



Guided Children's Hour of Adoration (Eucharistic Revival Theme Overview)

Welcome and Introduction

Exposition of the Eucharist – Kneeling and Song: Come Adore

Opening Prayer

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

Jesus Presence on Earth

Ponder Reflection

Repeat after Me Prayer

Gospel Reading: Matthew 26:26-29

Homily/Reflection

Love Jesus

Popular Things Reflection and Pondering

Transition Song: All in All & Children Kneel before the Blessed Sacrament

Snuggle with Jesus

Eucharist Litany Written by Melissa Kirking Based on CCC 1374-1381

Ponder Questions

Good-byes

Song: I Believe

Closing Prayer

Benediction and Divine Praises

Reposition of Blessed Sacrament and Song: Holy God We Praise Thy Name

Based on previous plans' rubrics that have been published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops

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Guided Eucharistic Adoration for Children Eucharistic Revival Theme

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[As we wait for the children to enter and get settled, play reflective music in the background to encourage silence and reflection.]

_____ 0-minute mark
in plan timing.

Leader:

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right-side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

Welcome! I am delighted that you are here!

Something special is going on in our country right now. The entire United States, **all 50 states**, are in a three-year Eucharistic Revival.

Raise your hand if you think you know what revival means. (small pause for children's responses)

It means to make something popular, a favorite, or an even better word is to make **important** again.

And Eucharist means? (small pause for children's responses)

Yes! Jesus in the Blessed Host, also called Blessed Sacrament and the Eucharist.

And we will be spending time with Him today, right? (small pause for children's responses)

So, the purpose of the Eucharistic Revival is to encourage all people, especially Catholics, to think about the Eucharist more and more. The Revival hopes that all people will start to take more interest in Jesus in the Eucharist. There is great hope that people will make the Eucharist an important part of their everyday life . . . that the Eucharist becomes something they cannot live without. The hope is that over these three years that Jesus, the Blessed Sacrament, also known as the Eucharist, becomes **wildly and endlessly popular!**

Let me ask you a question. Have you thought about the Eucharist today? (small pause for children's responses) Of course, since you were coming here today and are here now! We are thinking and talking about the Eucharist right now.

What about yesterday? Did you think about Jesus in the Eucharist yesterday? (small pause for children's responses)

Do you think about the Eucharist every single day? There is no right or wrong answer. (small pause for children's responses)

Now for comparison I want you to think about a popular toy or video game or even a popular movie, perhaps Pokémon cards, Minecraft or maybe Paw Patrol. What is popular to you? What is important to you? What happens when something is popular or is our favorite?

We talk about it A LOT! We talk to our friends about it. We talk to our brothers and sisters about it. We talk to our parents about it. We can't wait to see it, play with it or play it! When we have free time, we use it or watch it or think about it. You might even want to put it in your backpack to bring to school. You might even draw pictures about it.

This is what we want for Jesus, the Eucharist! To be crazy about Him! To love Him so much that that we think about Him all the time! To talk to others about the Eucharist **all the time!** To bring Him with us everywhere we go! We want Him to be our most favorite thing in all the world! We don't need a backpack for that! We can carry Him in our hearts.

This is so exciting!

Let's transition now. Where will Jesus, the Eucharist, be today? (small pause for children's responses)

Yes! Right here.

[Point to the open/clear window in the monstrance.]

So as a reminder, Jesus, in the form of the Eucharist, also known as the Blessed Sacrament, which was consecrated at Mass by a priest, is placed inside the Monstrance in this clear window for us to see. Jesus is seen in the form of a white host, a white circle, in the middle of the Monstrance.

So, why are we here? (small pause for children's responses)

We are here for a special time of prayer before the Eucharistic Presence of Jesus . . . to love him . . . to receive His love too . . . to talk to Jesus . . . and to listen to Jesus.

Because of this, we want to be sure to take time to really think about the fact that we are in the very Presence of God!! His Body, His Blood, His Soul, and His Divinity.

Just as a reminder, everything we do reflects reverence for Jesus.

Since we are here to spend time with our Jesus, we want to show Jesus we are really paying attention to Him, not others or other things. So, you want to show Him that you are listening to Him.

