



Guided Children's Hour of Adoration Younger/Preschool Children (Fatima Theme Overview)

Introduction

Exposition of the Eucharist - kneeling and Song: Come Adore

Opening Prayer

Focus on Jesus' true presence in the Eucharist in the Monstrance.

Repeat Fatima Prayer

Fatima Story

Repeat Eucharistic Prayer

Prostration

Repeat Prayer

Repeat Line

Repeat Pardon Prayer

Repeat Line

Song: I Believe

Closing Prayer

Benediction and Divine Praises

Reposition of Blessed Sacrament and Song: Holy God We Praise Thy Name



Guided Eucharistic Adoration for Younger/Preschool Children Fatima Theme

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[As we wait for the students to file in and get settled, play reflective music in the background to encourage silence and reflection.]

Leader:

Welcome the children to Eucharistic Adoration. Issue reminders as needed about Christ's true presence in the Eucharist, behavior expectations, posture, booklets only being held when needed, what to do in the silence, etc. See: *An Introduction for Children about Eucharistic Adoration* for suggestions.

Be sure to remind the children where they should look and that Jesus, the Eucharist, the Blessed Sacrament is the white circle in the middle of the monstrance, the metal cross on the altar.

Kneelers down. Please kneel. Remember the kneelers stay down the whole time.

Take a moment to quiet yourself, to ready your mind and heart to spend time with our Lord. Take a few deep breathes and feel the Lord's peace fill you.

Father/Deacon will now expose Jesus in the Blessed Sacrament as we sing: Come Adore (Repeat song in sections. Use hymnal for words.)

[During the opening song, the Blessed Sacrament is placed on the altar. The presider

then kneels before the altar. If altar servers are available, the priest/deacon incenses the Blessed Sacrament with three double swings during the song. ^{1]}

Priest/Deacon:

Opening Prayer:

Let us pray

After a brief pause for silent prayer, the presiding minister continues:

Lord our God,
in this great sacrament
we come into the presence of Jesus Christ, your Son,
born of the Virgin Mary
and crucified for our salvation.
May we who declare our faith in this fountain of love and mercy
drink from it the water of everlasting life.
We ask this through Christ our Lord.

All: Amen. ²

Leader:

Right now, this very minute, Jesus is here before us. (brief pause) Look at Him hidden in the Eucharist. **(brief pause)** Know that Jesus is with us now? **(brief pause)** Know how happy Jesus is that you are here. **(brief pause)** Close your eyes. Picture Jesus' face . . . See the happiness on His face that you are here to spend time with Him **(brief pause)** . . . Picture Jesus' eyes - they are filled with love for you. **(brief pause)** Now feel Jesus smiling at you and feel the happiness from His smile fill your heart and make you happy. **(A minute of silence.)**

Blow Jesus a kiss.

Sit

We like it when our Mom and Dad tell us, "I love you." Jesus too likes to know that we love him. So looking at Jesus in the monstrance, repeat after me: "O Jesus, I love You! (Fatima prayer). . . O Jesus, I Adore Thee! . . . O Jesus, I love You!"

¹ Strictly speaking, incensation is three double swings per phone call on Oct 24, 2014 to USCCB's Office of Divine Worship to clarify.

² No 224 Holy Communion & Worship of the Outside Mass

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The story of Our Lady of Fatima

Almost 100 years ago, in a town named Fatima, an angel of God whose name was the Angel of Peace came to see three children who were taking care of their sheep. Imagine that - a real angel came to see the children. The Angel came to teach them.

The Angel taught the children some very important things like how to love "the Hidden Jesus" in the Most Blessed Sacrament which is the Host, the white circle, that we now see in the Monstrance before us. The Angel also taught the children to ask Jesus to forgive people that do not believe in or love Him. (www.childrenoftheeucharist.org) The Angel taught the children how to adore and love Jesus in the Blessed Sacrament like you are doing right now.

The Angel's visits got the children ready for six visits from the Mother of God - Jesus' mother. Jesus' mother taught them certain prayers to her Son and asked the children to pray the rosary every day. She was called Our Lady of Fatima after the town she appeared in.

