



Guided Children's Hour of Adoration (Advent: Overview)

Introduction

Exposition of the Eucharist - Kneeling and Song: Come Adore

Opening Prayer

Focus on Jesus' True Presence in the Eucharist in the Monstrance.

See Jesus as Bread with eyes and in mind as Baby

Repeat Line

Getting Your Heart Ready: Sweep Clean Your Heart

Examination of Conscience

Repeat line

Gospel: Luke 2:10-15

Prostrate While Feeling Jesus' Graces Make You Strong

Walking down Aisle & Bowing Before the Blessed Sacrament during Song: Away in a Manager

Getting Your Heart Ready: Making a Soft Manager for Jesus

Repeat Line

Repeat Line

Prostrate and Listening

"O" Antiphons

Good-byes

Song: O Come, All Ye Faithful Verses 1 & 3

Closing Prayer

Benediction and Divine Praises

Reposition of the Blessed Sacrament and Song: Holy God We Praise Thy Name

Based on previous plans' rubrics that have been published with the approval of the Committee on Divine Worship, United States Conference of Catholic Bishops.

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Guided Eucharistic Adoration for Children Advent

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[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

_____ 0-minute mark
in plan timing.

Leader:

[Leader should stand at the front of the church for this Introduction.]

[Please note the estimated timing in the right side margins. For your ease, you can write the actual minutes of the hour prior to beginning. Example: 4:15, 4:18, etc. However, a firm time is you must start the closing kneel by 48-50 minutes past the start of the Adoration to close on time.]

[Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's True Presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: "An Introduction for Children about Eucharistic Adoration" for suggestions.]

With the joy of Christmas approaching, tonight's Adoration will give you time to reflect and grow as you prepare your heart for the coming of the infant Jesus. Right now, we are part way through the special church season called Advent which is after Thanksgiving, but **before** Christmas. During Advent, we **wait** with excitement and joy for the birth of baby Jesus.

[If needed]

Since we are here to spend time with our Jesus, we want to show Jesus we are listening to Him. We show God that we are good listeners by:

- Keeping our voices off with no whispering
- you can either bow your head, close your eyes, or look at Jesus in the Blessed Sacrament
- you need to still hands or fold them in prayer, and keep your hands to yourself.
- You also need to stay in your pew or on your mat.

[Request parental assistance prior to Exposition:]

Catechist/Parents, our goal is to help our children know the value of spending time in Eucharistic Adoration, teach them how they can use their time before the Blessed Sacrament, and to still themselves so that they can listen to Jesus. We want our children to see Jesus as their Divine Friend, as Saint Pope John Paul II used to say - their friend that they can turn to no matter what.

[If appropriate: Also, I thought we would try that if parents felt you should help your younger ones with some of the questions or wonders we will come across, please feel free to quietly discuss it with them.]

The first twenty to thirty minutes of Adoration will have extra appeal to younger children, but will still be beneficial to all age groups. A song will be sung at this point as a transition for the youngest children that will be saying their good-byes to Jesus in the Eucharist.

[Redirect during the Holy Hour as needed with reminders:]

- Let's take a moment to remember how to show God we are listening.
- Please put your worship aid down.
- Let's try to still our bodies and quiet our voices.
- Remember Jesus is truly here.
- I need you to stay in your pew.
- Remember we leave the kneelers down the whole time.
- Give Jesus your full attention. If you are whispering to a neighbor or fiddling with your papers, you might miss something that Jesus wants to share with you.
- Etc....

[Back to plan.]

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breaths and feel the Lord's peace fill you.

Moment of silence. (30 seconds - 1 minute)

[Leader should be seated behind the children.]

_____ 3-minute mark
in plan timing.

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore (hymnal)

[The Blessed Sacrament is placed in the monstrance on the altar. The presider then kneels before the altar. If altar servers are available, the priest or deacon incenses the Blessed Sacrament.]

Priest/Deacon:

[The priest or deacon may begin the time of Adoration with a prayer, such as the following.]

Opening Prayer:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
in this great sacrament
we come into the presence of Jesus Christ Your Son,
born of the Virgin Mary
and crucified for our salvation.
May we who declare our faith in this fountain of love and mercy
drink from it the water of everlasting life.
We ask this through Christ our Lord.