Some ways you can do that are by keeping our voices off, bowing your head, closing your eyes, or looking at Jesus in the Blessed Sacrament. You can look at Jesus like you look at a friend when you are talking with them. You could also still your hands or fold them in prayer, and only holding the worship aids when you need them. I'll let you know when that is.

My voice will be your guide during adoration so I will stay behind you so that I don't come between you and Jesus. Do not worry about where I am . . . just listen.

Let's practice a sign language word we will use in today's Adoration: "adore."

[Demonstrate and let the children practice]

Raise up the hand you write with into a square with your knuckles flat on top. Then place your non writing hand on top.



[non-dominate hand on top]

[Request parent or teacher assistance prior to Exposition:]

Just a quick note, teachers/parents, if you see a student/child that needs redirecting, I ask that you help encourage and guide that child to show reverence before our Sacramental Lord with the items I just talked to them about.

_____ 3-minute mark
in plan timing.

[If appropriate: Also, parents are welcome and encouraged to help your younger ones with some of the questions or wonders we will come across. Please feel free to quietly discuss it with

them.]

About halfway through, we will sing a song which can be used as a transition for the youngest children that might be ready to say their good-byes to Jesus in the Eucharist.

[Redirect during the Holy Hour as needed with reminders:]

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breathes and feel the Lord's peace fill you.

[Leader should now be seated behind the children, so their attention stays focused on Jesus.]

_____ 6-minute mark
in plan timing.

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore (hymnal)

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
in this great sacrament
we come into the presence of Jesus Christ your Son,
born of the Virgin Mary
and crucified for our salvation.
May we who declare our faith in this fountain of love and mercy
drink from it the water of everlasting life.
We ask this through Christ our Lord.

All: Amen. ¹

Moment of silence. (30 seconds)

_____ 10-minute mark
in plan timing.

Key for Pauses

. . . . indicates 1-2 seconds of silence
Small/brief pause: 5-10 seconds
pause: about 30 seconds
silence: 30-60 seconds

Leader:

Take a moment to really look at the Blessed Sacrament . . . to look at Jesus, the white circle in the middle of the fancy monstrance. (small pause: 5-10 seconds) Like the priest proclaims at Mass, “Behold (look at) the Lamb of God.” Your eyes are seeing **God** this very second! (small pause: 5-10 seconds)

Jesus knows you are here! . . . He sees you! You are looking at Him . . . and He is looking at you. (small pause: 15 seconds)

Please sit.

Jesus, . . . if You were to appear here in this chapel like you do in Heaven in all your glory, greatness, and majesty, people would come running to the chapel to see You . . . People would certainly be talking about You to their friends and families . . . Our friends might say, “Hey, have you heard! Jesus is appearing at St. William’s [replace with your parish name] Go to the chapel! You can **see** Him! You can **talk** to Him!” (small pause: 5-10 seconds)

Jesus, it might even get so crazy with so many people trying to get in the chapel to see You here on earth as the saints and angels see You in Heaven . . . There might even be a line that we have to stand in for hours as we wait to see You for just a moment before it is someone else’s turn. . . Jesus, You would be so popular **because** of the glory You could choose to show! (small pause: 5-10 seconds)

Children, now close your eyes for a moment. Imagine the craziness that might happen here in this chapel with lines of people waiting and whispering in hopes of being able to see Jesus for a just a moment. (small pause: 5-10 seconds)

Imagine having to stand in that line to just get a peek at Jesus.

[Silence: 30-60 seconds]

Open your eyes.

Jesus! . . . You are here now! We did not have to wait in a long line to see You. And we don’t have to hurry to leave so someone else can have a turn. (small pause: 15 seconds)

¹ No 224 Holy Communion & Worship of the Eucharist Outside Mass

At this moment Jesus, just like at Mass, **You choose** to appear as something so common . . . so ordinary . . . so plain . . . You appear as bread . . . We don't fully understand **how** You can be bread, but because **You** said it was **true**, we trust You and we believe!

Children, look at Jesus in the Eucharist and let's take a moment to ponder . . . to think on these questions I will ask.