[(optional) The children asked for a miracle which is that is something amazing and very, very special so that people would believe that Our Lady was appearing. Our Lady promised one. The miracle that happened was that the sun started to spin in the sky and blue and yellow colors came from the sun. This helped many people to believe in Our Lady of Fatima.]

The shepherd children loved to go to the church to visit Jesus in the Blessed Sacrament. They said many prayers to Him. Also, when they got hurt or someone made them sad, they offered it up to Jesus. Offering it up to Jesus means that you give your pain or sadness to Jesus as a gift. While it may seem like a weird gift to us, Jesus really like these kinds of gifts. These gifts helps Jesus feel happy because His feelings get hurt when people don't believe or listen to Him and these gifts help Him feel better. All of us can do the same thing as the shepherd children -say prayers and give Jesus our pains to console Him and to help Jesus feel better.

We are now going to say one of the Fatima prayers taught by Our Lady. Look at Jesus in the Monstrance and repeat after me.

Eucharistic Prayer

O Most Holy Trinity, / I adore Thee! / My God! My God! / I love You / in the / Most Blessed Sacrament!

(Pause long enough that the children don't repeat after you)

Prostration - couple of minutes

We are going to prostrate before Jesus for a couple minutes. Our God has humbled Himself to come down and be with us in this Blessed Sacrament. We want to do our part to show Him that we love and respect this awesome gift. Let's make ourselves very small and humble before Jesus.³

Step the children thru prostration. Kneel on the kneeler, put your bottom on your seat behind you, place your hands on your face, and bring your face to the back of the pew in front of you.

OR

If the children are sitting on the in front of the altar in the church: Kneel, put your bottom on your heels, place your hands on your face, and bring your face down to your knees or the floor.

While you are prostrating, let Jesus' love fill your heart.

Sit

We want to say some prayers to Jesus so repeat after me as we pray together:

Jesus, / help me to never make you sad.

Jesus, / help me to be a good listener.

Jesus, / always stay in my heart.

Jesus, / thank you for my family.

Jesus, / thank you for the Blessed Sacrament.

Jesus, / thank you for letting me visit you today.

In the quiet of your heart, where only Jesus can hear you, pray to Jesus about anything you want.

Looking at Jesus in the Blessed Host, repeat after me: "O Lord, / I give my life to You / because You are the Father / of all that exists / especially of my soul."⁴

(Pause long enough so that children don't repeat after you anymore.)

Now we will say the Pardon Prayer taught by the Angel of Peace.

Pardon Prayer

My God, / I believe, / I adore, / I hope / and I love you! / I ask pardon / for those / who do not believe, / do not adore, / do not hope / and do not love you!

³ Children of Hope Leader's Manuel pg. 16

⁴ Children of Hope Present Children's Adoration DVD with Father Antoine

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(Pause long enough so that children don't repeat after you anymore.)

Please kneel.

[The priest or deacon goes to the altar, genuflects, and kneels. ⁵]

Sing: I Believe (repeat after fashion)

Your blood, / Your body, /
Your soul, / and Your divinity, /
Jesus, / truly present /
In this most / Blessed Sacrament /

I believe, / I believe, / I believe it's true /
I believe, / I believe, / I believe it's You /

I believe, / I adore You, /
I hope, / and I love You, /
Jesus, / truly present /
In this most / Blessed Sacrament / ⁶

[During the song, if altar servers are available, "the minister, while kneeling, incenses the sacrament" ⁷ with three double swings. After the hymn is finished, "the minister rises and sings or says." ⁸]

Priest/Deacon:

Let us pray

After a brief pause for silent prayer, the presiding minister continues

Lord our God,
you have given us the true bread from heaven.
In the strength of this food
may we live always by your life
and rise in glory on the last day.

We ask this through Christ our Lord.

⁵ No 97 Holy Communion & Worship of the Outside Mass

⁶ by Karl Kohlhase

⁷ No 97 Holy Communion & Worship of the Outside Mass

⁸ No 98 Holy Communion & Worship of the Outside Mass

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All: Amen.⁹

Moment of silence

Leader:

Father/Deacon will now do Benediction and Divine Praises. Be sure to make the Sign of the Cross when you receive your blessing from Jesus during Benediction. (Make sure the children do the sign of the cross -- step them through it if needed)

[After the prayer the priest or deacon puts on the humeral veil, genuflects, and takes the monstrance (or ciborium). He then makes the sign of the cross over the people with the monstrance (or ciborium), in silence.¹⁰ During the Eucharistic Blessing (actual Benediction), if altar servers are available and trained, one may incense the Eucharist while kneeling with three double swings, bowing before and after the incensation.¹¹ Another server may ring the bells three times, keeping pace with the blessing.¹²]

Priest/Deacon: Benediction

After replacing the Monstrance on the altar, the priest/deacon kneels and leads those assembled in the Divine Praises.¹³]

Say The Divine Praises repeating after the presider.