All: Amen.¹

¹ No 224 Holy Communion & Worship of the Eucharist Outside Mass

Moment of silence. (30 seconds)

_____ 7-minute mark
in plan timing.

Leader:

Key for Pauses

..... indicates 1-2 seconds of silence

small pause: 5-10 seconds

pause: about 30 seconds

silence: 30-60 seconds

Place booklets down.

Look at Jesus . . . the white Host . . . in the clear window . . . the Eucharist . . . Jesus has been waiting with joy knowing that you were coming to visit Him today. . . . He is so happy that you are here! (small pause: 5-10 seconds)

Jesus . . . we are waiting too! . . . We are waiting for Your coming as a baby on Christmas day to save us from our sin . . . we are waiting too for when You return to us in Your full heavenly glory on the Last Day. (small pause: 5-10 seconds)

Right now look at Jesus, hidden in the Consecrated Host in the monstrance . . . Tell Jesus hello . . . and that you love Him . . . adore Him. (pause: 30 seconds)

Rejoice . . . feel happy because **God loves you!** (pause: 30 seconds)

Jesus, right now, we see You with our eyes as white circular bread

Children, now close your eyes . . . picture Jesus as a baby in His mother's arms What does He look like? Is He big or is He small? What is He wearing? . . . Are His eyes closed or is He looking at His Mother or looking at you? . . . What are his baby hands doing? (small pause: 30 seconds) Jesus, right now we see You in our minds as a sweet baby . . . (small pause: 5-10 seconds)

Children, now open your eyes . . . Again . . . Look . . . See Jesus as the Eucharist . . . See Him Who is the Bread of Life! Look at Jesus closely . . . what does He look like? What details can you notice? (small pause: 15-20 seconds)

Jesus, You are both . . . the Bread and the baby . . . because You are God and You can do anything! (small pause: 5-10 seconds)

Looking at Jesus, repeat after me:

Jesus, / I know You are here. /

Jesus, / it is amazing to be able to kneel before You, our God. /

Jesus, / I am so blessed / that You were born as a baby / as the Way to save us. /

Jesus, / I feel so blessed / that You wait for me every moment in the Eucharist.

(Pause long enough so the children don't repeat after you anymore.)

Sit

_____ 12-minute mark
in plan timing.

Now let us ponder . . . wonder about how we can spend our time during Advent getting ready for baby Jesus. (small pause: 3-5 seconds)

Think for a moment, if your grandparent or aunt or uncle or some other special guest is coming to visit your home, what does your family do . . . besides get excited? . . . (small pause: 5-10 seconds) Your family prepares, right? You get your house clean and ready.

Your guest feels welcomed and important to you because you took time to prepare for them. So you might sweep the floor . . . mom might put clean sheets on the bed . . . empty the trash . . . and of course you pick up your toys. . . you work with excitement because someone you love is coming for a visit!

Advent is the same! We joyfully get our hearts ready for baby Jesus on Christmas day. Baby Jesus is **the** special guest coming to our heart! . . . [Depending on the group, you may choose to add:] Nod your head if Jesus is important and special. (Pause long enough so the children can nod. Encourage them if needed.)

Look at Jesus, the white Host in the clear window, and repeat after me:

"Jesus, / You are so very special / and I love You.

_____ 13-minute mark
in plan timing.

(Pause long enough so the children don't repeat after you anymore.)

Like having a clean house, we want a clean heart for baby Jesus. We sweep out the things that make our heart not so loving and kind . . . such as when we are cranky, mean, or rude . . . we will call these things dirt . . .

Pretend to hold a broom in your hands.

Sweep the broom and practice sweeping away the times you meanly yell at someone or you call someone a name . . . get that dirt out of your heart. (small pause: 3-5 seconds) As you sweep, say, "Jesus, I am sorry." (Encourage the children to repeat if they are not.)

(Pause long enough so the children don't repeat after you anymore.)

Keep sweeping, sweep away the times you don't do what your parents ask you to do . . . get that dirt out of your heart so you can listen better. (small pause: 3-5 seconds) Say, "Jesus, I am sorry."

(Pause long enough so the children don't repeat after you anymore.)

