



## Jesus, Divine Friend Follow Up Activities

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Below are the quotes from Adoration that the children heard today:

From a song based on Isaiah 49 are the words: "I will never forget you, I have carved you on the palm of My hand." Jesus knows each of us personally and cares for us with great love. He knows us so well that He has counted the number of hairs on our heads.

Our former Pope, St. Pope John Paul II, in a message to 10,000 children who had recently received their First Holy Communion said: <sup>1</sup> "Jesus knows you one by one, personally. He knows your name . . . Make a pact of friendship with Jesus and never break it! In all situations of your life, turn to the Divine Friend . . . Jesus is waiting for us." (Silence)

### Discussion Ideas:

What does it mean to have their name written on God's palm? (always close to Him)

How do they see/feel God's great love for them?

When they are sad, they can turn to Jesus, their Divine Friend for comfort and help.

Do they know how many hairs they have on their own heads? On their best friend's head? No, yet God knows us so well that he knows even this detail about us plus everything else about us.

What else does God know about them?

Discuss with the students what it means to be "carved on the palm of God's hand" and have Jesus as their Divine Friend.

God never, no matter what, ever forgets us.

<sup>1</sup> On the Feast of Corpus Christi June 14, 1979

God knows how many hairs are on our head - that is something we don't even know about ourselves.

God is with us when our friend gets mad at us, when nobody wants to play with us, when we are being teased, etc . . . God is also with us when we go to church, snuggle with our parents, go to bed, ride in the car, etc . . .

God know our very needs better than we do. He knows what we really need versus what we just want.

God knows us even better than even our parents who already know so much about us. He knows what we are scared of, what makes us happy and sad, how many freckles we have, our favorite color, animal, food . . . .

Etc . . .

Discuss what *God* might know about your students.

Discuss how because *God* knows us so well and loves us so much, that we should turn to *God* with everything in our lives. *God* knows what is best for us and we put our trust in Him.

Have the students draw themselves in the palm of *God's* hand.

**"I will never forget you, I have carved  
you on the palm of My hand."**