Why Jesus, do you hide your amazingness and glory to appear as round flat circle of bread? (small pause: 5-10 seconds)

Is it so I can come to You anytime? (small pause: 5-10 seconds)

Is it so I don't have to stand in lines for hours to see you? (small pause: 5-10 seconds)

Jesus, is it so I don't get so nervous sitting here talking and listen to You because you are plain looking instead of in all Your heavenly glory? (small pause: 5-10 seconds)

Keeping your eyes on Jesus in the Host. Repeat after me:

Amazing Lord! / You are really here! / I am thrilled to sit and be with You! /
Jesus, thank You for being here on earth / in a way I can always come to you without
long lines. / Thank you for waiting for me in the Eucharist / so I don't have to wait for
You when I want to see you. / Help me to want to see you more and more!

(Pause long enough so the children don't repeat after you anymore.)

_____ 17-minute mark
in plan timing.

Please stand for a Gospel Reading.

Priest/ Deacon:

The Lord be with you.

Response: And also with you.

✠ A Reading from the Holy Gospel according to Matthew ²

Response: Glory to You O Lord

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body."

Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you,

for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father."

The Gospel of the Lord.

² Matthew 26:26-29

Response: Praise to you, Lord Jesus Christ

Please be seated.

Brief 2–3-minute Homily from presider. Or continue to the following prayer.

_____ 25-minute mark
in plan timing.

Leader:

Now take a moment to tell Jesus you love Him at least ten times slowly as you look at Him. If you find it helpful, you can count off on your fingers. You could even blow Him a kiss or two to show your love

[Start and pace the children by slowly saying the first one or two:]

I'll start us off: Jesus, I love You.

(Pause long enough for the children to say their "I love yous.")

We are going to ponder, prayerfully think again. By yourself in your mind or quietly whispering with your parent's help, answer these questions. Make sure to include Jesus and tell Him your answers.

What is a popular, a favorite for you? Is it a toy, game, or show. (small pause: 5-10 seconds)

Is your favorite thing exciting for you? You can even shake your head yes or no to show Jesus your answer. (small pause: 5-10 seconds)

Do you talk a lot about this favorite item to your friends and family? (small pause: 5-10 seconds)

Do you spend a lot of time playing or thinking about this item? (small pause: 5-10 seconds)

Now I ask you, **is Jesus in the Eucharist popular to you, a favorite for you?** (small pause: 5-10 seconds)

Do you think about Jesus in the Eucharist all the time? **I mean all THE time?** (small pause: 5-10 seconds)

Do you get super excited to see Jesus in the Eucharist at Mass and in Adoration? (small pause: 5-10 seconds)

Do you talk a lot about the Eucharist over and over again to your friends and family? (small pause: 5-10 seconds)

Now, answer this: Is Jesus as important to you as your favorite toy, game, or show? (small pause: 5-10 seconds)

Take a moment now to ask Jesus to help your love for Him to grow bigger and bigger . . .

stronger and stronger. (small pause: 5-10 seconds)

Next ask Jesus to help you feel super excited to see Him at Mass. (small pause: 5-10 seconds)

And now ask Jesus to help you feel super excited to see Him during Adoration. (small pause: 5-10 seconds)

Lastly, ask Jesus to help you feel that He is THE most popular . . . the most important . . . person, thing, game, or anything in your life. (small pause: 5-10 seconds)

_____ 28-minute mark
in plan timing.

[If in a small group setting, you may choose to do the following: We will have our transition song now. During the following song, you can quietly walk down the center aisle like at communion time . . . row by row with great respect and love for Jesus. Keep your eyes looking at Him because, of course, you can't wait to get close to Him. When you reach the front, take a moment to kneel before Jesus with your head bowed in respect for Jesus. Then stand, bow to Jesus, make the Sign of the Cross, and return to your seat or if you need to take a little one out, you can head that way. It is okay for several children to stand at the front at the same time. Parents, please remember that if you are allowing any of your other children to stay with us in the chapel, you need to remain in the narthex or right outside the chapel in case you are needed.]

Song: You are My All In All (booklet)

_____ 34-minute mark
in plan timing.

[At the end of the song, everyone should return to their pews.]

Leader:

Nod your head yes or no. Who has ever just sat snuggled up against their mom or dad or grandparent? (small pause: 5 seconds) It's a good feeling, isn't it? (small pause: 5 seconds)

Sometimes you don't even have to say anything. Right? (small pause: 5 seconds) . . . you just sit with them. This is a great thing . . . to sit with someone you love . . . to sit with someone who loves you so much . . . As you sit together, you might even get a feeling of calm or happiness during that snuggle, while you sit there being loved.

Let's do that with Jesus now.