One more time, sweep away the times you don't share with your brother, sister, or friend . . . get that dirt out of your heart so you can be more loving. (small pause: 3-5 seconds) And say, "Jesus, I am sorry."

(Pause long enough so the children don't repeat after you anymore.)

Sometimes we might not pay attention to the dirt . . . the sin in our hearts. It can be good to look closely for our sins. This can be done with an Examination of Conscience. Think about the following questions and answer them to Jesus in your heart.

Have I said mean things or hurt someone's feelings? (small pause: 3-5 seconds)

Am I jealous of anyone or wish bad things on someone? (small pause: 3-5 seconds)

Do I listen to my parents and teachers? (small pause: 3-5 seconds)

Do I help out when needed? (small pause: 3-5 seconds)

Have I been saying my prayers? (small pause: 3-5 seconds)

Do I trust in God at all times? (small pause: 3-5 seconds)

Do I give God enough attention? (small pause: 3-5 seconds)

Do I live my life the way Jesus wants me to? (small pause: 3-5 seconds)

Now, think inside your head about any other little or big ways that you might have sinned, hurt God. You can even ask Jesus to show you anything you might have done that you didn't realize hurt Him.

(silence: 30-60 seconds.)

We ask Jesus to forgive us for the things we have done that hurt Him. Again, speak to Jesus in the silence of your hearts. And say, "Jesus, I am sorry." (pause: about 30 seconds)

Remember that God loves us and forgives us when we are truly sorry and ask for His mercy.

Between now and Christmas day, our hearts may get a little dirty again with rudeness, bad choice, not being a good listener, or maybe even being mean. Every day sweep your heart clean to keep it ready for baby Jesus.

Look at Jesus, the Blessed Sacrament. Repeat after me:

"Jesus, / You are worth the effort to do good! / Please help me to keep / my heart clean for You.

(Pause long enough so the children don't repeat after you anymore.)

Please stand.

_____ 18-minute mark
in plan timing.

Priest/ Deacon:

✠ A Reading from the Holy Gospel according to Luke. ²

Response: Glory to You, O Lord

The angel said to them, "Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people. For today in the city of David a savior has been born for you who is Messiah and Lord. And this will be a sign for you: you will find an infant wrapped in swaddling clothes and lying in a manger."

And suddenly there was a multitude of the heavenly host with the angel, praising God and saying:

"Glory to God in the highest
and on earth peace to those on whom his favor rests."

When the angels went away from them to heaven, the shepherds said to one another, "Let us go, then, to Bethlehem to see this thing that has taken place, which the Lord has made known to us."

The Gospel of the Lord.

Response: Praise to You, Lord Jesus Christ

² Luke 2:10-15

Please sit.

Brief Homily (2-3 minutes) from presider possibly from the ideas below. Or continue with the following reflection.

What is the good news?

Why is it such a great joy?

Because a (THE) savior has been born for each and every one of us to give us freedom from our sin to give us the opportunity to live forever in perfect happiness and joy with God, the One Who created us.

The angels call the baby "Messiah and Lord." Messiah means "Anointed One." Messiah was the word used to describe the coming of one who would usher in a period of righteousness and conquer sin and evil (Daniel 9:26). He would save His people.

The shepherd stopped what they were doing to go see Jesus! They were excited, could not wait a moment longer! Do you ever stop what you are doing to go see Jesus? Did you today? What about on Sundays for Mass? How do you act when it is time to stop to go see Jesus? Are you excited? Do you hurry to get to Jesus faster? What about at Mass?

A few lines later the Gospel of Luke says: "Then the shepherds returned, glorifying and praising God for all they had heard and seen, just as it had been told to them."

³

We should be glorifying and praising God for all that we see and hear about Jesus! The shepherds saw Jesus, a baby, and today you see Jesus as bread.

Leader:

Prostrate - A couple of minutes of silence.

_____ 23- minute mark
in plan timing.

Please kneel.

Step the children through prostration.

³ Luke 2:20

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body. . . . Close your eyes. . . . Slow your breathing.

Breathe slowly now . . . breathe in . . . and . . . out . . . Be so very quiet and so very still before Jesus. (silence)

(Repeat as needed)

Just let Jesus send His love to you. Feel His graces and love that help you get to heaven make you strong.

