



Mass Observation Challenge

At the next **Mass** you attend, **observe** and **answer** the following questions.
Be sure not to allow this challenge to distract you from the readings, homily, Eucharist, etc.
Let it help you further **enter into the gift of Mass**.

What is the first things the priest & deacon do after the **Entrance Procession** when they stand behind the altar?

* At the start of **Mass**, make the **Sign of the Cross** with careful attention and reverence. *

What motion do you do during the **Penitential Act: "I Confess"** to emphasis how sorry you are?

* Take time during the **Penitential Act to prepare** carefully for this *holy encounter with God* *
by thinking about your choices during the past week. Do you need to confess any sins?

* The **Kyrie** is a 3 fold plea for God's mercy. *
Mercy is God's love for you, even in the face of your sins.

Is the **First Reading** from the Old or New Testament? _____ What about the **Second Reading**? _____

Where does the priest/deacon get the Book of Gospels before the **Gospel Reading**? What do the altar servers do?

Why do you make three small crosses on your forehead, lips, and heart at the start of the **Gospel Reading**?

Who gave the **Homily**? _____ Write down one point from the **Homily** that was important to you or made you think.

What immediately follows the **Homily**? _____

What is happening on the **altar** during the **First Collection**? _____

You fall on our knees in **reverence** for the first time in **Mass** after you hear these words (write it down) that were called out to greet Jesus on Palm Sunday. _____

* During **The Sanctus** when you **fall to your knees** this first time, *
YOU are **mystically entering the heavenly throne room**

What are the **words** of the priest immediately before the **Elevation of the Host** and **2nd Ringing of the Bells**?

What are the **words** of the priest immediately before the **Elevation of the Chalice** and **3rd Ringing of the Bells**?

After the **Elevations**, listen for the priest to say something similar to: “we may merit to be coheirs to eternal life,” **“inheritance with your elect,”** OR “we may enter into a heavenly inheritance” while you are kneeling. What does these words mean? _____

What are the words of the priest when you are kneeling after the **Sign of Peace**? _____

When the priest elevates the Blessed Sacrament the third time, what does **“Behold”** remind you to do?

What can you do to **prepare yourself** to receive Jesus, our King, in the **Eucharist** on your way up to receive Him at **Communion** time?

* In the moments after **Holy Communion**, **Jesus** especially dwells in your soul. *
Remember **you** are a **Living Tabernacle** after you receive **Communion** for about **15 minutes**.

After **Communion**, the priest says, “Let us pray.” **Listen** to his words and write part of them down.

What are the priest or deacon’s **Last Words** at the **End of Mass**?

What is the Refrain from the **Closing Song**?