Still your body. . . . Be as still as you can . . . Close your eyes. . . . Slow your breathing. . .

Imagine sitting down next to Jesus or Him coming to sit by you. You scoot up close to Jesus . . . leaning your shoulder up against His side and snuggling in against Him. Or if you prefer, open your hand beside you and imagine Jesus holding it . . . Stay snuggled up against Jesus for 2 or 3 minutes feeling His love in the quiet. Even if you can't feel His love, without a doubt Jesus' love covers you from head to toe.

(Try for 2 or 3 minutes of silence.)

Still staying snuggled against Jesus or holding Jesus' hand open your eyes to look at Him in the Eucharist. Is there anything you want to say to Jesus? A praise? A thanks? An ask for help?

Just to say you love Him again? Let's take 2 minutes to talk to Him in this quiet.

(Try for 2 minutes of silence.)

Still staying snuggled, take a moment to sweep all thoughts away like with a broom to clear your mind. Now take 2 minutes to just listen in case there is anything Jesus wants to tell you..

(Try for 2 minutes of silence.)

_____ 44-minute mark
in plan timing.

Please stand.

We will now adore Jesus . . . love Jesus for Who He is. I will say a line and then you will respond with "I adore you" while making the adore sign with your hands. ³

Remember raise up the hand you write with into a square with your knuckles flat on top. Then place your non writing hand on top.



[non-dominate hand on top]

Jesus, truly present in the Eucharist before us!

R. I adore You!

Jesus, Your Body, Blood, Soul, and Divinity in the Eucharist!

R. I adore You!

Jesus, You **are** the Eucharist, not made by nature, but made by the Holy Spirit!

R. I adore You!

Jesus, changed from bread into something that was not there before – Your Body!

R. I adore You!

Jesus, Who only looks like bread, but is really You, our God!

R. I adore You!

Jesus, Who is just as present in a tiny piece of the consecrated bread as You are fully present in a full, unbroken consecrated bread!

R. I adore You!

Jesus, Who was placed in the Monstrance with so much care!

R. I adore You!

Jesus, present in a unique, unexplainably way in the Eucharist!

R. I adore You!

Jesus, in Your Sacramental clothes!

R. I adore You!

³ Written by Melissa Kirking Based on CCC 1374-1381

Jesus, Who is with me and loves me until the end of time!

R. I adore You!

Jesus, Who waits for me to come visit Him in the Eucharist!

R. I adore You!

Jesus, even though my eyes cannot see Your glory, I have faith in Your Words that **this bread is You!**

R. I adore You!

(Pause long enough so the children don't respond anymore.)

_____ 47-minute mark
in plan timing.

Now that we have asked Jesus to help Him become our favorite person, what can we do to become more excited about Jesus and closer to Him?

Please sit.

Again, let us ponder and consider:

Could you choose to talk about Jesus with your friends.? Maybe something like . . . I was talking with Jesus the other day . . . He sure helped me feel better. (small pause: 5-10 seconds)

Can you talk to Jesus about everything and anything? Big things? Small things? Jesus, my friend is sick, please help them. Or, Jesus, this playground is so fun. I love the swings! (small pause: 5-10 seconds)

Could you post notes with Jesus' name on it around your home and car and in your backpack to remind you to talk to him? (small pause: 5-10 seconds)

Could you share about how Jesus was with you during your day at the dinner table? (small pause: 5-10 seconds)

Could you ask to come visit the Eucharist in Adoration or go to Mass an extra rime during the week? (small pause: 5-10 seconds)

Can you think of any other ideas? (small pause: 5-10 seconds)

It is about time to start our closing. If you have anything else to talk with Jesus about, please take a moment to do so.

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: I Believe

[During the song, the minister may incense the Holy Eucharist. After the song is finished, he stands and sings or says a prayer such as the following. ⁴]

* **Important**
_____ 50-minute mark in
plan timing.
This time is firm.
You must start
kneeling by 48-50
minutes past the
start of the
Adoration to close
on time.

⁴ No 98 Holy Communion & Worship of the Eucharist Outside Mass

Priest/Deacon:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
you have given us the true bread from heaven.
In the strength of this food
may we live always by your life
and rise in glory on the last day.

We ask this through Christ our Lord.

All: Amen. ⁵

Moment of silence.