(Try for 2 or 3 minutes of silence.)

Please sit.

_____ 28-minute mark
in plan timing.

[If in a small group setting, you may choose to do the following: During the following song, you may quietly walk down the center aisle like at communion time . . . row by row with great respect and love for Jesus. Keep your eyes looking at Him because, of course, you can't wait to get close to Him. When you reach the front, take a moment to bow before Jesus with respect and if you wish, blow Him a kiss. Then return to your seat or if you need to take a little one out, you can head that way. It is okay for several children to stand at the front at the same time. Parents, please remember that if you are allowing any of your other children to stay with us in the chapel, you need to remain in the narthex or right outside the chapel in case you are needed.]

We are going to sing: Away in a Manger (booklet)

_____ 35 minute mark
in plan timing.

When Jesus was born, His mother did not have a regular crib to lay Him in. She laid Him in a manger which is a long open wooden box that animals eat from. (small pause: 5-10 seconds)

We each should have our own place to lay baby Jesus . . . Put your hand on your heart . . . Close your eyes and imagine putting a manger, the wooden feed box, in your heart for baby Jesus to lay in. (small pause: 5-10 seconds) Do you see the manger in your heart? (small pause: 5-10 seconds)

But wood is hard and baby Jesus needs a soft spot to lay. His Mother lovingly made the manger ready for her Son by putting fresh straw and hay in it.

Between now and Christmas day, doing good deeds and praying for others will be like pieces of clean straw that you can put in the manger for Jesus inside your heart. These deeds and prayers make your heart's manger soft and ready for baby Jesus on Christmas morning.

Saint - Mother Teresa said, "At this Christmas when Christ comes, will He find a warm heart? Mark the season of Advent by loving and serving others with God's own love and concern." ⁴

Let us ponder that . . . when you use kind words with others . . . you can imagine picking up a piece of straw and put it in your heart's wooden manger . . . when you pay really good attention at Mass, you can pick up a piece of straw and put it in your manger . . . when you do an extra thing to help at home . . . when you share with others even when you don't want to . . . or when you say a prayer for someone these are all like pieces of straw to make a warm, soft place for Jesus to lay. . . . If Jesus is in your heart, Love is in your heart which helps you to be even more kind and loving towards others.

Wonder for a moment about how many pieces of straw you could put in Jesus' manger in your heart between now and Christmas morning. 1 a day? . . . 5 a day? . . . more? (small pause: 10-20 seconds)

Now wonder for a moment . . . think about how soft each piece of hay can make Jesus' wooden bed in your heart . . . how it makes your heart ready to hold Him. (small pause: 10-20 seconds)

Look at Jesus, the white Host in the clear window, and repeat after me:

"Jesus, / please help me / to be loving and to do many good deeds / so my heart's manger / is soft for baby You.

(Pause long enough so the children don't repeat after you anymore.)

Let us practice making Jesus' manger warm and soft now. Softly whisper or think inside your mind a prayer that Jesus helps our priests, Fr. Francisco, Fr. Kyle, Fr. Juan Diego, and Msgr. Louis, during this busy season of Advent. (small pause: 5-10 seconds)

Now picture picking up a piece of straw. Place your hand on your heart to put the straw in the manger of your heart. (Encourage the children to do the accompanying motions if

⁴ Mother Teresa, Love: A Fruit Always in Season

needed.) (small pause: 5-10 seconds)

This time, think of something loving you can do for your mother, father, or someone special today. (small pause: 5-10 seconds)

Again, picture picking up a piece of straw. Place your hand on your heart to put the straw in the manger. (small pause: 5-10 seconds)

Look joyfully at Jesus in the Host . . . smile at Him . . . whisper to Him or think inside your mind about how much you love Him [Depending on the group, you may choose to add:] or you could even blow Him a kiss to show your love. (small pause: 5-10 seconds)

Again, pick up a piece of straw and put the straw in the manger of your heart. (small pause: 5-10 seconds)

Each loving action and prayer makes Jesus' manger in your heart warmer and softer and softer. Keep doing loving things and praying every day from now till Christmas. Plus keep sweeping your heart free from sin. With these two things, baby Jesus will have a wonderful place prepared for Him in your heart. (small pause: 5-10 seconds)

Look at Jesus as the Eucharist and repeat: "O Jesus, little child, / come into my heart on Christmas morn / to wash away my sins / and to remain there eternally. / O Mary, Mother of my Savior, / prepare for Jesus / a cradle in my heart." ⁵

(Pause long enough so the children don't repeat after you anymore.)