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

⁹ No 226 Holy Communion & Worship of the Outside Mass

¹⁰ No 99 Holy Communion & Worship of the Outside Mass

¹¹ Strictly speaking, incensation is three double swings per phone call on Oct 24, 2014 to USCCB's Office of Divine Worship to clarify.

¹² Ceremonies of the Modern Roman Rite no. 688

¹³ USCCB's Office of Divine Worship recommends presider's posture/position per phone call on August 8, 2014 when editor asked for clarification. USCCB's Office of Divine Worship recommends saying Divine Praises between Benediction and Reposition. Also according to how Pope Benedict and Pope Francis preside at Holy Hours.

Blessed be the name of Mary, Virgin and Mother.
 Blessed be Saint Joseph, her most chaste spouse.
 Blessed be God in His angels and in His Saints.

The priest/deacon reposes the Blessed Sacrament and Song: Holy God, We Praise Thy Name in repeat after me fashion. (You might not need or want to do all the verses.)

Holy God we praise Thy name; / Lord of all we bow before Thee; /
 All on earth Thy scepter claim; / All in heaven above adore Thee. /
 Infinite Thy vast domain, / Everlasting is Thy reign! /
 Infinite Thy vast domain, / Everlasting is Thy reign! /

Hark, the loud celestial hymn; / Angel choirs above are rising; /
 Cherubim and Seraphim, / In unceasing chorus praising, /
 Fill the heavens with sweet accord: / Holy, holy, holy, Lord! /
 Fill the heavens with sweet accord: / Holy, holy, holy, Lord! /

Extra

[Sometimes you will get thru the whole set of plans, sometimes you won't. Here are some extra prayers and reflections in case you get done early. Each group and each session will flow a little different dependent on the age of the children, how long you pause, and where God leads you that particular time.]

In mass, we say a prayer that asks for God's mercy. So repeat after me.

Lord, have mercy. /

Christ, have mercy. /

Lord, have mercy. /

We pray for the poor souls in Purgatory because they need many prayers to go to Heaven.

Say Prayer for the souls in (Repeat in sections.)

Eternal Father, / I offer Thee / the most Precious Blood /
of Thy Divine Son, Jesus, / in union with the Masses /
said throughout the world today, / for all the Holy /
Souls in Purgatory, / for sinners everywhere, for
sinners in the universal church, / those in my own home /
and within my family. / Amen.

We ask Jesus, in the silence of our hearts, to bless our families and friends. Think of these people by name in your mind.

Say an Our Father, Hail Mary, and Glory Be

References

Books:

Ceremonies of the Modern Roman Rite, Revised Edition, Peter J. Elliott, © Ignatius Press; San Francisco, 2005. All rights reserved.

Children of Hope Leader's Manual (third edition), Brothers & Oblates of St. John, www.childrenofhope.org.

Children of Hope Present Children's Adoration DVD with Father Antoine of the Community of Saint John DVD, Gregg Clemons Audio/Video Productions, www.childrenofhope.org.

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Music:

(All listed songs hold copyrights and are subject to copyright laws. Please consult your own parish's rights to use the suggested songs.)

Come Adore: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #888. Text by Thomas Aquinas.

Holy God, We Praise Thy Name: Gather: Comprehensive, Chicago: GIA Publications, Inc. 1994. #524.

I Believe: Words and Music for Eucharistic Adoration by Karl Kohlhasse, 2008, www.k4communications.com. Song/words used with permission by Karl Kohlhasse. Permission is granted to copy the song's words for use of the worship aide/booklet for Adoration. (It can be heard on his

website <http://www.k4communications.com/karl/recordings.html> under the album title, "Bread Of Life: Eucharistic Reflections")