



At the end of the **Eucharistic Prayer during Mass**, the priest at the altar raises up the chalice with the blood and the paten with the host. He then says:

“Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honor is yours,
for ever and ever.
Amen.”

The priest’s words are **a reminder that you should ALWAYS give God ALL the credit, praise, and recognition each and every day of your life.** In addition, it reminds you to ALWAYS worship God and not anyone or anything else.



Ponder this prayer's words. Do you **ALWAYS** give credit to Jesus?
Do you think Jesus is more important than anyone or anything else?

Take time to **imagine yourself as a baby giving God ALL glory and honor**. Say to Him, **“God, I give you all glory and honor!”**

Take time now **as a child to give God ALL glory and honor**. Say to Him, **“God, I give you all glory and honor!”**

Take time to **imagine yourself as a teenager giving God ALL glory and honor**. Say to Him, **“God, I give you all glory and honor!”**

Take time to **imagine yourself as a young adult giving God ALL glory and honor**. Say to Him, **“God, I give you all glory and honor!”**

Take time to **imagine yourself as a fifty-year-old giving God ALL glory and honor**. Say to Him, **“God, I give you all glory and honor!”**

Take time to **imagine yourself as a very elderly person giving God ALL glory and honor**. Say to Him, **“God, I give you all glory and honor!”**

Take time to **imagine yourself standing before God in heaven giving him ALL glory and honor**. Say to Him, **“God, I give you all glory and honor!”**