_____ 41-minute mark
in plan timing.

Let us now take some very quiet time with Jesus to listen to Him. We've done quite a bit of talking, but it is important to give Jesus a chance to talk too. We do this by not talking ourselves and being quiet so we can hear.

If needed, step the children through prostration.

Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

Still your body . . . Close your eyes . . . Slow your breathing . . . Try and keep your mind still and silent . . . no questions to God . . . no thinking about your day . . . Just listen to God in your heart.

⁵ Advent Prayer in *Stories of the Eucharist* by Linda & Mary Beth pg. 3

(Repeat as needed)

(Try for 4 or 5 minutes of silence.)

Please sit.

_____ 46-minute mark
in plan timing.

(small pause: 5-10 seconds)

Looking at Jesus in the Blessed Sacrament, let us end by praying the "O" Antiphons. Officially the "O" Antiphons begin December 17 with one "O" Antiphon a night for 7 days. We will praise Jesus with all the titles now so you can hear them all. Each title is a way to describe Who Jesus is. As we pray each one, use the pause to ponder what each title . . . each "O" Antiphon means. Please repeat after me:

Jesus, / O Wisdom of our God Most High / (small pause: 5-10 seconds)

Jesus, / O Leader of the House of Israel / (small pause: 5-10 seconds)

Jesus, / O Root of Jesse's stem / (small pause: 5-10 seconds)

Jesus, / O Key of David / (small pause: 5-10 seconds)

Jesus, / O Radiant Dawn / (small pause: 5-10 seconds)

Jesus, / O King of all nations / and keystone of the Church / (small pause: 5-10 seconds)

Jesus, / O Emmanuel, / our King and Giver of Law ⁶ (small pause: 5-10 seconds)

(Pause long enough so the children don't repeat after you anymore.)

Our time before and with Jesus, our God, is coming to a close. We will be starting closing songs and prayers soon. Take the next minute to talk to Jesus about anything else that might be on your heart.

(A moment of silence.)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels.]

Song: Song: O Come, All Ye Faithful Verses 1 & 3 (booklet)

[During the song, the minister may incense the Holy Eucharist. After the song is

⁶ Catholic Household Blessings & Prayers

**** Important**
_____ 50 minute mark in plan
timing. This time is
firm. You must start
kneeling by 50-52
minutes past the start
of the Adoration to
close on time.

finished, he stands and sings or says a prayer such as the following. ^{7]}

Priest/Deacon:

Let us pray.

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
you have given us the true bread from heaven.
In the strength of this food
may we live always by Your life
and rise in glory on the last day.

We ask this through Christ our Lord.

All: Amen. ⁸

Moment of silence. (30 seconds - 1 minute)

Leader:

Father/Deacon will now do Benediction and Divine Praises. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction.

[After the prayer, the priest or deacon puts on the humeral veil, genuflects, and goes to the altar. Then he picks up the monstrance and makes the sign of the cross over the people in silence. ⁹ During the blessing, servers may incense and ring the bells, according to local tradition.]

Priest/Deacon:

Benediction

[After replacing the monstrance on the altar, the priest or deacon may kneel and lead those assembled in the Divine Praises. The Divine Praises can also be said as the priest or deacon reposes the Blessed Sacrament.]

Say The Divine Praises repeating after the presider. (booklet)

⁷ No 98 Holy Communion & Worship of the Eucharist Outside Mass

⁸ No 226 Holy Communion & Worship of the Eucharist Outside Mass

⁹ No 99 Holy Communion & Worship of the Eucharist Outside Mass

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name (booklet)

Extra

[Sometimes you will get through the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow differently depending on the age of the children, how long you pause, and where God leads you that particular time.]

