jesus.

Again still your body. . . . Close your eyes. . . . Slow your breathing. . . . Speak to Jesus with your heart.

(Repeat as needed.)

(Try for 2 minutes of silence.)

Please sit.

Looking at Jesus repeat after me:

Jesus, You can do anything / because You are God!
 Jesus, I believe You change a flat circle bread into You.
 Jesus, I believe the Eucharist is Your Real Body. /
 Jesus, I believe the Eucharist is Your True Blood. /
 Jesus, I believe the Eucharist is Your Soul. /
 Jesus, I believe the Eucharist is Your Divinity. /
 Jesus, I believe without a doubt, / that I am looking at You!

(Pause long enough so the children don't repeat after you anymore.)

Looking a Jesus, repeat after me:

O Sacrament most Holy, /
 O Sacrament Divine, /
 All praise and all thanksgiving, /
 Be every moment Thine.

(Pause long enough so the children don't repeat after you anymore.)

Something for us to keep in mind before we go, Saint Pope John Paul II tells us that “The family that recites the Rosary together reproduces something of the atmosphere of the household of Nazareth: its members place Jesus at the centre, they share his joys and sorrows,

they place their needs and their plans in his hands, they draw from him the hope and the strength to go on.”

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: You Are (booklet)

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following. ⁸]

Priest/Deacon:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
you have given us the true bread from heaven.
In the strength of this food
may we live always by your life
and rise in glory on the last day.

We ask this through Christ our Lord.

All: Amen. ⁹

Moment of silence.

Leader:

Father/Deacon will now do Benediction, our special blessing from Jesus like in our second story. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in

*** Important**

50-minute mark in plan timing.

This time is firm.

You must start

kneeling by 48-50

minutes past the

start of the

Adoration to close

on time.

⁸ No 98 Holy Communion & Worship of the Eucharist Outside Mass

⁹ No 226 Holy Communion & Worship of the Eucharist Outside Mass

silence. ¹⁰ During the blessing, servers may incense and ring the bells, according to local tradition.]

**Priest/Deacon:
Benediction**

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name
(booklet)

Just a reminder that the prayers – whether they be short or long and the reflections that we do during this Holy Hour can all be done in the quiet of your heart when you come to a quiet time of Adoration in the Perpetual Adoration Chapel or as you prepare for Mass.

¹⁰ No 99 Holy Communion & Worship of the Eucharist Outside Mass

Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

St. Pope John Paul II said, "The Rosary, though clearly Marian in character, is at heart a Christ-centered prayer. It has all the depth of the gospel message in its entirety. It is an echo of the prayer of Mary, her perennial Magnificat for the work of the redemptive Incarnation"

St. Pope John Paul II said, "The Rosary is my favorite prayer. A marvelous prayer! Marvelous in its simplicity and its depth. In the prayer we repeat many times the words that the Virgin Mary heard from the Archangel, and from her kinswoman Elizabeth."

Now take a moment to ask Jesus to come into your heart at least ten times slowly . . . maybe even twenty . . . As you look at Him, you can count off on your fingers. Imagine Jesus actually standing in the middle of your heart . . . and as He is there in your heart you feel His love growing inside of **your** heart . . . making your heart bigger and bigger . . . more and more able to love like Jesus

(Start and pace the children by slowly saying the first one or two:)

Jesus, come into my heart.

(Silence: 30-60 seconds)

We believe that our Jesus is really present, hidden in the Eucharist. Together let us say the Act of Faith. (Repeat in sections.)

O my God, I firmly believe that You are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

(Pause long enough so the children don't repeat after you anymore.)

We hurt Jesus with our sins. Take a moment to ask Jesus to help you remember all your sins. Then tell Him you are sorry. He loves you so much that He will always forgive you. If needed, find a time to go to the Sacrament of Reconciliation.

Together let us say the Act of Love. (Repeat in sections.)

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

(Pause long enough so the children don't repeat after you anymore.)

Act of Hope

O my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

(A moment of silence.)



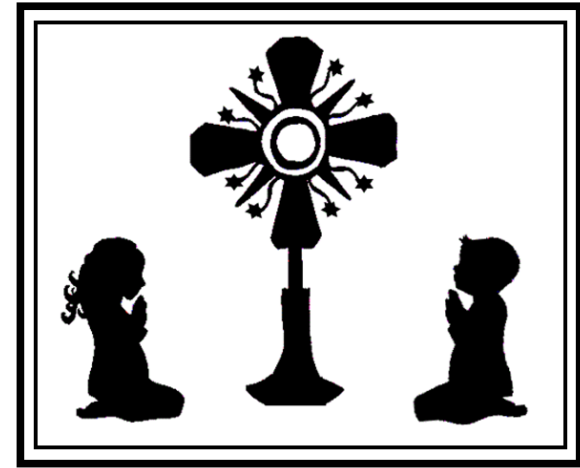
The Divine Praises

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

Repose Song: Holy God We Praise Thy Name

Holy God we praise Thy name; Lord of all we bow before Thee;
All on earth Thy scepter claim; All in heaven above adore
Thee. Infinite Thy vast domain, Everlasting is Thy reign! x2

Hark, the loud celestial hymn; Angel choirs above are rising;
Cherubim and Seraphim, In unceasing chorus praising,
Fill the heavens with sweet accord: Holy, holy, holy, Lord! x2



Guided Children's Adoration

Exposition Song: Come Adore

Gather: Comprehensive #888



References

Books:

Excerpts from the English translation of the *Catechism of the Catholic Church* for use in the United States of America Copyright © 1994, United States Catholic Conference, Inc. -- Libreria Editrice Vaticana. Used with Permission.

Excerpts from the English translation of *Holy Communion & Worship of the Eucharist Outside Mass* © 1974, ICEL. All rights reserved.

Scripture texts in this work are taken from the *New American Bible, revised edition* © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, D.C. and are used by permission of the copyright owner. All Rights Reserved. No part of the New American Bible may be reproduced in any form without permission in writing from the copyright owner.

Online:

Website: *Catholic Kids 101*. Article: *Saint Dominic & the Rosary*. Website creator: Jean Prather. <https://www.catholickids101.com/saint-dominic-ck101-page>

Music:

(All listed songs hold copyrights and are subject to copyright laws. Please consult your own parish's rights to use the suggested songs.)

Come Adore: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

Holy God, We Praise Thy Name: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #524.

You Are: by Aly Aleigha, 2015, Album: Jealous Love

You are My All in All, Nichole Nordeman, 1994, Album: WOW Worship (Yellow)