Leader:

Father/Deacon will now do Benediction, our special blessing from Jesus like in our second story. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. ⁶ During the blessing, servers may incense and ring the bells, according to local tradition.]

Priest/Deacon:
Benediction

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

⁵ No 226 Holy Communion & Worship of the Eucharist Outside Mass

⁶ No 99 Holy Communion & Worship of the Eucharist Outside Mass

Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name
(booklet)

Just a reminder that the prayers – whether they be short or long and the reflections that we do during this Holy Hour can all be done in the quiet of your heart when you come to a quiet time of Adoration in the Perpetual Adoration Chapel or as you prepare for Mass.

Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

Looking at Jesus repeat after me:

Jesus, You can do anything / because You are God!
 Jesus, I believe You change a flat circle bread into You.
 Jesus, I believe the Eucharist is Your Real Body. /
 Jesus, I believe the Eucharist is Your True Blood. /
 Jesus, I believe the Eucharist is Your Soul. /
 Jesus, I believe the Eucharist is Your Divinity. /
 Jesus, I believe without a doubt, / that I am looking at You!

(Pause long enough so the children don't repeat after you anymore.)

Looking at Jesus, repeat after me:

O Sacrament most Holy, /
 O Sacrament Divine, /
 All praise and all thanksgiving, /
 Be every moment Thine.

(Pause long enough so the children don't repeat after you anymore.)

Just like the angels and saints in heaven, look at Jesus, repeat after me:

"Holy, Holy, Holy, Lord God of hosts." Isaiah 6:3

(Pause long enough so the children don't repeat after you anymore.)

We believe that our Jesus is really present, hidden in the Eucharist. Together let us say the Act of Faith. (Repeat in sections.)

O my God, I firmly believe that You are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

(Pause long enough so the children don't repeat after you anymore.)

Together let us say the Act of Love. (Repeat in sections.)

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

(Pause long enough so the children don't repeat after you anymore.)

Act of Hope

O my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

(A moment of silence.)



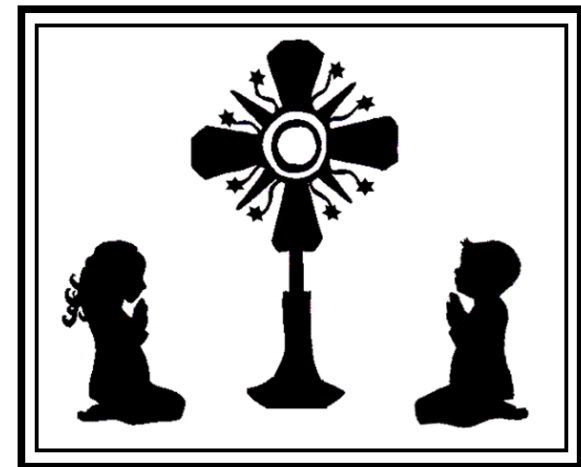
The Divine Praises

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

Repose Song: Holy God We Praise Thy Name

Holy God we praise Thy name; Lord of all we bow before Thee;
All on earth Thy scepter claim; All in heaven above adore Thee.
Infinite Thy vast domain, Everlasting is Thy reign! x2

Hark, the loud celestial hymn; Angel choirs above are rising;
Cherubim and Seraphim, In unceasing chorus praising,
Fill the heavens with sweet accord: Holy, holy, holy, Lord! x2



Guided Children's Adoration



Exposition Song: Come Adore

Gather: Comprehensive #888





Song: You are My All In All



Song: I Believe

by Karl Kohlhase, 2008 www.k4communications.com

Your blood, Your body,
Your soul, and Your divinity,
Jesus, truly present
In this most Blessed Sacrament

I believe, I believe, I believe it's true
I believe, I believe, I believe it's You

I believe, I adore You,
I hope, and I love You,
Jesus, truly present
In this most Blessed Sacrament



References

Books:

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Music:

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Come Adore: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

Holy God, We Praise Thy Name: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #524.

I Believe: Words and Music for Eucharistic Adoration by Karl Kohlhasse, 2008, www.k4communications.com. Song/words used with permission by Karl Kohlhasse. Permission is granted to copy the song's words for use of the worship aide/booklet for Adoration. (It can be heard on his website <http://www.k4communications.com/karl/recordings.html> under the album title, "Bread of Life: Eucharistic Reflections")

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