Looking at Jesus, repeat after me a Christmas Prayer:

Lord Jesus Christ, / you are present here in the Blessed Sacrament, / as You were present in Bethlehem / at Your birth. / During this season / in which we celebrate Your coming among us / in our human flesh, / fill us with faith, hope, and love. / May the light of Your presence / shine through us / in our thoughts, words, and deeds. / Amen. ¹⁰

(Pause long enough so the children don't repeat after you anymore.)

The hidden Jesus before us in the Host is the same Jesus we see as the Child in the Nativity crib. He is also the 12 year old Boy in the Temple in Jerusalem talking with the teachers. "He is the same grown Man Who later, at 30 years old, will begin to preach the word of God, will choose the Twelve Apostles, (and) will be followed by crowds thirsting for the truth." ¹¹

We believe that our Jesus is really present, hidden in the Eucharist. Repeat after me the Act of Faith.

O my God, / I firmly believe that You are one God / in three divine Persons, / Father, Son, and Holy Spirit; / I believe that Your divine Son became man and died for our sins, / and that He will come to judge the living and the dead. / I believe these / and all the truths which the Holy Catholic Church teaches, / because You revealed them, / who can neither deceive nor be deceived.

(Pause long enough so the children don't repeat after you anymore.)

We are going to pray one Decade of the Rosary.

¹⁰ Prayers & Devotions for Eucharistic Holy Hour Compiled by Brother Daniel Korn, C.Ss.R

¹¹ Based on & quoted from St. Pope John Paul II's 1994 Christmas Letter to the World's Children

We will focus on the 3rd Joyful Mystery: The Nativity, when Mary gave birth to Jesus, our Savior, in a stable in Bethlehem and choirs of angels sang: "Glory to God in the highest and on earth peace to men of goodwill."

Our Father, 10 Hail Marys, Glory Be

End Rosary with O My Jesus.

O my Jesus, forgive us our sins,
save us from the fires of hell;
lead all souls to heaven especially those who are in most need of
Your mercy.
Amen.

We are going to enter into a silent period of prayer from our hearts. In this time, think about the Decade we just prayed - how Jesus was born in a stable and laid in a manger.

(A moment of silence.)

Keeping your eyes upon Jesus in the monstrance, we will have silence mixed with me saying lines of scripture or Psalms. Listen to Jesus talking to you in the silence of your hearts. *(small pause: 5-10 seconds between lines.)*

"and they shall call Him Emmanuel, which means that" God is with us" Matthew 1:23

"She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn." Luke 2:7

"Prepare the way of the Lord, make straight his path" Luke 3:4

"The true light, which enlightens everyone, was coming into the world." John 1:9

"Lord, show us the light of your face!" Psalm 4:7

"They (the magi) prostrated themselves and did him homage." Matthew 2:11

Act of Hope *(Repeat in sections.)*

O my God, / relying on Your infinite goodness and promises, / I hope to obtain
pardon of my sins, / the help of Your grace, / and life everlasting, / through the
merits of Jesus Christ, / my Lord and Redeemer.

(Pause long enough so the children don't repeat after you anymore.)



The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

Repose Song: Holy God We Praise Thy Name

Holy God we praise Thy name; Lord of all we bow before Thee;

All on earth Thy scepter claim; All in heaven above adore Thee.

Infinite Thy vast domain, Everlasting is Thy reign! x 2

Hark, the loud celestial hymn; Angel choirs above are raising;

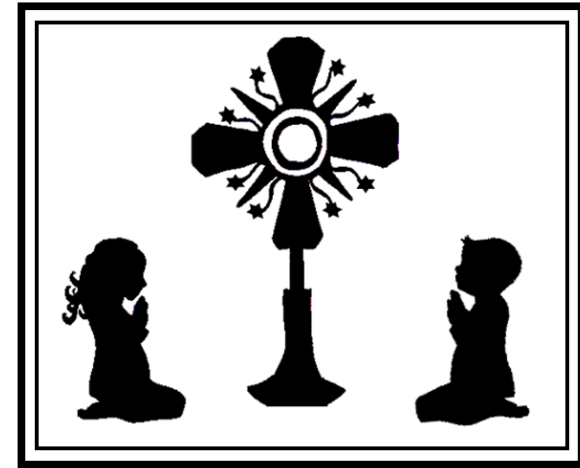
Cherubim and Seraphim, In unceasing chorus praising,

Fill the heavens with sweet accord: Holy, holy, holy, Lord! x 2

Holy Father, Holy Son, and Holy Spirit: three we name Thee,

Though in essence only one; Undivided God we claim Thee,

And adoring bend the knee while we own the mystery. x 2



Guided Children's Adoration



Exposition Song: Come Adore

Gather: Comprehensive #888



Song: Away in a Manger

Away in a manger, no crib for a bed, the little Lord Jesus laid down His sweet head. The stars in the bright sky looked down where He lay, the little Lord Jesus asleep on the hay.

The cattle are lowing, the Baby awakes but little Lord Jesus, no crying He makes. I love You, Lord Jesus, look down from the sky, and stay by my cradle till morning is nigh.

Be near me, Lord Jesus, I ask You to stay close by me forever, and love me I pray. Bless all the dear children in Your tender care and fit us for heaven to live with You there.

Gather: Comprehensive #353

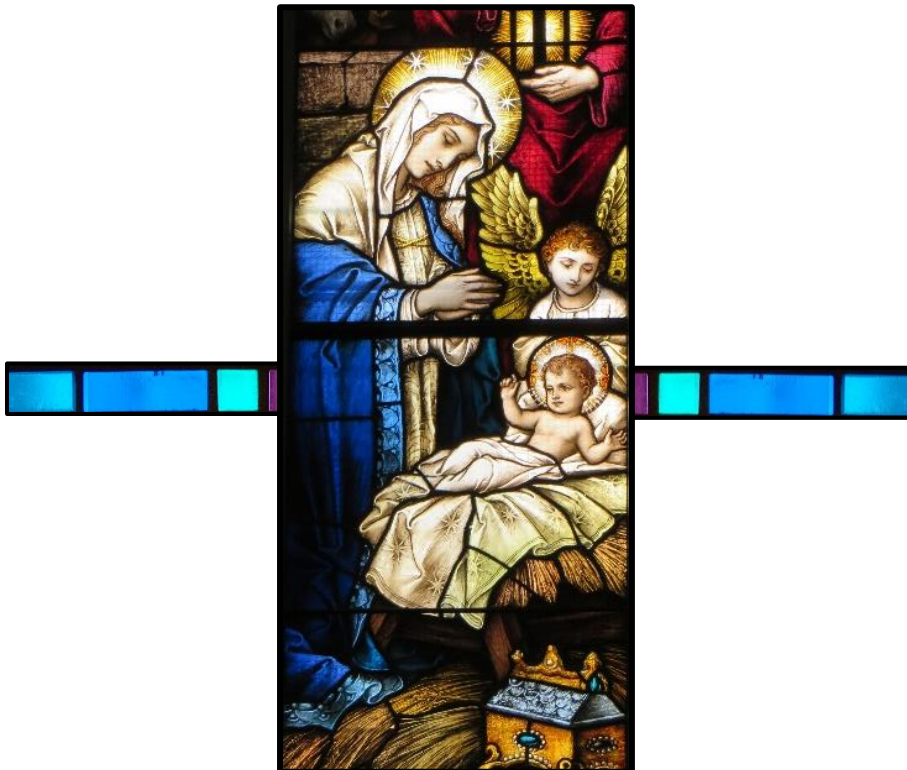


Song: O Come, All Ye Faithful

O come all ye faithful
Joyful and triumphant
O come ye, o come ye to Bethlehem
Come and behold him
Born the king of angels
O come let us adore him
O come let us adore him
O come let us adore him
Christ the Lord

Sing, choirs of angels,
Sing in exultations,
Sing, all ye citizens of heaven above;
Glory to God
Glory in the highest:
O come let us adore him
O come let us adore him
O come let us adore him
Christ the Lord

Gather: Comprehensive #341



References

Books:

Excerpts from the English translation of *Holy Communion & Worship of the Eucharist Outside Mass* © 1974, ICEL. All rights reserved.

Prayers & Devotions for Eucharistic Holy Hour Compiled by Brother Daniel Korn, C.Ss.R

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Music:

(All listed songs hold copyrights and are subject to copyright laws. Please consult your own parish's rights to use the suggested songs.)

Away in a Manager: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #353.

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